

Bailey

BEATS
THE

BLAH



KAREN
TYRRELL

ILLUSTRATED
BY
AARON
POCOCK

Karen Tyrrell

Bailey Beats the Blah



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FREE Teacher resources & FREE children's actions available from www.KarenTyrrell.com. His pet Fuzzy slobbers around him. He has no friends. His tummy aches. BLAH! How do Bailey switch his BLAH to HA-HA-HA? Karen Li, Psychologist Bailey can be an inspirational mental health picture book for children 4-8 years, spring-boarding discussion on feelings and action plans on how best to lift a child's disposition. Self-esteem and coping skills for children, families, teachers, parents and counselors. Bailey HATES his brand-new college. KarenTyrrell.com Supported by National Education Kids Matter program, Children Help Line, *5 Celebrity Reviews from Mental Wellness CEO: QLD Alliance Mental Wellness, Psychologists, College, Counselors, Teachers, Speech Therapists, Schools, Pre-universities and libraries Kids Reserve Review... "The power of friendship can perform remarkable things even when you're feeling blah. Present building friendships and taking an active part in school activities can make a world of difference, both for the kid and those around him" 't have kids. Richard Nelson CEO QLD Alliance Mental Wellness. A must have tale for your library shelf, even though you don't. Does an excellent work of pinpointing what feeling disturbance in young children look like. Basic is best. And on top of that, there is a happy ending with practical methods parents and schools might help Empowers children to cope with CHANGE, be concerned thoughts and sad days.



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Bailey beats the BLAHS Many thanks Karen for writing this wonderful children's reserve!! This book ought to be in every school library! It speaks to a problem that so many children go through and will help them know that they are not alone when they feel sad and lonely. It is beautiful written for kids to help them feel good about themselves and beat the BLAHS!!! My Granddaughter Loved this book Great Job, +Karen Tyrrell!! I've read it to my granddaughter 4 times currently today. She felt sorry for the puppy pup.Keep up the good work. I recommend this book to primary school teachers, teacher-librarians and parents. A wonderfully illustrated book will identify some children with Bailey and their very similar feelings about disliking school and wanting a pal.When a new college student Tom arrives the wise instructor places him next to Bailey and quickly a friendship develops that exchanges his low energy and inspiration for a fresh day filled with joy. Really useful Bailey Beats the Blah is a story that opens up communication. 'Bailey Beats the Blah' is like a warm hug, a hand to hold and will be offering encouragement to kids who are uncertain and scared. I recommend this book for PRIMARY TEACHERS in their classrooms and read aloud to the course. It explores Bailey's feelings of distress as a fresh boy, but also maps a way to his acceptance and friendship with another student.Whether read simply because a class or independently, it touches the heart of children with solutions. Karen's site karentyrrell. xo Bailey Beats the Blah by Karen Tyrrell is a .. They add depth and curiosity to the tale. In this book, she once more addresses an aspect of mental illness -- depressive disorder. But there is a twist from the usual books covering this topic. Bailey Beats the Blah It is wonderful to find a tale that I'm sure thus many children can relate to.Very approachable and digestible, the story still highlights the importance of monitoring moods for signs of depression and finding ways to work your way through negative emotions, also if you are a kid. My kids (5 and 7) enjoyed this simple yet empowering tale. But with the help of his mum, teacher, a new friend, and a truly adorable pup, Fuzzy, Bailey beats the Blah.I would recommend this as a thought-provoking read for children and as a very important reference for the classroom. He was also in a position to say that creating a rocket ship produced Bailey feel happy. The primary character, Bailey, faces some common hurdles and issues that the visitors will very easily associate with. Right from the start they thought Bailey was sad. Miss 5 was specifically keen to talk about what she thought was happening in the book. Even going so far as to put her hands up! It was a timely story on her behalf as she begins school next year. She actually commented with, 'I would allow Bailey play with me. I first read Bailey Beats the Blah to my five yr aged as a bedtime story - we then enjoyed an extended discussion about things that make us sad or hurt or frazzled. All teachers, cultural employees, counsellors and carers ought to know about this publication. There are various themes running right through the story. You are not alone little anxious types. It would make a good resource for schools.We also need to comment on how wonderful the illustrations fit the publication. There is a cute little mouse that makes an appearance that got my kids in stitches! The illustrations are inviting, colourful and fun and I cannot wait to use this in my primary classroom next yrl

Enriching Children's Lives "Karen Tyrrell's latest reserve, 'Bailey Beats the Blah' has the power to enrich small lives by developing children's psychological control. As a teacher with three decades major school teaching, I could strongly suggest Karen Tyrrell as an writer with a very important message, and as a experienced teacher who knows how exactly to captivate any youthful audience and maintain them enthralled. Karen's new book has a deeply personal theme which fulfils the needs of major curriculum requirements for interpersonal development programs. 'Bailey Beats the Blah' is a book that may strengthen school values and morale by empowering youthful lives." - Judi Stroud: Senior Teacher & Bailey Beats the Blah Many thanks

for writing an essential book for children that may empower them to feel better about themselves when they have been bullied or feeling anxious and sad. This book is a simple, effective story about feelings of sadness and anxiety and the techniques children can overcome these by making friends and developing interests. Reading this story could be a way to start conversations with children about feelings they could have about sadness, bullying, and other big problems. The illustrations are wonderful and reminiscent of cartoon strips. We asked him what he liked about this publication and his initial response was "the rocket ship". Delving a bit deeper with my son, he was able to state that Bailey was sense Blah and that means sad. Bye Bye Blah! This story will start conversations with children of many ages about feelings, the legitimacy of most feelings and techniques children can tap into their imaginations and interests to control their emotions. Great source for teachers and parents.' As we read through the book I was struck by how relatable the story was. We then chatted about things which make us smile and feel content again. I love books that allow us to look deeper into our very own lives. This book is a brilliant resource for parents and teachers to introduce the concept of our emotions and ways to manage them. There will be support regardless of what. General Bailey Beats the Blah is a terrific story to learn with kids and will create some great discussions. boys like it! They need me to read it to ... It handles the true stress felt by fresh students when going to school. o. Bailey Beats the Blah by Karen Tyrrell is a pleasant, comforting picture book tale for young children, who could be experiencing anxiety when starting at a fresh school. They want me to learn it to them EVERY single night. They are amused by the decision of word BLAH :) I love this book I love this reserve, I purchased this reserve to give to my 7 year old grandson, I can easily see plenty of him in Bailey and when he came to stay on the institution holidays for a week, we read this excellent book everyday and by enough time his parents found pick out him up he understood what by heart. He provides taken Bailey Beats the Blah home with him and said that he will take it to college for show and tell. The illustrations are shiny, clear and reasonable. com is also filled up with free activities and mental- wellness books for kids and adults really worth exploring. Ideal picture book for increasing important issues with kids Karen Tyrrell has written and produced a wonderful quality picture book with an entertaining tale, that also addresses a sensitive but important issue for kids.. males love it! Being for the reason that same situation, Bailey is normally fearful about not fitting in with the other students and finds it hard to create friends, but he discovers a bond with another new student, and their friendship grows from their shared interests. A reassuring and well-written book, with bright and lively illustrations by Aaron Pocock. Arrive this trip with a youngster and discover keys that may unlock unwanted emotions and help bring about positive adjustments in one's outlook. My three year old boy instantly linked to this book by using the word Blah and wants to point out all of the blah bits. Tyrrell and Pocock have got created a wonderful book. Writer This story will start conversations with children of many ages about feelings. This publication can be beautifully illustrated with bright colours that is very inviting to any child. As a primary school teacher I possibly could see how very easily it could be used in classrooms. Bailey Beats the Blah This is a wonderful picture story book for small children. My 5 and 4y. It could compel college students to also accept others to their friendship circles. Therefore thank you Karen for brighten up my beautiful grandsons days at college. In her previous non-fiction works, Tyrrell addresses issues with mental illness and the effect it has on loved ones. Relatable theme for childhood depression with solutions and great illustrations Author Karen Tyrrell has produced a work to help children ages 4-8 along with give parents insights in to the mental health aspect of low energy depression and how that

can change. This is an image book for children and the issue is offered through a narrative with some smart illustrations from Aaron Pocock. But best of all, the book will take us on a journey with a positive message that can make someone's day time a whole lot better. A previous primary and gifted teacher, Tyrell's passion today couples her encounters that empower kids to overcome obstacles, connecting making use of their internal joy and imaginations. Attitude to college, sadness, apprehension, anxiety, nervousness, feeling scared, being brave, empowerment and even more. Karen has done it once again - touched the hearts of others, with an educational and incredibly useful text. Simply look at Bailey! Great job, Karen and I really like the text design and illustrations which I believe are so very important to a wonderful reading experience.



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