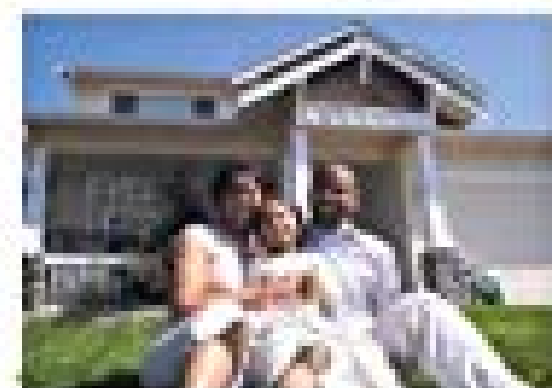




Surviving Your Thirties

AMERICANS TALK ABOUT LIFE AFTER 30

ROBIN MADELL



Robin Madell

Surviving Your Thirties: Americans Talk About Life After 30



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Through uncensored voices, the true stories of daily actuality in *Surviving Your Thirties* zero in on what's most essential to people within their thirties today, assisting adults of all ages make sense of their own route through the 10 years and move more efficiently into later years. documentary series, *Surviving Your Thirties* offers a fascinating look at the connection with American thirty-somethings-in their own phrases.7 Up" Predicated on award-winning journalist Robin Madell's encounter as founder and facilitator of the life span After 30 Salon in NY and San Francisco, in addition to her interviews with hundreds of people in their thirties across the United States, here you'll get inside the thoughts of thirty-somethings nationwide as they explore the expectations and issues of middle adulthood.In the spirit of Stud Terkel's *Working* and Michael Apted's "



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Great tales of a range of experiences I acquired this thinking it will be interesting to observe how others had approached their 30's, without the filter of sociable niceties. A obvious, stimulating and ultimately reassuring guide for anybody who needs a friendly advisor for just one of the more difficult and vibrant decades of life.! At first it looks like everyone includes a really different tale to inform... how they approached their 30's, how they're dealing with getting older, whether or not they had an idea of some sort, or are they just winging it... And the number of experience is wide. But in some ways it's a really great, reassuring tale of the human being experience.If you are in your 30's rather than sure your plan is great, or in the event that you feel like you're lost, or you have an idea and think you've got it solved, this publication will talk with you. Anyone headed toward 30 or within their 30s can reap the benefits of this book. Robin provides painstakingly researched many people from many different backgrounds and levels of their lives for over a 10 12 months period for people within their thirties. I anticipate anyone fighting this decade would breathe a sigh of relief after finishing this well-executed work. And it was REALLY interesting! Madell provides included an excellent selection of real anecdotes from 30-somethings. An ideal gift for the big 30 (and after) I'm not really in my own 30s anymore, but We sure wish We had this publication when I was. A Good Read @ Any Age! Fine to know I'm not by yourself in this fascinating journey through life. This writer is someone to watch and I cannot wait until she comes out with Surviving Your Forties!..IT'S AMAZING! A worthwhile read—right now I wish we'd one of these for every decade. I couldn't place it down!The author has executed a GREAT Book! Helpful, Lifestyle Affirming, Inspiring! This book is so unique in it's capability to inspire and motivate in a down-to-earth and relatable fashion. It's certainly been a HELPFUL tool for "Surviving MY 30's" (Still need 5 Even more Years to Complete-35 Year Old). Interesting perspectives! It is so refreshing to learn something real and presented in that clear way. I don't frequently read non-fiction, but I knew when I noticed this one-I had to get myself a copy. Inspirational, real and informative As someone within their early 40's, I wish this book had been written 10 years earlier! #AmazingSY30s I can not stop reading this book. Still GREAT DEAL OF THOUGHT! Reading the stories of all these 30-somethings comforts me knowing that regardless of who the cast of individuals, or the initial variables - life challenges are universal. Like the descriptions of the settings where each of the interviews took place- Feels like I know who is in the room and may relate to bits and pieces of each story. Mandell weaves a tapestry of 30 somethings over the US for those folks who have yearn for, are approaching, or are amid our 30s – there's is a lesson for everyone in this easy to read prose! Good Range of Stories This is the perfect gift for anybody hitting the big 3-0. It is a small like Studs Terkel's work, and I think it is interesting to read a range of opinions on how it feels going to the decade where many people are supposed to magically become an adult. I can actually relate to some people' circumstances. Fiction could be fun nevertheless, you liberating! Just what a terrific and extensive view of all decisions, pivots, struggles, lessons, realizations and even more that occur after 30. Entertaining and also a fantastic Research Resource This book is both a fascinating and entertaining read, but also a fantastic resource for those doing generational studies. You'll get a tantalizing watch of what's to arrive. Existence affirming and a self-confidence boost Some of us sail through our 30s and others need a small help. This book is usually life-affirming and a genuine confidence boost. Madell does the perfect job developing a real-lifestyle tapestry for visitors to picture and be inspired. Having the ability to read other people's tales is inspiring and provides perspective about our very own lives.



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