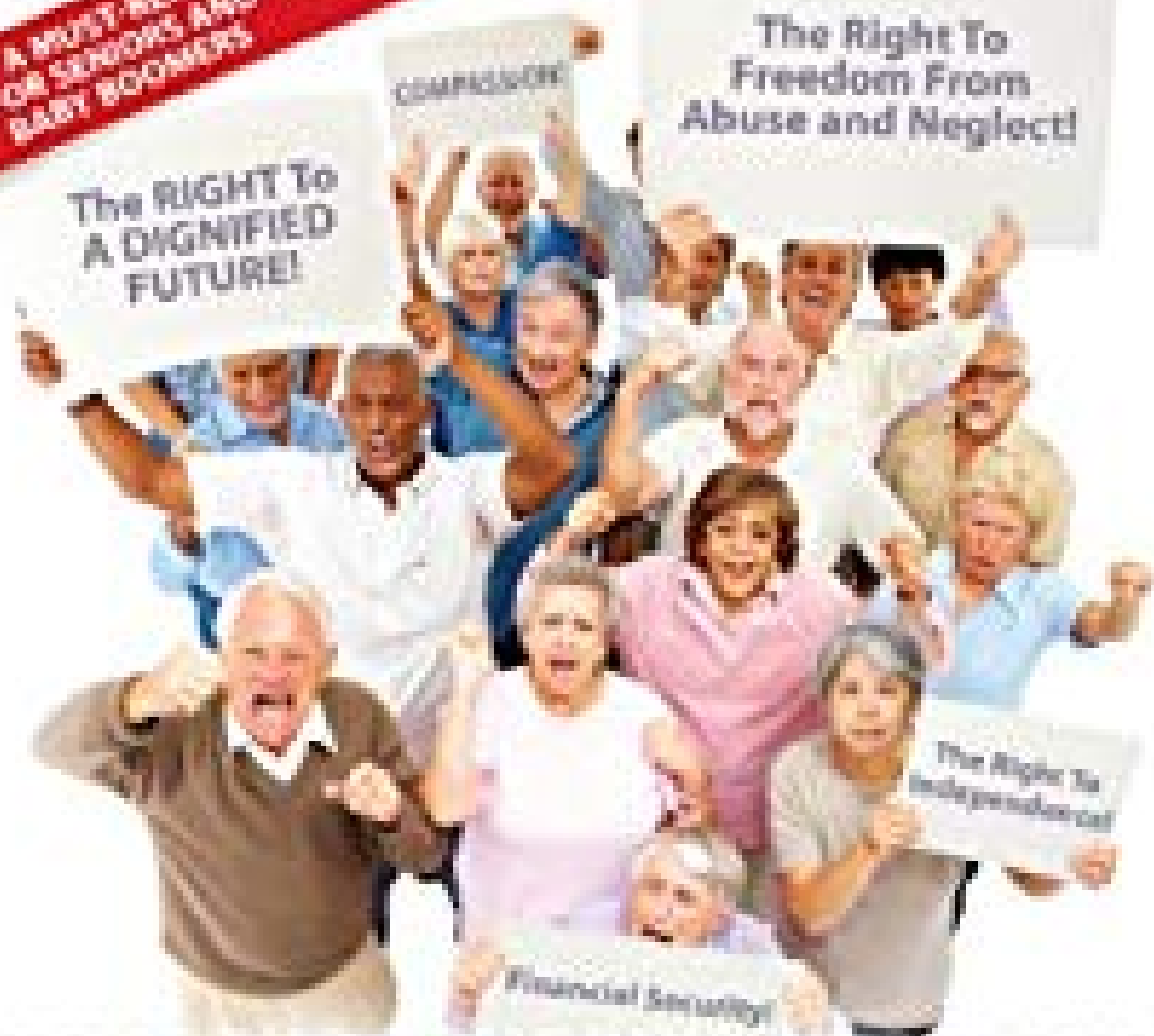


**A MUST-READ  
FOR SENIORS AND  
BABY BOOMERS**

**The RIGHT To  
A DIGNIFIED  
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**COMPASSION**

**The Right To  
Freedom From  
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# **TAKE THAT NURSING HOME AND SHOVE IT!**

**JOIN THE  
REVOLUTION!**

**How to Secure an Independent  
Future for Yourself and Your Loved Ones**

**SUSAN B. GEFFEN**

**Gerontologist, Elder Law Attorney**

Susan B. Geffen

# TAKE THAT NURSING HOME AND SHOVE IT!: How To Secure An Independent Future For Yourself And Your Loved Ones



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We need a road map to show us how to proceed to make the correct decisions for ourselves and our loved ones so we don't end up in a nursing home. Everyone knows that aging isn't easy. This book is your guideline for all you need to know to age successfully in the US. Medicare, Medi-Cal or Medicaid, Veterans Aid and Attendance Benefits, home care, assisted living, Alzheimer's, and much more. Without this information, our mothers, fathers, aunts, uncles, grandparents and close friends are destined to live their final days in institutional treatment custody. Geffen's insightful witty, readable publication explains how producing the right choices when we have the capability and knowing what options are available, can mean the difference between having a lovely future and being in the " by learning how to evaluate the home environment, your physical needs or the requirements of a enjoyed one-be in a position to weigh several options of look after loved ones-understand what authorities benefits for older people are, what they cover, and what they don't really cover which means you don't make uninformed decisions-understand recognize that there are many ways to pay for elder care, but that Medicare isn't among those ways-no much longer be susceptible to physical or financial abuse-be motivated to consider charge of your own future and our collective futures because so long as we are alive, we have a future Using real life good examples, Susan B. age in place" After scanning this book you will:-understand how exactly to " of institutional care.



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Every Elderly Person Should Read This! Wonderful guide in avoiding Nursing Homes, and Assisted Living! I read the entire book in two days and came away with a far greater knowledge of the "program" I would be dealing with because the primary person responsible for decision making. a straightforward read!. This book has been a life saver for me personally. After reading it, and discovering that her children don't have total control of her, my sister has made a decision to move back east and live with me. It discusses the hard choices that a person and/or their family must make as one ages. I also bought the kindle version for myself. That was four months ago. This has been the very best resource to steer me in producing the best choices concerning healthcare, rehab, and competent nursing decisions. The publication is written in a very clear and concise style that reads possible for the lay person. In this four month trip, Susan offers been the only real professional I can depend on to provide me advice and information that is correct and in the best curiosity of my relative. The reserve is full of helpful information and funny, as well. Since reading the publication, I have gone back again to the list of resources and appendices many times to get information as new issues come up as I navigate through the world of Medicare and experienced nursing. Susan is able to translate the complicated wording that proliferates in Medicare, medical center, and insurance records into simple and clear vocabulary that spells out what rights and services the elderly person is entitled to. I would recommend this publication to anyone who must understand the healthcare program our elderly relatives (and ourselves) will ultimately be navigating through one way or another. Very well written." A personal guidebook to be Secure and Independent - long as possible Susan spoke at a firm I function for and learned about her book. I hope she's going to upgrade it every couple years. It certainly helped us understand all of the gobbledygook that the assisted living facilities have been throwing at us rapidly and in doublespeak. Thoughtfully written from a compassionate perspective. Great reference. I'm reading it at this time and it's a really good publication to have go through and also have on hand. My 95 year outdated Mom is beginning to have significantly more difficulty living in the home, so I turned to this phenomenal book for advice. She's a you tube channel you might want to follow. This book is filled with information useful to seniors This book is full of information beneficial to seniors, families and caregivers. JUST OK The book doesn't provide a lot of ideas as to how to really make this happen (staying from the system) Love the concept A bit repetitive with less info I was hoping for. While better than lots of books on this topic While better than lots of books on this topic, the author doesn't go nearly considerably enough into supporting people understand real estate care options, and at least a few of her advice seems to be "don't become disabled to begin with". I thought I understood all the options (I didn't) You can find sections on "ageing set up" - evaluating your home and your must be able to stay static in your own home and where to find appropriate caregivers. Geffen describes facilities that house old adults which are a better option to assisted living facilities. It points out both the positives and negatives of decisions that impact one's old age. My daughter said, "Mother, I couldn't place it down! Excellent resource! This is a must have reserve for everyone concerning extended life for family or personal preparing. The purchase price is a discount for all the work she placed into it. I will always have it as an individual guide. Looking at the Table of Contents you will find everything like tips about when and how to begin taking Social Security. That's hardly useful. If you want to find out the fundamentals of these programs and institutions you might start with this book. A fantastic look at issues regarding aging This book is great. Required Reading For All I ordered this publication from Amazon in October when an elderly relative had a significant stroke and was hospitalized. I gave copies to my child, my step-daughter and step-child, and my buddy for the holidays. I'd recommend it to both young and old. Young people want to know what to expect, both for themselves and any maturing family members. Of course the elderly need to know what options are available to them. I am a senior, and once I started scanning this publication I couldn't place it down. Love the idea, though, and buy into the premise. Excellent resource about elder care!!! Terrific extensive elder care resource. Now that we understand the system, it really is helping us to make a great decision WITH my Mother as to whether she

wants to move to an assisted living community or whether some accommodations to her current circumstance would be better. Very well written. An extremely comprehensive book which covers . I sent it to my sister who provides MCI and was bullied into an assisted living home by her kids and she hates it!. This book will probably be worth every penny and more. A very comprehensive book which addresses all aspects of this subject perfectly.. The right but basic information. mostly information I know about nursing homes, assisted living, medicare and Medicaid. Still, you would be hard pressed to locate a better guideline the nutty American longterm care system. The tales of individuals affected by these things can be quite sad.



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