

INTEGRATIVE PEDIATRICS FOR PARENTS

Holistic Ways of Raising a Healthy Child



Marina Yam, M.D.
Whole Child - Whole Story

Marina Yam

Integrative Pediatrics for Parents



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At this vital and amazing intersection of psychology and pediatrics lies integrative (also referred to as holistic) medicine. Instead, I will show you how exactly to look for its source, because understanding and removing the foundation of the issue is almost always more essential than treating the indicator alone. I'll find how to get rid of a headache. I'll describe cases from my clinical practice that present how a child's brain, body, and soul are linked, and how critical it is to go beyond treating symptoms also to use a holistic strategy. In this book you gained'



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What makes Dr. This is a great and interesting book. It includes several short tales about children, parents, and the issues they will have and how these were solved. Marina Yam is a great person and exceptional pediatrician, who searches for the supply of the disease. Before she prescribes any medicine, she tries to understand the proceedings with the kid and what may cause the problem. On top of that, it is a straightforward read. I always said I wished more people could benefit from my kids doctor and today they can through her book. The situations studying are fascinating and make the book even more valuable and reliable. Reading this book is like talking to a dream pediatrician - the main one who listens and talks to you, who thoroughly analyzes circumstances and solves problems predicated on thorough understanding of research and abundant experience. It's very educational and at the same time isn't nagging or preaching. I couldn't put it down in anyhow. My son is a patient of Dr. I really believe that anyone who read it can take something away from it whether they have problems with their kids or not. Yam who is an extremely accomplished pediatrician with great knowledge and experience. I recommend reading this book. Great read If you have kids, you should read this. Extremely down-to-earth. Ms Yam has a lot of good sense and also medical expertise. Wonderful open book on the subject of parenting and doctors insights Wonderful clear book compiled by kids doctor who not merely provides her insights to numerous of the childhood illnesses that small children and babies have but talks about health from a approach that considers their environment, family and real life. Dr Yam does this all with humor and an obvious warmth and love for the families she manages . My kids contact her Dr Teach for the wonderful train she's in her office that they can change on which makes crying after shots go away very quickly. It is an enlightening and wise book! Great book from an excellent pediatrician Our kids are sufferers of Dr. Yam, so from one side my review is certainly a little bit biased. As a mom, I've always had many queries concerning children's wellness, education, and behavior problems; :) Actually I didn't plan to read this publication but then I appreciated Dr. Not only it is written in a good story telling fashion, but also it speaks to the mother or father in a different way. Yam your kids' doctor. Excellent book! Yam's blog page since it gave me a fresh and different perspective on many problems. An enlightening and smart book! Yam so unique in her strategy is that she does not treat symptoms. No, she treats a person in a child, because behind many problems you can find real person deep conditions that connect the kid to parents/school/life/environment and her approach is actually unique, what she phone calls integrated. Delightful reading! Great book from a great pediatrician. Educational and useful, it is so well-written which you cannot put it down. So, I downloaded the book and flipped thru the pages. If you happen to live elsewhere - give this reserve to your personal pediatrician. Great book! And instantly the book totally engaged me. In the event that you reside in the Bay Region - make Dr. The book is an easy and fun to learn. The life span stories capture your attention and the concluding messages are clear and intelligent. Well, it really is such indeed. Great reading It was an excellent pleasure to read this entertaining and, simultaneously, very informative book. I actually couldn't put the reserve down. But the fact that all our kids are her sufferers for many years now makes its point, does it not? this book not merely gives me answers for most of the questions, but also makes me appear at some complications from another perspective and also stimulate me to accomplish an additional research to study some problems much deeper. I definitely recommend this book for all parents.



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