



Sensory Parenting

The Elementary Years

SCHOOL YEARS ARE EASIER WHEN
YOUR CHILD'S SENSES ARE HAPPY!

BRITT COLLINS, MS, OTR
and JACKIE LINDER OLSON

Britt Collins

Sensory Parenting - The Elementary Years: School Years Are Easier when Your Child's Senses Are Happy!



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All of us experienced a sensory issue at one time or another. Probably it's your neighbor's pet dog barking that bothers you or you can't outgrow auditory processing problems or tactile defensiveness without addressing the child. Does it make you crazy to have a hat on your head? Unable to sit still in class because his shirt tag is bothering him. What if you can make parenting much easier and more fun by taking your child? They are common issues that as adults we adjust to or prevent without providing them with a second thought. What about your children's sensory sensitivities? It has to be around throngs of people? Senses into consideration? Imagine the possibilities because you can! Who knew that our sensory systems affect every aspect of our lives? We've made it easy and fun and will help you avoid plenty of unnecessary battles between you as well as your child. Maybe a child isn't. Do you steer clear of the mall at peak purchasing times which means you don't? Or a kid isn't? We all do now. Maybe your child isn't here to help every stage of the way! Maybe his sensory system requires some special guidance and adjusting. And with so much technology and options of games out there, which ones are beneficial for your children to perform? We're not fighting your child's. We've carried out our function, now it's an occupational therapist and mother or father team – have organized and combined parenting info along with sensory integration methods, ideas and solutions. We, OTR/L and Jackie Linder-Olson – it's your turn! We's sensory system affects their ability to learn, play, socialize and function. It's needs. A child's not able to play with other children because his stability is off and other kids make him feel unstable and dizzy. Beginning with age five, Britt and Jackie walk parents through everyday circumstances and duties completely your child's bad behaviors and the often simple fixes (sometimes not easy, but guidelines that may lead you towards success). They explain the underlying reasons beneath your child's elementary years. Parenting could be less nerve-racking when you, Britt Collins, M.S. sensory systems. A child gained't stand the consistency of cottage cheese. It's amazing how quickly our kids adapt and the little adjustments that may make our days smoother. Working jointly, you will find that parenting could be more enjoyable in the event that you address or avoid specific sensory situations or prepare for them accordingly. We're not only a picky eater –



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This book has been an excellent recourse for not merely myself This book was tremendously helpful. We are presently living over seas with no SPED programs to help my ladies. This reserve has been a fantastic recourse for not merely myself, but the teachers working with my girls. I bought all books I possibly could find on the subject. Plenty of new info My son was diagnosed with SPD just over this past year. I am very pleased and grateful because of this book! Apparently I missed one. It is less technical and more every day problems. Sensory Parenting has offering me even more practical info than the additional books that I have. Somehow, this time around, their voices are more harmonious and the switching between Britt and Jackie's point of view is far less jarring. Very informative I am pretty versed in sensory processing issues. I have no idea if these are new remedies but non-e of the OTs which have seen my child had suggested them until I stated reading about it in this reserve. I haven't finished the reserve, quite frankly I don't want it to be done, as that means no more great suggestions. A Great Resource for Parents and OTs Sensory Parenting: The Elementary Years is a sequel of sorts to Sensory Parenting: Newborns to Toddlers. If you ask me it feels like a much more accomplished book - perhaps though, it's basically the fact that one is far more relevant to my current circumstance. The reserve also lists developmental milestones and discusses techniques you can extend your son or daughter's social repertoire. Just like the first book, that is a collaboration between a mother (Jackie) and a paediatric occupational therapist (Britt). That is a book for someone that currently knows a little bit about SPD but requirements ideas on different treatments both in the home and clinical. Of course, if you are an OT, then a copy is pretty much mandatory reading. The introductory chapters cover the senses, going well beyond the five established ones; I feel armed with info and want to use it asap. Like its predecessor, the book focuses on acquiring ways around your son or daughter's sensitivities and it's designed for parents of children with a variety of complications, including however, not limited to, Sensory Processing Disorder (SPD), the Autism spectrum generally and Attention-Deficit Hyperactive Disorder (ADHD). It addresses developmental milestones and public skills. Additionally, there are "OT tips" and "mother tips" scattered through the entire book. The middle portion of the book delves into specific sensory situations at home, at school, on holidays and in the world most importantly, with a chapter on each main area. Filled with practical sensory information and tips for parents! The previous few chapters cover sensory games, activities and therapies which you can use to desensitize and habituate your son or daughter. The reserve closes with useful appendices which contain relevant materials from the first publication on the usage of domestic pets as support pets and on coping with meals sensitivity in your son or daughter. What an awesome sensory book for parents! Both authors have got a lot of good materials and the book is definitely a breeze to read. I have learned about Social Skills classes (not the same as manners) about iLs (form of music therapy) and much more. I also would have treasured a section on disciplining teenagers with sensory processing. There are several great ideas right here and I believe this is perfect for parents who are not used to sensory processing details. As somebody who already knows quite a bit, I gleaned a few new suggestions to try with my 9 year previous. But admittedly, the book ended too soon for me. I needed to know/learn MORE. I came across this publication to be at an excellent level for parents, not as well scientific at all. We've trouble with this region. Everything is quite well labelled and useful headers simply leap out at you. Overall this is a fantastic publication which I'd recommend to a person with sensory kids in elementary school. This book covers just about every facet of parenting a sensory kiddo, from daily activities to college to going to learning great sensory actions. The book is easy to read, with occasions of humor and fun to keep carefully the reader interested and motivated about parenting a kid with sensory

desires and challenges. I recommend this book! a thorough consider the subject The book begins with a chapter on "The Great Sensory Parent Detective" which gives parents a list and types of what forms of sensory issues to be looking. The list was very helpful. It then switches into the sensory systems and some common misconceptions are solved. I highlighted web pages to speak to my pediatrician about and additional pages to talk to my child's instructor. sight, smell, taste, contact and hearing to add vestibular (balance), proprioception (body awareness) and interoception (internals).The book also includes insightful and relevant paragraphs from other experts in the field including interviews with various specialist OTs to go over the range and use of their therapies. I utilized to be worried about letting my children play video gaming, but this book helped me discover the advantages of those types of games sometimes, furthermore to how board games and play generally is essential.I felt like We learned a lot about my very own sensory needs along with my childs. We will be better prepared for the holidays this year too now. Very beneficial book.



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