

The background features a large, light blue watermark of the NAR-ANON Family logo. The logo is circular with the words "NAR-ANON" at the top and "FAMILY" at the bottom. A large, stylized letter "A" is positioned to the right of the circle.

SHARING EXPERIENCE STRENGTH & HOPE

Nar-Anon FGH Inc

SESH - Sharing Experience, Strength, & Hope



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Nar-Anon members talk about their experience, strength and hope in writing. As a Twelve-Step Plan, you can expect our help by posting our experience, strength, and hope.s addiction.s addiction. The Nar-Anon Family Groups are a worldwide fellowship for those suffering from someone else' This daily reader carries the message of Nar-Anon recovery to those that suffer the consequences of another'



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Excellent book It has become my daily dose of encouragement. I often go back six months and read many days worthy of of writings. I recommend for anyone dealing with or affected by a loved one or friend's addiction. Very informative and supportive. Real-world experiences One of my favorite Alanon/Naranon books. This book rings most evident for me in that it offers a lot more than platitudes. Very straightforward and clear - and gives strong real-world first-hand experiences. Has gotten me through lots of sleepless nights. Five Stars This is a must-have for anybody dealing with this example. Five Stars Among the best books out there. Go through it each and every day---my daily "scripture" with out a religious affiliation. I would highly recommend this publication to anyone who is dealing with an . This book worth reading a full page every day whether or .. Or use the index and select pages by topic. This reserve using its daily readings assists family members of addicts work their 12 step recovery system. Learning that you didn't trigger it, you can't control it and you also can't cure it. I'd highly recommend this publication to anyone who is coping with an addict in recovery or not. Anytime I need to find inspiration, it's there I love having SESH on my phone and Kindle! Anytime, anywhere, when I need to read inspirational writings, they're right at hand. Recommend. Also can be utilized as a topic of conversation in Nar-Anon meetings. Five Stars Excellent daily readings. Addiction is a family group disease! Simply missing the appendix that is in This book worth reading a full page every day whether there are drugs troubling you or anyone in your life. Enjoy reading Supportive readings to start out your morning. I could relate to alot of the readings. I am pleased to have discovered this book. Great Book very satisfied Great Book very satisfied Great download. Extremely helpful This book is an encouragement and an eye opener for the individual that has to deal with an addict on a daily basis... Great download. Simply missing the appendix that is in the paperback.



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