

GERALD ROLIZ, CNC

THE PHARMACEUTICAL



LETTING FOOD BE YOUR MEDICINE
IS THE ANSWER FOR
PERFECT HEALTH

Gerald Roliz

The Pharmaceutical Myth: Letting Food be Your Medicine is the Answer for Perfect Health



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In order to address the underlying causes of any health challenge, we should take a deeper check out the history and software of effective whole-food nutrition. This book offers a clear look at behind the pharmaceutical smoke cigarettes and mirrors to reveal the true way to healthy living, free of disease. When we acknowledge meals as our best source of nutrition, we are able to regenerate organs, resolve symptoms and embrace an extended lasting health. It' Your wellbeing and the health of your family will never be the same.A drug-pushing pharmaceutical sales representative turned nutritionist goes on a trip to comprehend why prescription pharmaceuticals fail to meet our health and wellness expectations. That' s what The Pharmaceutical Myth reveals.s that simple.



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I also read another great book called *Over The Counter Natural Treatments* by Shane Ellison. His insights into organic whole food and plant based alternatives remind us of what our grandparents currently knew. Pharmaceuticals ought to be the exception not the rule. Way too many of us could be the poster kids for his book, blindly accepting what our doctors prescribe, without regard with their side affects. Not only is it extremely eye-opening, additionally it is well-written and very thoughtfully crafted..1 after another supplements.. Every once in a while, a publication comes along where it just oozes with the writer's enthusiasm and conviction. I've renewed wish that I can heal from the years of destruction completed to my body. Thank you for providing me that present.). He talks about scams and misleading information pharmaceutical companies provide people. The only negative review may be the initial one, which wouldn't shock me if it had been written by someone in the pharmaceutical sector to keep folks from buying the publication.. Bravo Greg for pulling back again the curtain and revealing the truth! Gerald Roliz educates us through his brilliantly written publication "The Pharmaceutical Myth" to make us aware our Western Doctors are not shopping for our best interest, how we need to be proactive and issue them, ask why we are being treated with particular drugs, and moreover will be the drugs necessary...he is on a objective to help change the existing paradigms of contemporary western society. Plagued by a gluttony of medication coupled with the starvation of real food, the United States is heading down the wrong program (btw, if we must specify when food can be "real" or not, we obviously have some deep fundamental problems with our current meals and education systems! I recommend this reserve! Our weight problems, diabetes, and other co-morbidities rates are through the roof, and all we continue steadily to do is deal with the outward symptoms, which clearly is not working.Gerald's book, regardless of the plethora of information and complexities across multiple industries, is actually quite simple: it seeks to enlighten us that we possess the capability to heal and live healthy lives.. Rep. He really goes into details about the pharmaceutical market and just why he got from it. this book opened my eyes to a lot more of the problems with medicine.I can only tell you that Gerald Roliz presents an accurate picture of thewhat occurs in clinics between the Rep. we are in need of medicine. Rep. visits. A Comprehensive Plan for True Health Mr. This reserve is strongly suggested..we still have invites to educational dinnersand samples...all in every I liked the book. In fact, that is something we know intuitively, so it's time for us to reawaken :) Truthful, factual Having been on the receiving end of the Pharm. He's an award winning scientist and a medicinal chemist who proved helpful for one of the world's largest pharmaceutical businesses. We Americans are currently in desperate need to have of a rude awakening.Gerald has greater than a message to mention. I value health, and when this book arrived I was curious because I am often seeking to improve and find out, especially on what I value. Currently our healthcare program does not concentrate on prevention, so Gerald courageously is displaying us how. The writer guides me to possess a complete understanding from the side ramifications of drugs to the benefits of detoxification, real food, and breast milk. For anyone thinking about nutrition this is essential read.. Roliz provides us an inside look at the pharmaceutical globe, but doesn't end there. Drawing on the research based research of Price, Pottenger, Lee, among others, he details a plan for true health insurance and healing through diet and lifestyle changes. The Pharmaceutical Myth is certainly a book I am recommending in my own nutritional practice. this book opened my eyes to a lot more of the .. Would recommend to anyone thinking about learning about the pharma industry Very eye opening.. actually tho' I understood a lot about this issue, I learned even more with this reserve. and the Provider...it isn't as aggressive today since it make use of to become, with hospitals, some clinics and Med Schools opting out from the Pharm. but we use it so very very much a lot more than we need. Very informative. It's time for the truth to come out about how we are getting poisoned by the medical industry. I highly recommend this book aswell, easy to read and follow. Very impressive... Very impressive! I applaud Gerald for recognizing a significant issue & most importantly taking actions to see us.I do miss the pens and note pads. Five Stars A must go through for all... Would recommend to anyone thinking about learning about the pharma market. Great starter read with a lot of information for additional research and exploration. Great read! I recommend this book to every individual, not only for individuals who value health, but those people who are taking medication and want to learn how to prevent their sickness, have more energy and ultimately lead a happier useful lifestyle. Very informative and incredibly enjoyable. Great read! Five Stars Great book A Book Everyone Needs To Read I found this book to become a real vision opener of details and recommend it highly. You can't seem to get it in bookstores. My library got

to get the publication from Alberta, Canada when I asked if they had it, therefore had the reserve sent from Canada. This is an incredible book. I highly recommend this book Gerald's book offers you a no holes barred view into the inner workings of conventional medicine and big pharma and the toxic character of so many commonly prescribed medications on the human body.. Open your brain! He tells you how to take care of your wellbeing in thirty days with 10 lifesaving supplements for under \$10. Which means you learn what product to take rather than a prescription. pitch. It is among the best books I browse. Everyone should read this to make informed decisions. Big Pharma Was a remarkable book. I recommend it for anyone who wants to have an understanding of the Pharmaceutical industry Inspired This book is quite insightful. First of all, it captures Gerald's story very well, highlighting his trip and motivations. I came across the personal tales added depth and clearness to his path. Secondly, the presentation is usually inspiring, as he not only informs the reader of the pitfalls of pharma medications and poor nourishment, but also provides tools to learn more and queries to question our doctors AND ourselves. As I read the book, I didn't want to put it down. When I completed reading the book, I found myself wanting to learn more. I recommend this book.



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