

Handbook for Raising Black Children

A Comprehensive Holistic Guide

For
Parenting Skills and Problems
Controlling Teenagers
Healthy Diets, Snacks, Menus and Recipes
Behavior and Learning Problems
Growth and Development
African Centered Education
Personality and Emotional Issues
Discipline
Children's Diseases and Natural Remedies
What To Do When All Else Fails

**HANDBOOK FOR RAISING BLACK
CHILDREN**

Llaila Okeke Afrika

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Contains chapters on Parenting, Problems, Procedures, Solutions, Behavior, Learning, Growth and Development, Diet plan, Cultural Focus, Personality and Emotions, Discipline, Kids s Diseases and Natural Remedies and Quality recipes for a more powerful and healthy bodiesA In depth Guide for raising Dark children from baby to adults.



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The book was extremely interesting and true from my experience coming up as a child. And if your of Afrikan decent this is a good book to aid you from the eurocentric way of raising our kids.! I didn't have much luck with the recipes though. I have nearly all his books, greatest education I have ever received in research, nutrition, and child development. the truth. Haven't actually had the opportunity to get into it yet, but the little that I didread I believe its a good book, and will help me personally in rearing up my children.. This book is def a must for just about any parent,new or expecting or in the event that you already have children alot of insight. Good tips Good tips Afrika is like non-e other Dr..material is large but so is proper child rearing. Where else can you find a book such as this? This book helped me to observe where I was on focus on and where I dropped the ball. This discusses every subject from healthy diet to dealing with tantrums. great Was bought for my supervisor, great book Five Stars Perfect!! So this book is a great help. Great Book for Parents This book is crucial have for parents who value the parenting process. If you are just having a kid to possess baby. You almost certainly needed this publication before you have pregnant. I wish I had something similar to this years ago.! Easy to read and understand. Very Good!! That's why to me it's such a great book.!! I've bathroom trained my additional children, but these last two are more challenging because I'm so busy and in addition very tired lately. I could relate to what he is talking and teaching going to improve black children's life developing up in a society that had not been meant to concentrate on them.... Awesome!Truly a handbook I'm using this right now to bathroom train my two youngest. Loving this BookShout Out to Brother Llaila Afrika however the little that I did so read I really believe its an excellent book, and can help me personally in rearing up . Excellent book must read for those with a holistic African worldview wanting to increase conscience African children. Afrika is similar to none other. Very informative. Not what I was expecting. I wanted ... Not really what I was expecting. I was looking for advice for young males from 10-12 and the age group was simply passed over.



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