

Monica Martinez

Julia's Special Cupcakes: A Children's Story about Food Allergies



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Fun and colorful illustrations get this to uplifting story a fun read for everybody, especially food-allergic children. She happily bakes cupcakes that don't include the foods that she's allergic to. Julia displays the reader how she manages her meals allergies with an excellent and inspiring attitude. This is a sweet and encouraging story of a young girl named Julia who enjoys baking with her mom.



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Very cute story for Food Allergy Families I'm also a meals allergy mom and children's book author and I love the actual fact that her tale also touches on a topic near and dear to my center FOOD ALLERGY Recognition. I love the stunning illustrations and the motivation behind your tale. I wish it had been top 8 free of charge. The brightly illustrated cover provides just a hint of what visitors are in store for my small guy can't eat gluten but good thing food allergy moms understand how to alternative ingredients! Thanks for writing this great tale!! Martinez did very well for her first children's book. Uplifting story for parents and kids alike Inspiring story for parents and kids alike. Great story for kids and adults. They spending some time collectively baking and working with ingredients. Martinez! Strongly suggest for all households with food allergies! Uplifting So very proud of my local friend and her girl. Just simple enough to obtain the point across about children with food allergy symptoms. Loved the animated mother and daughter. Friendly text for children of most ages. A wonderful uplifting and informational children's book. Beautiful tale great message for all ages! Julia and her mom find a great cupcake recipe to enjoy. I would definitely recommend this publication to parents of young children, as I could feel the bond between allergic children and Julia. Julia's story is beautiful and cute just like a child would compose it from the heart and just the reality the reader would be interested in. Getting the recipe was great to know so a parent will make them for a course party to include Julia. I would recommend this to people of all ages and to teachers who want to teach their students about food allergy symptoms. Applause for you, Monica! I love the beautiful illustrations plus the simple lesson. I am hoping there are numerous more to result from her! Ms.! Any child can find out the lesson of accepting their differences. NOT ONLY for Children WHO'VE Food Allergies! Julia's Particular Cupcakes is a sweet story about a little girl who loves baking treats with her mother, all told through the little girl's eye. From gathering and mixing the substances to waiting impatiently even though her favorite cupcakes cook, and enjoying the decadent enjoyment of licking the frosting off the spoon, Julia's delight in this great "Mommy/daughter" period is contagious. By making safe cupcakes together, a kid will learn that she can still feel included and eat delicious treats like everyone else. It gives many strong messages to people that have and without food allergy symptoms: food allergies can't keep you back or make one feel left out; For children who have food allergies it really is an empowering story that illustrates that (a) their food allergies do not need to define them or keep them back and (b) they can have a great time baking and consuming delicious treats with the adults within their lives. For children who do not have food allergies it's just a sweet story about a little girl who enjoys baking treats with her mom - and the fact that Julia happens to have meals allergies is just another truth about Julia, on par with the facts that she has big eyes and dark brown hair. Julia's Particular Cupcakes is a lovely and educational reserve for children Julia's Special Cupcakes is a sweet and educational publication for kids. It's about the bonding between Julia and her mom while baking allergy friendly cupcakes. Though Julia is definitely allergic to milk, eggs, and peanuts, she doesn't let it get in the way of her favorite move to make, cooking. Julia's Special Cupcakes is a compelling, beautiful, and up-lifting reserve that will melt your heart. The words and illustrations have become lively and empowering. That is exactly what I really like concerning this children's book! it is possible to still do the items you like best. Julia could make delicous cupcakes with her mother, feeling that she may take part in an activity where she can usually be excluded. Kids with food allergies can feel an excellent feeling of acceptence when reading Julia's Unique Cupcakes, knowing there are others going right through the same challenges and experiences. Together with the great messages, and the appealing concept,

Julia's Particular Cupcakes gives a very helpful recipe that I understand I am using later on. The illustrations throughout the book and the adorable font make this a book that is fun to read and can appeal to a number of audiences. Young, it is necessary for food allergic children to know about the dangers of hidden elements. The fact that Julia can't eat milk, eggs or peanuts because she has food allergies - and the cupcakes being made do not have these ingredients - takes a back seat to the primary story line. I like how this reserve helps children concentrate on the positive aspects of food allergy, and how it could bring a mom and daughter closer jointly by sharing a great activity. The chocolate cupcake recipe is definitely a good bonus. This tale has non-e of that, taking away the stigma of a "difference" and rather showing its normalcy. But aside from that, this sweet little publication should appeal to preschoolers and early elementary college kids and their caregivers. Heartwarming book Julia's Special Cupcakes is a reserve written from the heart. My son doesn't have food allergy symptoms, but he also enjoys baking with me, exactly like every other child! This book is adorable, and really makes every kid relate even if indeed they have allergies or whatever prevents them from feeling such as a typical child. This reserve isn't only educational, in addition, it is a way of showing acceptance and alternatives for those who have food allergies. Awesome read, Great for kids This is an absolutely lovely book, it's a terrific way to show kids with allergies they can bake and have fun in the kitchen like everyone else, recipe in the book was quite the bonus too. It had been such a beautiful story with lovely pictures and intentions. I'd definitely recommend this publication to my friends with or without food allergies. Empowering message!. A Sweet Read about Food Allergies The endearing illustrations set the tone for this cheerful, fun story about a young girl who is allergic to milk, eggs and peanuts, ingredients which are generally hidden in foods like cupcakes. Very empowering message, and the illustrations have become cute aswell! She stopped reading to say, "Just like me! Providing a recipe at the back will surely be inspiring to children to try cooking food in the kitchen! Congrats, Ms. Great possibilities to pause and chat about important lessons, like choosing the best foods and dishes that make eating fun and not something to avoid. Great simple picture book for young children After scanning this compelling story, my heart warmed. Kudos on a job done well. Great message to greatly help spread Allergy Consciousness! At a young age, children have the opportunity to replace cheerful, inspiring Julia with themselves, as well! It offers a reassuring sense of companionship. It's an excellent quick read, full of entertain. I couldn't have asked for a better idea. The welcoming motherchild baking session was ideal for a relatable reference to young children. Wonderful lesson This a wonderful book geared specifically for a kid, with food allergies. Great for younger audience! My seven-year-old, who can't have milk, gasped excitedly when she read that Julia couldn't have it, either. Julia's relationship with her mother, and her mother's loving demeanor make for a story which will resonate with many families." Julia's story is an excellent way showing kids with food allergy symptoms or intolerance that there are others like them. The recipe is a great addition aswell. What felt best about the story was that so many stories such about allergy symptoms or other "variations" in kids tend to concentrate on teasing or negative feelings. I simply wish it also included a "secure" frosting recipe since those often contain milk. We just wished the tale were a bit much longer! :)



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