

*My
Apprenticeship
with a
Maya Healer*

SASTUN

ROSITA ARVIGO
with Nadine Epstein



Rosita Arvigo

Sastun: My Apprenticeship with a Maya Healer



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s quest to preserve the data of Don Elijo Panti, among the last surviving and most respected traditional healers in the rainforest of Belize. The compelling drama of American herbologist Rosita Arvigo'



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