

Tongue-tie:

breastfeeding and beyond



**A parents' guide to diagnosis,
division and aftercare**

Catherine Horsfall

Tongue tie: breastfeeding and beyond. A parents' guide to diagnosis, division and aftercare.



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Discovering your baby has a tongue tie can be a very demanding, emotional, and painful experience, especially if they are struggling to breastfeed. Whilst there is details available on the internet, searching for it is very frustrating. Tongue Tie: Breastfeeding and Beyond brings it all together in a single location making it available to parents, aiding assured decision making and marketing educated choice. Topics covered in this 17-chapter guideline to tongue tie include: identifying a potential tongue tie, getting a formal analysis, feeding while you wait for division, what to expect when you go for division, feeding after division, aftercare, planning the next baby and coming to terms with what happened. References to first literature and research are included. Irrespective of where you are on the planet tongue tie could be equally distressing. Which means that it is normally derived from scientific papers published in reputable Journals. It also covers tongue tie in the bottle fed baby, and in toddlers and older children. Wherever possible the information included in this book is evidence based. This book talks about treatment options and includes references and suggestions that apply wherever you live.



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I have already recommended this reserve "Tongue tie: breastfeeding and beyond. I wish this have been around 6 years back.. A parents' guide to analysis, division and aftercare. Updated, well referenced and easy to read parents who are struggling with or need more information on tongue-tie will see this book by Catherine Horsfall incredibly helpful. From merely understanding what tongue-tie is to how to come across a knowledgeable care provider (not necessarily easy to perform!) she walks parents through this frequently frustrating situation quite properly. As an IBCLC I recommend this. Generally, there are simple solutions; It's full of information that is helpful to the professional as well! If you are struggling with tongue-tie and aren't sure what to do, or what information to trust (since you can find so many opinions on this topic) browse this book. The straight forward, no nonsense approach can help you even more than imaginable. Five Stars good one for practice

Thorough, up-to-date and genuine personal perspective Tongue tie: breastfeeding and beyond. As an International Board Certified Lactation Consultant (IBCLC) in private practice who works with many families whose infants have tongue-tie, so when a mother of a tongue-tied child (cause I am an IBCLC) I have to say this book rocks !. can be an up-to-the-minute lead, skilfully executed by a person who knows the topic from the within, as a parent of kids with tongue tie. Excellent, affordable reference for parents If you suspect your baby includes a tongue-tie, or it's been diagnosed, this is an unbelievable collection of information on the subject.! A parents' guidebook to analysis, division and aftercare" to parents and professionals alike. however, greater and more recent understanding of tongue tie and its own associated issues, still must be fostered and motivated amongst healthcare professionals around the world, as the current state of evaluation and care is frequently greatly lacking. Mums want more help, which subject must be out there, thanks a lot Catherine Horsfall for a gem of a book! As a mother or father of children with this problem and a peer breastfeeding supporter, I thoroughly enjoyed discovering this excellent guide and strongly recommend it. Great for parents! Along the way, she provides us tips, useful avenues of investigation and possible solutions, which are unfortunately, still not well known enough.. I could not breastfeed my eldest, I was in so much discomfort, she cannot latch, I was in agony, I now know that she had lip and a posterior tongue tie. I ended up pumping for 6 months for her. All of my kids have ties, as do I! This book is great, it really is fully evidenced so that you can trust the details, and in addition pass it to your doctor to greatly help educate them about ties. As a sleep deprived mum of three, this book speaks to me, and knowing that the author in addition has been on the trip with her kids also makes an enormous difference. Catherine's book assists parents to fill in some of the gaps which exist in the data base and really should help many more parents get the answers to the questions and issues that they encounter with tongue tied infants and

children.!Catherine Horsfall breaks down this common (although usually misunderstood) problem in kids and infants, into manageable, digestible parts, and assists parents find the necessary answers to the many questions that people have.



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