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# The Baby Book

*Everything You Need to Know About Your Baby  
from Birth to Age Two*

REVISED AND UPDATED



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*Authors of The Pregnancy Book and The Portable Pediatrician*

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William Sears

# The Baby Book, Revised Edition: Everything You Need to Know About Your Baby from Birth to Age Two



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The Baby Book focuses on the fundamental needs of infants -- eating, sleeping, development, wellness, and comfort -- since it addresses the queries of ideal concern to today's parents. The Seares pull from their vast experience both as medical professionals and pas parents to supply comprehensive information on virtually every aspect of infant care. -- an encyclopedic instruction to the first 2 yrs of your baby's existence. The topics covered consist of: finding your way through a safe and healthy birthbonding together with your babyfeeding your child rightsoothing your fussy babygetting your baby to sleepunderstanding your baby's developmenttreating common illnessesbabyproofing your homeunderstanding toddler behaviordealing with temper tantrumstoilet trainingworking parentingfirst-aid proceduresand much moreUnrivaled in its scope and authority, The Baby Book presents a practical, contemporary method of parenting that reflects the way we live today.the person who remade motherhood" (TIME) has been revised, expanded, and bought thoroughly up-to-time -- with the most recent information on everything from diapering to time treatment, from midwifery to hospital birthing areas, from postpartum nourishment to infant advancement.baby bible"America's bestselling " The million-duplicate bestseller by " The Seares acknowledge that there is nobody way to parent a baby, plus they provide basic guidance and inspiration you should develop the parenting style that bests fits you and your kid. Their publication is a wealthy and invaluable reference that may help you get the most of of parenting -- for your child, yourself, and for your complete family.



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I really like this book! That one was not my favorite, but also not the worst. I certainly didn't find this publication to be an attachment parenting manifesto. In fact, I was pleasantly surprised that many of the tenants of the AP movement are consistent with my (preferred) parenting style instead of some form of granola/coffee shop socialist/difficult to execute lifestyle with a kid. The Sears give suggestions for all different scenarios, AP or not. Parenting is hard, and it is a learning experience. After that I ran to the store to buy several more. The Sears offer different ways of managing feeding, sleeping, and so on, and motivate you to make your personal choice. I did not feel that method at all. I've done some things that they have suggested, and some not really. It's big, and I discover myself referring to it on a monthly basis or two as my kid changes. I've tried baby putting on, but I have one of those rare infants who doesn't prefer to be held a whole lot who screams her mind off when I put her in a sling. The Sears' overall message (along with Penelope Leach's) is that you have to be open-minded as a parent, and do what really works best for your baby, for you, and your lifestyle. I did not quit my job, and she'll be going into daycare soon. She will not sleep in our bed, as I am terrified of smothering her, and because I need some sleep myself. I bought it as something special for someone who won't take the information seriously. The Sears had been pretty clear about getting anti-pacifier and due to that we instructed a healthcare facility not to provide her one under any circumstance. In addition to the ample details about health insurance and nutrition, there are wonderful sections on advancement, actions, and the long-term arc of your son or daughter's growth... Other reviewers stated that the book makes them believe that if they're not breastfeeding, sharing the bed, stopping their jobs, and wearing their baby almost everywhere (including to the bathroom), they are horrible parents. But I didn't feel the need to throw away the book after we "went against" it. We took the advice of another reviewer and combined this publication with Penelope Leach's *YOUR CHILD* and *Child* and have found both to be valuable resources. Therefore she spends lots of time in her bouncy seat wherever I am, rather than on me. It will be next to impossible to get something that parrots back to you everything you think you should be doing--or want to be doing. For example, while they do condition many times that breast feeding is most beneficial, they also give plenty of information about a safe and sound and loving method to bottle feed if you can't or won't breastfeed. This book is an excellent guide (not instructions) through that process. Very great book - did not find it to be "AP all the way or nothing" I'm an operating mother of a 2-month-old baby female, our first child, preparing to return to work!! This book supplied us with many helpful tips for tuning into my son's wishes and requires.), then gave my hard copy to a friend. The basic toys recommended are therefore useful. It's soooooo thorough. Parents ought to be loving, and perform what works for them! I really like the Sears' philosophy. I'm glad I very own a copy of the book, because it isn't the kind of book you would want to browse and then go back to the library. I believe they give a really accurate picture of a few of the period and energy it requires, but it can pay off when your child is independent, respectful, and loving. Don't short transformation your child later by firmly taking shortcuts when they're babies. Yes, you will end up sleep-deprived, scared of rolling over on your baby, and maybe people can look at you weird for sleeping together with your baby or for nursing your child. The cautiously described sequence of events before sitting, crawling, and walking are fascinating. I've yet to find a parenting reserve that I agree with entirely -- I choose ideas, depending on my instincts and my son's requirements. Our oldest is merely five and doing so well, therefore independent and caring! Great book encompasses the complete child This book is well-known for being a must-read if you're interested in attachment parenting. Additional reviews get into this more. For me,

this book has worth because it deals with so many areas of baby care and development. Most books about baby care seem to go through like troubleshooting guides -- there's information regarding day-to-day life, but very much space is specialized in the problems that may arise. This publication is more like a genuine owner's manual for a baby. After spending several consecutive hours with our fingertips/thumbs in her mouth area (and I couldn't place her to the breast for hours due to cracked and bleeding nipples), our resolve crumbled and we provided her a pacifier. This book doesn't simply tell you how to satisfy your baby's desires, but also provides guidance for savoring this amazing time. But to get a concept of what people proceed through for their kids -- it's NOT ALWAYS EASY, nevertheless, you don't become a parent to have an easy existence, and you now have a little individual who requirements you. I breastfeed and waited 2 months before bottle feeding expressed milk. oh well. I then found another copy at the library bargain book sale and got it for a friend who's pregnant. But perform what really works for you, and, as they say in the book, state "My doctor says to accomplish it" because Doctor Sears said so! The advice about working with toddlers is very excellent. Four Stars Thanks. The attitude used by the authors, and also the techniques recommended in this chapter, had been extremely helpful during my baby's first couple of months. When it comes to the attachment parenting advice, my own opinion is that most of it really is solid. We provided our young son with all the nurturing he seemed to desire, and he's today a lively and independent toddler. I used this reserve with my first child, then bought the ebook (not a Kindle, therefore i won't say! In case you are only going to read one baby book, this might not be my suggestion. But this didn't stop me from obtaining a great deal out from the book. I have no regrets -- nursed my oldest till he was two, shared our bed with him, and today we are doing the same with our second baby. Several important aspects of attachment parenting work nicely for my family, and so this book is very helpful. Good book Extensive book and quality of the book commensurate with Price Five Stars A fresh parent must read A true reference I found every single chapter of value here, even though I am going the infant led weaning method with solids for my son, rather than the traditional way Dr Sears recommends. Absolutely loved this publication and you will be referring to it for a long time to come because of how thoroughly it encompasses baby and toddlerhood. Also very useful was the chapter about fussy babies. Some great info, some very damaging pseudo-science Aged edition, so there are a few outdated things, like epicac syrup. I am aware. The practical guidance is good. Its cool to know even more about the Moro Reflex, etc. However, there is WAY too much weird stuff. Yes, most women post partum do not get their periods, but most trusted sites won't recommend breastfeeding as a contraceptive "until you are completed". Or that apparently letting a baby cry will harm it emotionally for the others of period. Its marketed as a book by medical professionals with great guidance, when in fact, its filled with crazy. I'm actually surprised it doesn't come out and say that vaccines trigger autism. Five Stars AA++ good book. great info. Therefore she sleeps in a bassinet following to our bed and we're able to attend to her immediately. Some of the very best parts of this book want to do with child development. i treasured it for myself. A little dated. Some of the details seems outdated, but overall a useful book. It's big! I browse it all though in addition to so many additional baby books. I hesitated in buying this publication because (1) I was dubious about Attachment Parenting (AP) and its merits and (2) there were so many negative reviews stating that the publication is a significant guilt trip for anybody who can't or won't stick to the Sears's suggestions to the letter. I think this publication is a little too quick to put down the intentions of parents who don't practice Sears strategies, which is why I believe some parents dismiss this

book as guilt-inducing.



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