

Discover the Key to Healthier Hair in 21 Days

The **5** Hair Archetypes

Your Guide to Growing Long Hair

Includes the
hair archetype quiz,
breakage solution
chart, photo style
guide, and
much more...

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Sharifa Barnett

The 5 Hair Archetypes: Your Guide to Growing Long Hair



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The publication shares anecdotal tales of real women and Sharifa' It is possible to take The 5 Locks Archetypes Quiz to identify your present archetype. In The 5 Hair Archetypes, Sharifa Barnett details the innovative model for understanding your hair predicated on your present routine.s own experience seeing that that archetype. The hair archetypes, or locks personalities, categorize women predicated on their hair habits, and help to identify the strengths and weaknesses within their approach. Sharifa dispels the most typical hair myths and difficulties you to reconsider your explanations for not having the locks of your dreams. This book also provides practical information for building a regimen that may yield results in 21 days, including: Suggested regimen for every archetype, The 5 Hair Archetypes takes a comprehensive, systematic method of hair care that may teach you how to reach your hair goals. Helpful information about properly using extensions to retain duration, and much more! Discussion on common locks problems and simple solutions,



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