

# BROKEN



*by Arlene R. O'Neil*

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## Broken Spokes



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Through her sufferings, she finds a method to heal others, and in doing so, helps you to save herself. Crippled at age group six, the writer begins an odyssey which will consume her life time. Broken Spokes is an inspirational and shifting tale of a courageous child who, in spite of physical and emotional suffering, grew into a compassionate, loving and valiant female.



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Broken and Mended Broken Spokes is definitely a book compiled by Arlene R. O'Neil. This is a true story which has taken Arlene, a kid of six yrs . old, through the a gambit of an emotional journey correct up to her adulthood. Arlene wanted a bicycle so on her birthday she got the bicycle. As an adult who suffered from no confidence, isolation, to invisibility, Arlene was generally saddled by rules. She pertains to a pup born to her son's pup and how this extremely special dog named Little Bit saved her from herself and brought her back to the understanding that she was truly worth more than her disease. This dude acquired spunk, was free spirited, happy, healthy, and confident.. Arlene would need nurses to care for her therefore she had to remain at the hospital. A devastating encounter for a kid of six. With all the rules in the hospital she began to lose herself and finally hid inside herself. This is not an uncommon emotional state for a kid withdrawing due to tragedy that strikes. to not experience or shed. Don't do this, don't do this, or no are all negative words and soon a kid withdraws into themselves and develops a poor outlook on themselves. Why ? Because they believe they're not worthy of being loved and all the problems besetting their family is almost all their fault. which made me aware that I possibly could only continue once We knew I'd be strong more than enough to. It reads as if she were seated with you and telling her story. What's great about this book is usually how she pulled herself from the mire by searching for help and focusing on herself. If you read this book you may want to have tissues near by. I did, but just because I suffered a similar tragedy in my life. Told by the woman who lived through a crippling childhood incident, and the people and animals that formed who she became A well written, heartwarming journey "Broken Spokes" is an excellent book about courage, struggles, and undying love. Arlene's style of writing is indeed poignant. Arlene tells her tale with emotion - however, not with so much angst or takes on for sympathy that the reader isn't drawn in and remains with her through the entire 163 web pages of the memoir. When she was six years old she needed a bike so bad and her people weren't wealthy but usually tried to fulfill their children's dream. Weeping Tears WHICH COULD Not end up being Shed & Celebrating an Overcomer! I've been reading the real story 'Broken Spokes' piece by piece. Get your cells out for the closing, it is a tear-jerker.. Tragedy visited Arlene when she busted up her bike and finished up spending over a season at the Newington Crippled Children's House with a disease called Perthes which intended she would need to have her hip and legs in a brace in order not to move her hip. Truly irritating because they consider all the worries and disappointments into their spirit and it break's them. Prepare yourself to cry!. Now in to the reality that produced this little girl into 'a kid of stone' at 6 yrs . old, I am weeping for all her silenced tears, tears others would not allow a child who felt alone, 'less than' and fearful of. Visit the rollercoaster and revel in the ride.. Adults have a way of making a kid

feel nonhuman. An uplifting memoir - with some lessons for all who read it. The largest challenge in reviewing a memoir is attempting to separate the writer's style - verbiage, pacing, etc. However that's just fifty percent of what's waiting for you when you find out about not only overcoming but thriving! One can compliment or criticize the former - and actually, a review must do that - while the latter should be off limits and should not impact the reviewer, regardless of how tempting it may be. The latter displays who the writer is, as the former displays WHAT they are and is 100% of their creative control. The good news is that Arlene R. I've known the writer, Arlen R...HOSPITAL FOR THE INCURABLES', and watch that child discover that one careless second had produced her a cripple who walk out on crutches 2 yrs later on and continued to attain more than any would ever imagine from understanding how to ride a horse, then own one thus she could ride whenever she wished, to dancing, then being in takes on...and the list goes on and on for Arlene's existence is a celebration of existence resided to its fullest as she continues to press on. A Tale of Overcome Adversity Broken Spokes by Arlene R. O'Neil is normally a tale of overcome adversity, love found and love lost in addition to a touching tale of the author's lifestyle as a kid, wife, military mother and animal lover. The story begins in the childhood years of the author's lifestyle. Touching memoir! - from the events themselves. Out of this childhood trauma, through adulthood filled up with more ups and downs to the author's loss of her husband in a terrible car crash, the story keeps the reader thinking about exactly what will happen next. I state that because I understood something was going to eventually this 6 year outdated and had to avoid reading because of the fear I felt as the terms created such a picture of. That is an inspirational and triumphant story and one that I am glad to have read. Thanks a lot for sharing your tale with the world, Ms. O'Neil. Awesome book!. The author amazes me for how many would or could go above being taken to a Hospital that said in its name were these words '. O'Neill for a number of years on the web, and knew plenty of what she's put in the book, however the way she established it down, there was not a chapter where I didn't find myself crying at some point, laughing at others. I recommend this reserve to anyone that is looking for an excellent, fast read, however one which tugs at your heartstrings! I did so not have to spend the years in hospital as Arlene did in her childhood, probably because medical technology acquired improved on the intervening years. Her story about her therapy pet dog TINY BIT brought me to probably the most tears, specifically by the end of his life. Just how she wrote about her boy Tanner, you can feel the pride in her words, as well as the fear every time he was deployed for some war zone or other. As a kid I also had a form of Legg-Perthes, or, at least that's what I really believe it was, as I have pictures as a child with plaster casts on both hip and legs and a bar in between keeping them spread. Touching memoir! Arlene O'Neil

writes of her experiences after injuring her hip in a bike accident. I can't imagine needing to spend a season in a children's medical center, especially with all the current strict rules she had to follow. Despite the fact that she eventually walks once again, the injury haunts her into adulthood needing multiple surgeries, along with the emotional and psychological trauma brought on by the experience. Thank you, Arlene, for permitting me into your life, and for your friendship and remembrances of TINY BIT from the times of the Blinddogs support group. A tragic bicycle accident results in the discovery of her Legg-Perthes disease and causes her to spend 18 months in a crippled children's hospital. Emotional Rollercoaster This is an incredible book about a determined child and the strong and tenacious woman she became.. You won't regret it! I admire Arlene for the power she possessed to endure all that she do, and I thank her for posting her encounters. Absolutely loved your reserve! Why It is so wonderful what this female accomplished in life and how she could see life in a different way and help others Five Stars Good book by a great author. A genuine and healing story A genuine and healing story. Actually, there is a lot more to Arlene's story than her stay static in the hospital. The author goes on a journey through her childhood, to where she is today. Arlene's story is true and are also her emotions. I felt her pain and tears, as well as her many accomplishments on the way. I definitely recommend it. Anyone who is or have dealt with a life-changing concern that forced them right into a function and a life they cannot escape will end up being mentored through all this kid survived and the amazing female, wife and mother she became. That's where she is constantly reminded of the "don'ts and can'ts" of the institution as well as where her self-esteem issues began..Written therefore eloquently yet with the tone of voice of that child who through 1 careless moment was pressured to.. O'Neil accomplishes her objective of describing her existence within an easy-to-read and shifting memor entitled "Broken Spokes". Arlene focuses nearly all her story on enough time spent around the Newington's Crippled Children's Home - a bike incident suffered as a child caused her to be confined to the hospital for weeks - no, years. The memoir ultimately progresses to her adult life, but the time in medical center still acts as the basis for every actions and decision she makes. This book is so good but it isn't all sadness.



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