

"Jesse Saperstein's straightforward, frank advice on the methods he used to make a successful transition to adulthood makes this book essential reading for individuals with Asperger's or high-functioning autism."

—Temple Grandin, PhD, author of *The Autistic Brain*

GETTING A LIFE WITH ASPERGER'S

*Lessons Learned on the
Bumpy Road to Adulthood*



JESSE A. SAPERSTEIN

Author of Atypical



Jesse A. Saperstein

Getting a Life with Asperger's: Lessons Learned on the Bumpy Road to Adulthood



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Hard-earned insights on transitioning into adulthood Author, speaker, and autism advocate Jesse A. Bail
Out the Titanic with a Wines Glass (or modification the world of online dating) Serving as a Role Model to
the Next Era of Asperger's Syndrome Navigating the challenges of college and the unrelenting storm of
changeover.s.re wrong) WIN (Work IS ESSENTIAL) You are talented more than enough to maintain work
even if your alternatives are not ideal Confronting Recollections of Bullying and Showing Mercy toward
Yourself Heartfelt, insightful, and generous, this book can enlighten and inform readers, whether they are
in the autism spectrum or not. THE STREET to Catastrophe is Paved with Good Intentions (focusing on
how others perceive you, even if they' In this honest and engaging book, he gives a guided tour of what
he's learned all about getting alongside others, managing emotions, succeeding in school and work, building
relationships, and more. Among his Asperger's Rules are: Clean Up Your Own Mess (including however, not
limited to credit card debt, out-of-control collections, as well as your cesspool of an area) You Can'
Saperstein knows a lot about living with Asperger' Along the road to adulthood, he has discovered many
lessons the hard way. Diagnosed at the age of 14, Jesse has struggled, triumphed, flubbed, soared,
educated, and inspired.



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Life Adventure with Asperger's Getting a Life with Asperger's is a must read for everyone with Asperger's and autism. Your Kid Might. I really like his fresh conversation style and witty humor. I found myself laughing out of control as I read his personal stories of survive in the wonderful world of online dating. they're easily readable and offer valuable insight into living with Asperger's as a person. After scanning this reserve you will experience challenged to end up being an overcomer rather than put limits on your own potential. Ron Sandison I have recommended this reserve to my students with Asperger's I have recommended this reserve to my learners with Asperger's. It is very weighty on discussions of inappropriate and perhaps sexual harassment involving behavior towards females. This book really helps to fill up that gap; Like it's "childish".. I have read, enjoyed, and suggested both Mr. All while the author talks about the method that you should always be open to people explaining why your behavior is normally inappropriate and prevent the behavior if it is inappropriate. Jesse' brutally honest transparency makes his life adventures with Asperger's come alive on every page. I look forward to future books out of this author. We would recommend you take into account reading his memoir first Written in a clear, helpful way! Probably the most interesting & most informative concerning day to day lifestyle with aspergers. Transitioning to adulthood is not possible for any adolescent. This guy has personality! My Kid Wouldn't Browse It. As an adult on the spectrum I gained great insight and useful wisdom having browse Jesse' book. Jesse is super funny and accessible. The book is interesting and helpful. If only my son would read it. I would recommend you consider reading his memoir 1st, so you really get to know where the author is coming from. It's extra hard on the spectrum. I recommend Good book! Writer has his own unique way of getting things across. Good humor. good read Well written and a straightforward read. Five Stars Its a well crafted book that helps me better understand the Asperger's people in my own life. Insider look Insightful and a straightforward read . As an average dad, I believe any young person, neurotypical or on the spectrum, can from the life lessons and advice given in this reserve as they set their sights on adulthood. Note nevertheless that it generally does not discuss the definition or symptoms etc. Wonderful advice Great initial perso perspective frim someone thriving with Asperger's syndrome . It provides very helpful and useful insights and suggestions that can be generally useful, regardless of the average person experiences.. purchased as something special and appeared to be very useful. It was purchased as something special and appeared to be very useful. Just an OK book Wish I would have read a little more on the preview concerning this book before I purchased it. Though some of the suggestions in this reserve is good for somebody on the spectrum. I "get" what the author is saying however I do think some of it is very patronizing to other who are on the autism spectrum who perform like Disney films, collecting figures ect... He helps it be sound like they must be ashamed of themselves for liking those things. and especially so because it is written by an Aspie, which gives it considerable authenticity. There are individuals who find comfort and ease in these exact things. They feel they can cope better with the world, which can be soooo chaotic to a person with ASD. While this book includes a lot of good information on how to push through in job interviews While this book includes a lot of good info about how to force through in job interviews, and what behaviors will come off as threatening to others actually if they're well intention, I really cannot recommend this publication for ladies on the spectrum. There is so little open to young adults, and the ones moving into adulthood. While I am aware that us auties aren't great at romantic relationships and appropriate behavior models, the discussions of this behavior where so wide-spread as to make me uncomfortable. In just the sections of the book I examine, before returning it, there was conversation about how to explain to a new company that the sexual harassment charges at your last workplace were a misunderstanding, why you mustn't google sex moments at work, a story about a boy who despite multiple warnings pursued a woman to the point that she got her parents involved, complete with the reason that the boy didn't mean anything because of it and that the writer didn't actually know anything about the story from the girls viewpoint. Saperstein's books;



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