



THE **COMPLETE** ENNEAGRAM

27 Paths to Greater Self-Knowledge

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The Enneagram—is a great tool for performing the hardest part of consciousness work: realizing, owning, and accepting your strengths and weaknesses.a universal symbol of individual purpose and possibility— With her guidance, readers will figure out how to observe themselves, face their fears and disowned Shadow factors, and function to manifest their highest potential. In this comprehensive handbook, Beatrice Chestnut, PhD, traces the development of the personality as it relates to the nine types of the Enneagram, the three different subtype forms each kind can take, and the path each of us may take toward liberation.



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Great for more advanced Enneagram fanatics! Each enneagram type offers three subtypes (therefore a complete of 27 subtypes) based on whether our setting of adaptation focuses on a more solitary orientation alive, a more public orientation, or an intimate intersubjective orientation. If you're new to the Enneagram, I would focus on *Discovering Your Character Type* by Don Richard Riso and Russ Hudson, which include the Riso-Hudson Type Indicator - a fairly intensive test to determine your type - and a brief overview of the 9 character archetypes. *The Wisdom of the Enneagram* is a great book for a more in-depth knowledge of the personality types. We ordered this reserve when I found that Riso and Hudson's books weren't giving me the depth of understanding that I wanted. Beatrice Chestnut's book builds off what Riso and Hudson perform in *The Wisdom of the Enneagram*, but goes much more in-depth. *Best Enneagram Book Out There First*: in case you are not really acquainted with the Enneagram, buy this book! I especially appreciated her examination of the subtypes, which she explains in great detail, and her description of the counter-types. a fascinating perspective on the enneagram This book provides some very useful points of view on the enneagram. Chestnut reaches the cutting edge of exploring and explaining sun and rain of this system. These types are considered as arising out of archetypal patterns of responses children might have to their environments, especially with respect to producing adaptations for survival that are irreversible and bring into adult existence. These adaptations possess a shadow aspect of human characteristics that cannot be adequately incorporated in the survival strategies. Dr. Chestnut discusses all of this remarkably clearly. Great enneagram book This book was recommended by my therapist to read. She is very thinking about discussing how exactly we can grow as human beings, given our natural, frequently adaptive, survival strategies. This is the third book I've purchased on the Enneagram, and I've definitely enjoyed it the most - however, I wouldn't recommend this book to beginners. That is a great "textbook" for all those exploring the Enneagram. The book signifies a significant achievement, and is particularly to be recommended for those who have some knowledge, already, of the enneagram. Best text I have ever continue reading the enneagram. There is a far more complex part to the enneagram, and this pertains to comparing the types in pairs, such as for example comparing type 5 and type 6. As a devoted student of Claudio Naranjo, I see Bea's book as an excellent honoring and celebration of the work of this major innovator of the Enneagram, and as an executive trainer, it has become among the only Enneagram books I invite my clients to learn. This is extremely ideal for approximately identifying your type, if you do not already know it. Better than most books on the Enneagram, including the more famous books *We are an Enneagram* and *typology consultant* and this is among the most effective books I've continue reading *The Enneagram*. The discussion is well-structured around the nine basic types and the esoteric structure of the enneagram, itself. I recommend it over most others for both beginners and advanced learners. Therefore worthwhile! Many advanced learners will be exposed to in-depth analysis on what "subtypes" really means in a manner that is not usually tackled, except by Naranjo in functions that aren't generally translated into English. The territory of the subtypes is explored with impressive nuance and compassion (a concern which famous Western teachers possess ignored or been so excruciatingly general about so as to almost be useless, including-maybe especially--Riso and Hudson). My only issues are that, occasionally, she uses quite unflattering (bordering on insulting) descriptions of several subtypes, which doesn't experience all that useful and is not in line with what I observe in real life. Several times, it can be as if she is only worried about the bottommost levels of specific subtypes, or that she might have a couple of biases she's not accounting for. Chestnut has a true present for writing, as well. Love this book.

If I didn't already have lots of background knowledge, I would not have enjoyed this book as much as I did. Overall, a fantastic read and purchase! Strange symbols and language apart, the Enneagram is a great tool for self-discovery and understanding, and totally transformed my life. It offers you terms to solidify your expectations, motivations, and fears, and helps identify practical areas of growth predicated on you function in different ways than others. Beginners will see her general descriptions of the types enlightening. Very useful in diving deeper into the study of the Enneagram This book is quite detailed and dives deep in to the wisdom of the Enneagram. Now for my actual review! All of this is talked about in a manner that clearly shows how the 27 subtypes can help us to understand human being behavior. It has very detailed analyses of every type, with more information about instinctual variants that I came across truly useful. Chesnut gives a target and informative intro to the Enneagram's admittedly challenging format, clearly explaining ideas such as development and regression paths, type human relationships, and archetypes. Five Stars Great resource. Certainly something to add to the collection!! A great honoring and celebrating of the subtleties of the task of Claudio Naranjo I so appreciate Bea's thorough and insightful approach to teaching the Enneagram through this publication. I've studied the Enneagram for almost a decade, having caused many different teachers. My personal perspective is definitely that Claudio Naranjo's knowledge of the 27 subtypes, which Bea aims to elucidate in this publication, is a critical aspect to the model that many other Enneagram teachers have thrown apart for more simplified methods to the 27 variants. The author gives a demonstration of these 36 comparisons in an appendix. The best. I'd have enjoyed to have observed a fuller treatment, especially of the wings, but the writer has done an excellent job with what she will consider. With this understanding comes compassion for personal and others. So Much Info. That is clearly a problem, nonetheless it doesn't ultimately make me think much less of the reserve or the book's importance. Clear and easy to read :) Very Happy! It even includes a section for identifying how various types are mistakable for each various other, and what the primary variations are.! I am finding it very helpful in my understanding of how "spot on" the Enneagram is regarding personalities--at least for my very own self-awareness. It is fairly challenging by the dynamics of the enneagram. It explains the enneagram perfectly. Excellent, filled with insights I you are interested in the transformational power of the Enneagram, this reserve is full of insights for understanding your own motivators and other's. I maintain buying it and providing it away to friends and family. Illuminating Liberating self knowing Enlightening Read this if you are prepared to put in the effort to create some powerful changes in your life. I was surprised at how readable the publication was and how relatable. The character types are true and helpful, and it is relatively free from psycobabble and modern gibberish. Just obvious, concise ways to understand some deeply ingrained patterns you possess that may no longer be working out for you.



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