

# Joel Salatin

*The Husband of the Nation's Best Cooks*



*Folks,*  
this ain't  
*normal*

*A Farmer's Advice for  
Happier Farms, Healthier People,  
and a Better World*

Joel Salatin

Folks, This Ain't Normal: A Farmer's Advice for Happier Hens, Healthier People, and a Better World



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From farmer Joel Salatin's point of view, life in the 21st century just ain't normal. >Salatin, hailed simply by the New York Times as "Virginia's most multifaceted agrarian since Thomas Jefferson [and] the high priest of the pasture", and profiled in the Academy Award-nominated documentary Meals, Inc. Salatin provides many thoughts on what regular is and shares practical and philosophical tips for changing our lives in small techniques have big impacts. Right here, he discusses how far removed we are from the simple, sustainable joy that comes from living close to the land and individuals we love. And his message doesn't quit there. and the best-selling reserve The Omnivore's Dilemma, understands what food should be: wholesome, seasonal, raised naturally, procured locally, ready lovingly, and eaten with a profound reverence for the circle of life. From child-rearing to creating quality family time, to respecting the environment, Salatin writes with a wicked love of life and true storyteller's knack for the revealing anecdote. Salatin's crucial message and distinctive tone of voice - practical, provocative, scientific, and down-home philosophical in equivalent measure - makes People, This Ain't Normal a must-listen book.



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Through great tales and a lot of information, writer Joel Salatin invites you on a trip to rediscover the roots of America. He will do a great work of selling this process to self-sufficiency and community balance. This is a story (type of) about a man and what he has manufactured from his and his family's life. Is he lying or simply therefore hateful of Obama that he can't think straight? Overall interesting while providing a message. Writing is good. It's obvious he's not a professional writer. It really is almost like sitting in a TED Chat as you read. After that towards the finish of the book so much lunatic arrived that I got to start out questioning whether everything in leading of the book was fantasy too. I really like the things to accomplish lists at the end of every chapter. There were several side tales about how things were and about personal interactions. Being healthful and getting one with the surroundings. It wasn't just him, but this reserve has helped me get outside. Three raised backyard beds later, I'm improving my very own little yard, spending time with my kids outside and being much more healthy. The author, Joel Salatin, is very innovative, articulate, and puts a lot of material in his books. He also includes some great excerpts from Benjamin Franklin and Thomas Jefferson.!! Absolutely brilliant book approximately the "ways things outta be". This book may move you to an improved life I'd like Joe's life! This is not a "let's go back to the way factors used to be" reserve. I actually knew of Joel from several articles I'd read on NATURE News and from several documentaries---but a recent recommendation to get a few of his books was an excellent recommendation. Great book, but I haven't finished it yet. Which could function if we had been all equal, but we're not really. Salatin will cause you to rethink our industrial food market, among a great many other items. It's incredibly important for everyone to know where their food comes from and what "is practical". You will be inspired as well. Thank you to the author for pouring his heart and soul into such a great work. I'm old plenty of to remember numerous times when a free-market-loving market is confronted with upstart competition that it runs to its well-paid politicians for safety and relief. I must admit that, so far as I'm concerned, he's preaching to the choir. Yet, there are many things about the reserve that bother me, especially a conflict between your principles of the 1st half and the next. He talks about the conflict between the industrial food makers and the "little man. It is more about a philosophy of self-sufficiency and using character rather than battling it. I am very happy I did. Essentially, the author contrasts the way meals is raised on a "traditional" but well handled nature-embracing farm and the way food is produced in the industrial approach to raising vegetables and meats. Needless to say, he illustrates the horror and harmful outcomes of the latter. We(my wife and I) want to develop and learn a growing number of about permaculture type ideals and sustainability--yet we feel alone in the dark with no real community. On the way he illustrates how the farm life, lived his way, creates emotional power and satisfaction for the farmer and creates children who are content, confident, realistic and accountable. EASILY had read this publication in college, I would have gone this path. Really enables you to rethink very much of your daily life and how selfish we have been to simply take the easy method and let others think, and offer for us. He's big on pasturing both cattle and hogs (and having hens follow them around). Actually the hogs go rooting in the forest, to the forest's benefit. I believe all of this, but I be worried about the possible downside -- parasites. So I quickly started wondering about his rants about trucking, butchering, environmental regulations. I have to believe parasites certainly are a problem when the meat producing livestock simply wander through nature. On the other hand, industrial meat (and vegetables) may be free of charge of parasites, but they create a amount of anti-biotic resistant mutant microbes and viruses, not forgetting the steroids and additional unnatural chemicals we consume. Just an apart - He thinks our politicians and judges should arrive more from the normal people and not the lawyer

class. This is simply not a book about how exactly to do farming, even though attentive reader would pick up many good points." There he reveals that he isn't all that little. He would seem to be relatively rich from his writings. His home farm is usually 550 acres and he rents several others. He wants to sell his produce all over. I believed he was on shaky floor talking about local food in accordance with the concept of having the ability to move food over very long distances. He wants to be considered a mini-industrialist. This bothered me. It certainly shook up what I thought about where my food originates from, but not that. He appears shocked to understand that the regulations are not so much to safeguard the consumer (despite support from "consumer advocacy" groups), but instead to protect the big producers from competition. I'm not shocked. Wonderful, Scary, Inconsistent This is a wonderful book, filled up with interesting knowledge and a philosophy of how food should be grown. This is nothing fresh. But, it is bad. Of course the shock of actually going to free marketplaces is normally something no politician wants to discover. He makes a good point about checking out new regulatory schemes on a small limited scale to see the real effect before rolling them out to cover everyone. I get it. However, I think he, like Milton Freeman, embraces the free marketplace concept but is quite naïve about how one gets rid of the bad actors. Accurate, in small areas of society where everyone understands everyone else the term will get around and the bad actors decimated." My just complaint about the book is certainly that it leaves me feeling that sense of disappointment with the position quo, and with very little way to fix things. He thinks one answer is that we all simply have contractual relations with no limitations on what we can consent to. Mr. Amusingly, he unquestionably hates lawyers once and for all reasons (and I am a recovering lawyer), however in this land of free contracts he would have things done by "arbitration. Essential read. Now, after this bucolic picture of farm existence revealed in the initial half, the author gets to another area. Actually, we i did so that. My first regulation case was before a nonlawyer judge, the last one in Missouri. He was terrific, although I dropped the case. Also, Harry Truman was a non-lawyer judge before going on to bigger stuff. I'm not really suggesting the writer or the book held from me. BUY THIS BOOK Right now!! We should all meditate on these.! Therefore, despite my quibbles I give this 5 stars. Some of the info was a bit above me, but nonetheless enlightening. We don't have time to write an enormous review, but I'm about 3 chapters in and loving this book. Up to date scientific data and research provide rich evaluation of the best of right now and yesteryear farming procedures. Joel Salatin has fundamentally writing just what I've been figuring out for the last couple of years by myself without my even knowing of him. The issue is, how to get more on board so we don't feel so lonely heading towards even more sustainable lifestyles? Basically, where are you other folks? He also makes exceptional points regarding the true costs of our over-subsidized industrial agriculture - particularly regarding energy consumption. So I pretty much enjoyed the early parts of the book where he made sensible arguments about land management and the vitamins and minerals of his crops. Folks this is a must read! Folks this is an excellent book! My only problem with some of his strategies is a health worry. Salatin does it once again! Yet another must read in his harmful and enlightening repertoire. If you value your food, your family, your future, this reserve comes highly recommended and I highly endorse it as well. The insight and understanding and practical wisdoms could have you jumping to make some adjustments for the better. Required Reading This book should required reading in senior high school as they head off to a life of their very own. You may be challenged scanning this book." He must think this through even more thoroughly. A book for all. I'm loving this publication. Mr. Everything is broken. He is very reasonable and logical. But then again, that repetitiveness makes you want to get out there and

do things. I have been a enthusiast of his for a while, watching his speeches and reading about him and I finally bought his books. The first part of the publication handles that perfectly. You don't have to be a farmer to benefit from reading this book. That is a reserve for all. Questioning everything about everything I loved this book. Even so, he makes terrific points about the idiocies and concealed agendas of government regulation. Honestly, when I was about 3/4ths of the way through, I stopped reading and thought, "OK Joel. That's something business provides usually known, and government hardly ever. Salatin makes great factors. Everything is done the wrong manner. It's honestly really stupid, and we are all wrong. That's not really so easy inside our population-crammed society. Therefore, the end result is that I really like the book, although I'm uncertain I trust all his ideas. I'm just saying that provided how broken things are, what the heck are we likely to do to fix them now? I guess that part can be up to us. Great book! This reserve will perhaps inspire you, definitely make you think, and perhaps even act. Loved reading this. A lot of people should relate with this I agree with Salatin: he's a lunatic I borrowed this publication from my daughter who also teaches animal science at the neighborhood J.C. I must say i wanted to such as this man because Michael Pollan was so enthusiastic about his farming methods and I really think we have to treat animals better than we do. Those who I keep meeting who've any curiosity in the concepts and things like Joel shares are on the fence too much or too far away to get a real community. To me this appears inconsistent with enjoying a natural self-sufficient life on your own land. I kept thinking that the intense of local food is local famine. But really it isn't my field so OK. As important as his message is certainly, it can seem to get yourself a little bit repetitive. Anybody that owns a farm (in fact his mother owns it) or expects to inherit one should know that there exists a \$5+ million exemption in inheritance tax yet he accuses the National government of seeking 35% of the value on his mother's death. It's about hard work and being rewarded. Either one is usually a big fail. I wince when I watch TV and start to see the feral hog hunters consuming the pork they capture. Rush Limbaugh will sustainable farming Enjoyed and trust many of his observations and suggestions on how to create a more local structured, sustainable world. Didn't enjoy all the preachy politics and generalizations.



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