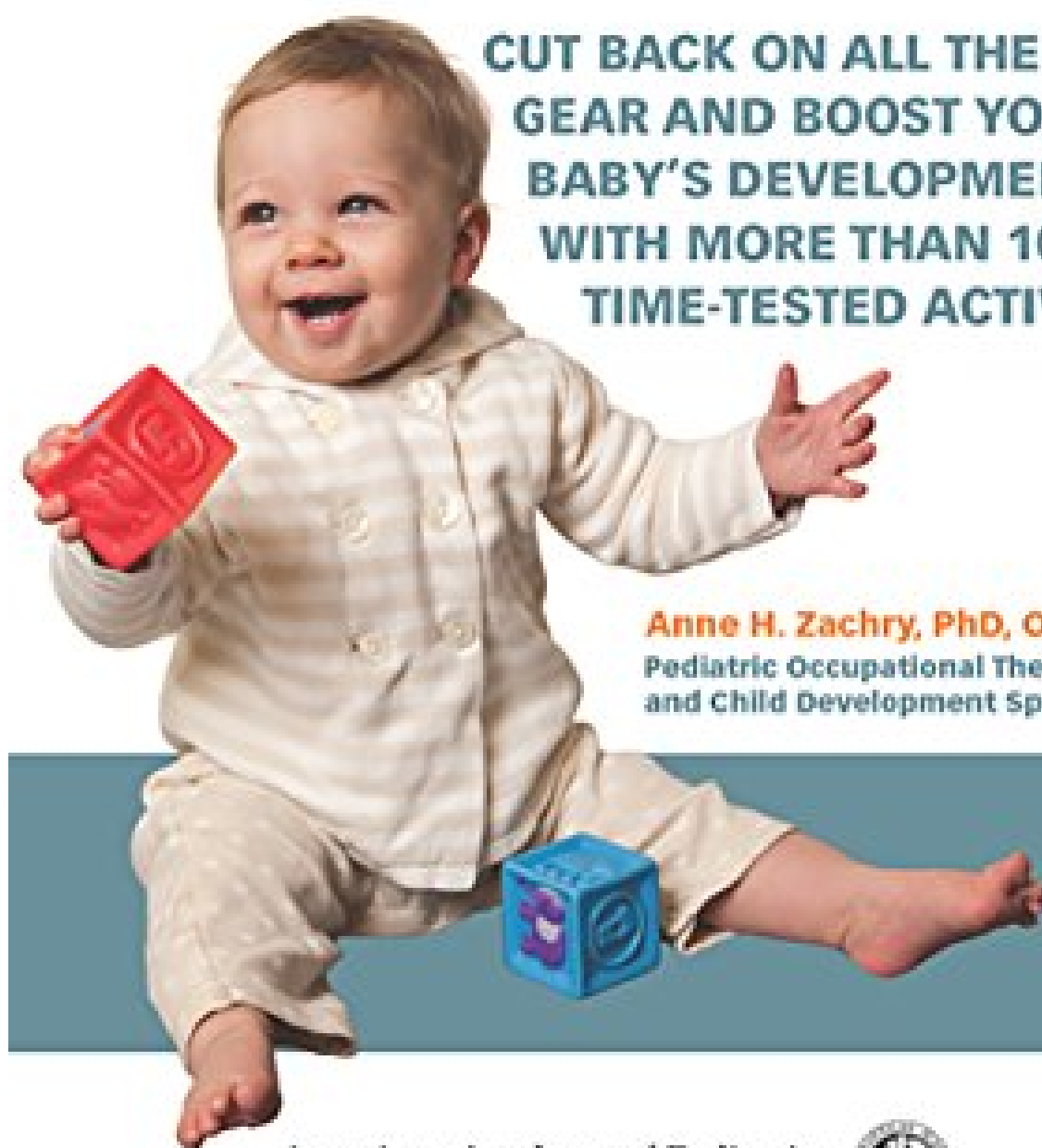


Retro BABY

**CUT BACK ON ALL THE
GEAR AND BOOST YOUR
BABY'S DEVELOPMENT
WITH MORE THAN 100
TIME-TESTED ACTIVITIES**



Anne H. Zachry, PhD, OTR/L
Pediatric Occupational Therapist
and Child Development Specialist

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN™



Anne H. Zachry

Retro Baby: Cut Back on All the Gear and Boost Your Baby's Development With More Than 100 Time-tested Activities (Retro Development)



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Baby bouncers, carriers, electronic toys, and “ Zachry offers you lots of opportunities to spend one-on-one time with your baby, creating that particular bond which will last a lifetime.#8221; videos are designed to make our kids smarter and our lives easier, but can their overuse negatively influence infant development? Completely. Retro Baby: Scale back on Infant Gear, Media and Smart Playthings, and Boost Your Baby's Development with Time-Tested Activities assists caregivers understand the potential dangers of extended equipment use and overexposure to technology.Retro Baby brings 20 years of encounter from an occupational therapist and mom of 3 into your home.D. Anne Zachry, Ph. understands that each family members and baby have different needs, and she offers versatile strategies and ideas for playtime. ideas, Dr.#147;back to the basic” With &educational&



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A must-read for just about any new and expecting moms I actually am a developmental play therapist, working mainly with children ages 3-6. Zachry, from OT school wrote this publication! I was searching for a good source that would give me some equipment to greatly help promote my baby's language/ cognitive, physical, and sociable development. I am so extremely grateful that I found this book- not only did it have exactly what I was looking for, it provided a huge amount of practical examples and also developmental reference charts, which serve as a nice reference and reminder. Very misleading When the cover was talking about "technology free" games, I was expecting something simple and yet innovative. At 3.Pros:- written by a Pediatric Occupational Therapist (this is very important to me since pediatric OT's focus on infant development)- readable, any medical/OT jargon is very well explained, even if you are not familiar with child development conditions- cites actual research- black and white images/ charts throughout-excellent and very practical, hands-about informationCons:-the only con I could think of, and it could not be a con for some, is that there have been certain elements of the publication that overlapped/were repetitive. For instance, there's a section on back sleeping and it emphasizes back again sleeping many different times throughout. Good inspiration Probably more information on what to avoid here than what to make and enhance the environment yet I liked the ideas that you need to not fill a baby's world with flashing lights and bouncing chairs, although with colicky twins I occasionally wish I had had a bit more bouncy chair help the first few months I later on saw other twin mums going to the physio for flat head problems therefore maybe it was a very important thing I was inspired not to give in to gadgets.In case you are expecting or a new mom, I HIGHLY recommend this reserve if you would like practical ways to engage and encourage proper advancement for your child. So, I have no idea that it is a con since back sleeping is actually incredibly important, but if it's information you are already aware of, it could feel repetitive. There are enough around because they get older.Locating the Active Learning Series and Arnwine's Starting Sensory Therapy actually have more guidelines on toys to create together for my, apparently perfectly regular, 16 month previous twins. Book was in very clean condition!Pros:Interesting remarks of baby developmental milestonesLots of guidance and activities to market the infant good development during the initial years of life. That is also a reserve that can save a new parent a TON of money since it gives good info on WHY your baby does not absolutely need every trendy baby item available.white pictures which appearance a bit cheap for a book in +10\$...I tried some activities with my baby quite often and tried to discover what she likes. She utilized to hate tummy time and today she can stick to her tummy for much longer time and feeling comfortable. There are SO many products geared to new parents (rock n has, baby swings, jumparoos) and she explains and gives evidence as to why overuse of these items can hinder baby development.5 month old she rolled for the very first time for tummy to back by herself! This publication is endorsed by the AAP, so it is backed by research.The right ideas to play with your baby even at birthCons :Some activities proposed are sometimes quite similar or repetitivelack of images to illustrate the experience or only in back&. The info is clear and clear to see The information is clear and easy to understand. Great baby shower celebration gift! I bought this book because We follow the authors blog page.. I just had a grandbaby and I provided this to my daughter. She informs me she is constantly looking up information in the book and really enjoys it. It really is printed under the American Pediatric Association's . Many thanks for all your tips! I am an occupational therapist and something of my professors, Dr. When I became pregnant, I started studying through to infant development because it was an area I was not as familiar with. Desire it was in an iBook format. I'll purchase this book for any expecting or fresh parents! Lots of neat ideas, and a very clean book Great ideas on how best to

approach all of the learning stages of baby. Great book for first-time parents I purchased this book thanks to reviews I browse online and We am not disappointed. great great . Today's parents/grandparents should go through this. It is easy to forget that kid play and learning can be so very much fun with simple, free of charge play playthings, like cardboard. Toddlers don't need electronic gadgets. This reserve gives great practical assistance. I bought it for my sister and brother in rules who expect their first child and they said they've learned so many practical and useful tips out of this book! She also discussed the dangers of the baby gear "trap" that so many parents are in. Helpful with lots of ideas for home made toys baby can enjoy. non-e of the was new. Essential reading Title says everything.. I always get great info from her site. six months ago and he thought that I'd enjoy the book My dad Paul Edwards gave me this book to learn because We had my first child 6 months back and he thought that I'd enjoy the book. He was correct because I did! Such a useful and educational book for brand-new parents! ... with lots of concepts for homemade toys baby can enjoy. That is now my "go to" baby shower celebration gift Great book filled up with useful tips and information on your baby's development! A few of the items are simply generally unsafe or may hinder normal infant development.. I understand how exactly to bounce my kid on my knee, thank you very much. It is printed beneath the American Pediatric Association's assortment of books which makes me feel comfortable in trusting the content. Five Stars My niece loves this



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