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# Vital Involvement in Old Age

*The Experience  
of Old Age in Our Time*

Erik H. Erikson

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PARTLY two, they discuss their interviews with twenty-nine octogenarians, on whom life background data has been gathered for over fifty years." The authors begin this work with their theory of life's stages through old age. Erikson's now-famous idea of the life span cycle delineates eight stages of psychological development by which each folks progresses. Component three is a debate of the life history of the protagonist in Ingmar Bergman's film *Wild Strawberries*. PARTLY four, "Later years in our society", the authors offer suggestions for "essential involvement. The last stage, old age, challenges the given individual to rework days gone by while remaining mixed up in present. Erikson is winner of the Pulitzer Prize and the National Book Award. Erik H.



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Continuing to comprehend Myself as I Keep on My Lifeline I am writing my entire life stories for family members and want to make sure truthfulness and perspective in relating experiences and perceptions on the way. In my career as a school counselor I was alert to the Erikson's life routine stages. My need now was to check out my life at age 71 and look back and see how each stage was constructed upon that which was experienced and accomplished in the last stages that resulted in where I was currently moment. This book is the answer to my inquiry and need for a base range for the aging--and hopefully, sage-ing. Well written with the basic tenets organized clearly and exemplified with interviews of several elders. Highly recommended for those thinking about on-going self-discovery and overview of one's own life since it continues on. remove the outdated sociological vocabulary about "informants," etc. Levels in a different view I used this book for section of my grasp thesis. and there are several useful nuggets for negotiating old age and leaving a good emotional legacy. This had very useful information regarding the stages in the perspective of the older adult.. Very useful for anticipating issues you're likely to have as you age Requires a bit of patience to take in the ideas--sometimes had to stop to soak up what I'd read.... Great! I used this book in my own dissertation and was happy with the direct approach. Excellent read Five Stars like VERY INFORMATIVE This book helps a person to comprehend the changes one undergoes in the different degrees of old age. It was recommended if you ask me by my psychologist.. and there are several helpful nuggets for negotiating later years and leaving a good emotional legacy Still is true today. I would recommend this for anyone that likes Erikson's phases. Five Stars Excellent studies and descriptions of contributors to effective vs unsuccessful aging. Excellent A required publication for just about any doctoral learner or graduate college student in the field of developmental psychology or related social sciences. Great!



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