

## Amy Spangler

## Breastfeeding: A Parent's Guide, Ninth Edition



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Detailed drawings, clear guidelines, and helpful advice make this the breastfeeding publication parents refer to over and over again. Friendly, personal, and honest, Breastfeeding, A Parent's Information separates breastfeeding information from myths. It answers the queries frequently asked about breastfeeding and discusses the realities of breastfeeding for today's parents. A practical step-by-step information for today's parents--parents who wonder if breastfeeding will work within their busy lives.



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easy read I browse this before my child came. It had the right information and it was easy to examine. I always like to know very well what is heading on, so I enjoyed scanning this before he arrived. Thanks, Amy!. They had tons of tricks and tips to help him latch. Straightforward book on how to breastfeed. The addition of illustrations was a big assist in understanding how to nurse baby properly. The Very Best Breastfeeding Reserve for New Parents I actually am an RN and CLC as well as the mother of 3 breastfeed children. I've go through many books on breastfeeding designed for brand-new parents, and Amy Spangler's reserve is the greatest one I have found.. It is not packed with medical jargon or specialized information - all the things that cause mothersto-end up being to fear breatsfeeding. Easy read and you can fundamentally skim through it and get what you need to refer back to whenever. The practical info Amy shares in this publication is in such a mild and encouraging tone.. Gets a little bit "touchy feely" at times but overall an excellent reference. Not only did I personally grab this book during my years as a nursing mother, but I show breastfeeding classes and I talk about this book with every family members I use. Thank you, Amy! Best book on breastfeeding ever! I REALLY LIKE this book.. It is easy to read and has all the information a family needs to understand breastfeeding.read it before you deliver and take it to a healthcare facility. This book covers precisely what you need for breastfeeding without going into far fetched, rare complications.. I had some problems with breasts feeding, but I found the nurses at the hospital my biggest resource.that's when you'll need a lactation consultant anyway. Plus, there is absolutely no overkill or needless details. Spangler nailed it with this publication. My son and I remain breastfeeding 7 months later, no problems. It is the only one you'll need.. The chapters are concise and complete--something a mother up at 2am with queries and a screaming newborn wants. I must admit that once my boy was born, I didn't open up it again. Recommended I picked this up on a recommendation even though I haven't place the information to use yet; I've read through the reserve and think it'll be very helpful. I also like the earlier edition of this:) Five Stars Very great publication for expecting mothers. Plus, this is the book that was passed out during my hospital-sponsored breastfeeding course, which I take as a good sign. Helpful This book offers tips and insights in every areas of nursing. I have used it constantly while nursing my son.. The drawings had been very helpful in racking your brains on how to position the infant; the chapter for fathers provided a thorough explaination about their component in the breastfeeding relationship; and the chapters on milk expression and storage space give exact information that a busy mom must read. The fantastic part about the publication is that if you only have time to read what you need, you could find it quickly and get the info. It's a publication that I couldn't have done without. Awesome Information and Reference Reserve for Breastfeeding This is actually the best reference book for just about any nursing mom. So ultimately, it's not a bad read but real one-on-one discussions with a lactation consultant or nurse is certainly all you need. easy read answers all of your questions and issues about breastfeeding. There are too many overly specialized and lengthy winded texts available that leave the reader feeling overwhelmed simply by the thought of nursing. You can find pictures and little guidelines aswell. Breastfeeding: A Parent's Instruction is an empowering book, written from the approach that each mom can effectively nurse her baby. I also took a breast feeding class at a healthcare facility and I found this more beneficial than the book. Gets a little bit "touchy feely" at times but overall an excellent reference. Five Stars Good read to get more info. I really like it for precisely what it is not.. Great breastfeeding source for Mom's This is a straightforward, well written book that presents important info for breastfeeding mothers. It really is full of ideas and guidlines on, what I visualize, is everything possible related to breastfeeding. I also love the earlier edition of this Must have for Mothers. I've given it to several



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