



Miriam Kinai

How to Make Natural Body Butters (How To Make Natural Skin Care Products Series Book 4)



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How to Make Organic Body Butter also teaches you the properties of varied vegetable oils, essential natural oils and natural fats so that you can pick the best ingredients to create moisturizers for different skin types and different physical and mental conditions. Steps to make Natural Body Butter explains how exactly to use organic elements to generate nontoxic, handmade and homemade moisturizers to work with at home or to sell and earn money. Steps to make Natural Body Butter will help you figure out how to make therapeutic products for:

- * Normal epidermis, Sensitive skin, Oily pores and skin, Dry skin
- * Mature pores and skin and Prematurely maturing pores and skin
- * Eczema and Psoriasis
- * Dandruff and Thinning locks
- * Coughs and Colds
- * Menopausal symptoms
- * Pre-menstrual stress (PMS) and Painful intervals
- * Arthritis and Muscles aches
- * Stress and Depression
- * Mental exhaustion treatment and Insomnia administration
- * Cellulite and Detoxification
- * Insect repellent and Ringworm treatment
- * Coffee lover and Chocoholics



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40% basic info, 60% marketing other products This e-book does contain basic recipes for body butters, several variations and essential oils to use for a variety of conditions. I will spend more money on another publication soon. She does reveal the characteristics of the butters and natural oils - something you can find in an search on the internet. I did think it is a little bit frustrating to learn that the last 60% of the reserve is advertising for the authors other books! The information was basic and I'd call this more of a booklet. I was longing for even more thorough explanations, however, for the price, I can't complain too much. I really like anything natural skin care.. Love this publication! I love that they mention usage of double boiler, but then claim that a microwave can be used aswell and a hands whisk unless you have an electric beater. It just takes longer to whip it up. Once you obtain the basics, you're all set. You cant fail! Very informative with step by step instructions! others, it is possible to order over the internet. The lotions proved perfect! Affordable price for such an excellent book! An excellent book of body butters Some recipies I loved plus some not so much! Since I begun making my own body butters this really hit the top on the nail! i love anything natural skincare and much more so in kindle version my subject says all. Most of them are available in natural food stores;. Simple Instructions for Great Results These recipes are easy to follow and the ingredients called for are not so completely outrageous that you can't see them... i really like butters and i really like this book even more so because it is kindle version Great for Beginners! An excellent book of tips and instructions. Great book! Five Stars excellent wonderful This was a great purchasel would recommend this Delivered to me in a timely manner Very content with this purchase



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