

# Do It Gorgeously



How to Make  
Less Toxic,  
Less Expensive,  
and  
More Beautiful  
Products

Sophie  
Uliano

*New York Times*  
Bestselling Author of  
*Gorgeously Green*

Sophie Uliano

# Do It Gorgeously: How to Make Less Toxic, Less Expensive, and More Beautiful Products



[continue reading](#)

It's official: In these tough times, clueless is out--and crafty is in. For both monetary and environmental reasons, life is focused on doing well using what you possess. Sophie Uliano is a Mary Poppins for the new millennium: Rather than advocating a spoonful of sugar to greatly help the medicine go down, Uliano can recommend rubbing sugars on your skin to make it glow--and then present numerous other homegrown guidelines. You deserve to own it all--and now you can do it yourself! Do It Gorgeously shows you how to make almost everything you would otherwise purchase: From your kitchen to the nursery, from your own medication cabinet to your make-up drawer, you'll be astounded by how easy and inexpensive it is to make safe and eco-friendly products for your family. Compliment for Sophie Uliano: "To be with Sophie is to be so swept up in the thrill of the potential of great!" --Julia Roberts "Sophie Uliano teaches us that people need not equate eco-friendly with Birkenstocks and wheatgrass shakes . ." --Los Angeles Confidential" . she ushers us into a way of life that's ever so eco-chic. But that doesn't mean you can't be fabulous." --Good Housekeeping



[continue reading](#)

3 stars It is obvious through the entire book that the author is very passionate about this way of life and that she "walks the walk". I respect and admire that. Rather, the book runs the gamut, including baby items, paint, anti-maturing creme and an easily-constructed book shelf. As if the use of paper towels and non organic meals and drugstore lotion revokes your "green card" . ;0) I really liked the intention of the book, but found many of the quality recipes out of reach and definitely not less expensive. Many of the beauty quality recipes require you to make sure they are often and use many different essential oils so the in advance cost is cost prohibitive. The best component about "Perform It Gorgeously: How exactly to. great book firm to purchase from. The cleaning quality recipes are also pretty good, but again, aren't much dissimilar to what I've from free internet queries. a few include warnings on what Never to do, thanks to the author's trial-and-error. Once again, most of the details included can be found on the internet. I will say that the author's directions were clear and concise and made the projects seem very doable. Most of them included diagrams and drawings to illustrate the directions. just what a deal. I also really appreciated her chapter on fitness.].What I believe could have been very useful is a project strategy. A timetable of sorts to revamp your life in a more eco method, including sample times and weeks, like fitness books do.Overall, I recommend this book for someone who wants to change 1 or many areas of their existence to become more environmental, but does not have the time to find the internet for recipes/info and wish to have almost all that information in a single handy resource. Having said that, I don't recommend this book if you have the time and/or desire to find the internet for these quality recipes, but don't have a lot of money in your budget assigned to specialty substances, foods, a sewing machine, etc. If you are not used to the complete diy thing this may not be the reserve for you! Wasn't quite what I expected. It's not for newbies its for alumni diy people who are extremely crafty and fundamentally have a complete room in their house dedicated to crafting and sewing. While they are supposed to be green, money saving options for every day needs, the amount of money it costs to buy all the materials I want for arts and crafts wouldn't actually conserve me anything. This publication does have lots of useful information on how to live a greener existence, but it is produced for individuals who have considerable time on the hands and who have various crafting tools and a complete cabinet of expensive important oils at their disposal." Overall, she provides reader excellent factors on the "whys" of things such as:- the reason in order to avoid scary, chemical cocktails within frequently-used beauty products- the surprising unhealthiness of the carpet under our feet- the possible toxicity of some house furnitureLiving up to the title, the author gives readers alternatives to replace "bad" items with something greener and healthier, a lot of which may be created at home with easy-to-access tools and elements. She does indeed cover homemade and organic ..If you want a comprehensive crash training course on what small actions could be taken toward being healthier, while making this globe a smidge better, this is actually the perfect book for you. Love this book Love this book. She really does cover homemade and organic solutions for each woman's life. The beauty section is my favorite because it is quite streamlined. For each and every cleanser, toner, moisturizer recipe etc.; she only gives you one or two recipes which is it! I love it because it demonstrates a level conviction in her concoctions. A friend provides it and because I wanted to accomplish and make so many things that were suggested in the book I had to have it myself. Ideal for inexperienced green girl wannabies I totally love this book. This is just a personal choice, though; Yes, on the lengthy run you will put away money, but I cannot afford to pay out \$50 up front side to create one recipe that I'm not sure will work..." is certainly that it offers the reader excellent reasons, along with motivation, to want to be even more "green". Uliano frequently gives relevant anecdotes about whichever topic is being covered; For years this has been one of my favorite books!. The only downside is certainly that some substances (ex. virgin coconut oil, ascorbic acid powder) aren't available at your neighborhood supermarket. Fortunately, a lot of those items are available at health food shops and, if not really, the author includes a great group of listings on where you can easily find them online.We purchased the

Kindle version. However, the whole reserve acquired a judgemental feeling to it. Uliano uses facts to support reasons in order to avoid certain items, but I found a couple of blanket statements on something becoming bad that left me asking, "How come that so bad? She's a chapter each for house animals, kids, sewing projects, home energy conservation and meals. IMPORTANT: The recipes are not only for cosmetics, although a very generous amount is included in the first section of the book. All the drawings, patterns, and recipes were included and visually apparent, but I feel it could have been easier to have purchased it in paperback form. Love this publication and it's really easy, simple quality recipes. Not merely was it engaging, it was eye-opening. readers can probably just as quickly follow the recipes within their Kindle form, too.. Book arrived timely, while described and in the problem described.. Many people often leave that out when talking about this topic...]) is an excellent supplement to the publication; it includes more recipes and how-to videos with links to the specialty items she refers to in her books.. For years this has been one of my favorite books! You will not be disappointed! If I see other books from this shipper I'll not hesitate to order from them. Even better, the recipes are simple! I really enjoyed that. This shipper was amazing shipping it out quickly as well. I usually order only from NEW and Amazon Primary and fulfilled books ..Uliano's site ([. I took a chance as the price was therefore low and all I had to pay was shipping \$3. Not. What a deal.. Great publication ... I did like a few of the body creams and sprays because they utilized cheaper elements, like coconut oil that I can also use for food, but I curenly have similar recipes to those from free of charge internet searches. Great in order to make all of your own beauty products I ordered this book plus a few of her others, and it was not quite what I was expecting. I noticed Sophie becoming interviewed on Victoria Moran's podcast "Main Street Vegan" so assumed she was Vegan.99. I gave it away to my regional thrift store, and ideally someone can get some use out of it. I just don't possess period to make my very own beauty products. Five Stars Love this. So many recipes that basically work. Five Stars nice Three Stars thank you Five Stars I appreciate the recipes for natural splendor products. Thanks Five Stars Good Love this reserve and it's easy, simple recipes.. I've found it easier to follow recipes and diagrams via book.



[continue reading](#)

download Do It Gorgeously: How to Make Less Toxic, Less Expensive, and More Beautiful Products epub

download Do It Gorgeously: How to Make Less Toxic, Less Expensive, and More Beautiful Products mobi

[download free Walk With Me: An Interactive Children's Book ebook](#)

[download Homemade Mommy Beauty Essentials: 35 DIY Beauty Recipes to Use Everyday fb2](#)  
[download Live A Mess-Free Life! The Way To Organize Your Day And Not Get Lost Within Your To-Do List pdf](#)