

*A co-founder of Alcoholics Anonymous tells how
members recover and how the society functions.*

TWELVE STEPS AND TWELVE TRADITIONS

ALCOHOLICS ANONYMOUS
WORLD SERVICES, INC.

Editor

Twelve Steps and Twelve Traditions



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You don't have to be an alcoholic to read and benefit from this book. My adult son is a recovering alcoholic. This book really can help you know very well what an alcoholic should do to keep their life in order, to save their existence. It has trained me how exactly to live a better life clear of addiction. My son and I have talked about his disease. One superstar is too much. He's not a friend of Costs, just loves AA! It has completely transformed my life. False advertising Don't be fooled by the title of this e-book, that is obviously designed to supply the impression you are getting both the big book and the twelve and twelve. Wonderful. It's just the big publication. Don't make the same mistake I did. Straight forward steps that advantage all human beings, not just alcoholics. A must for people in recovery. I am a 35 plus yr club member, I believe my husband has already established two drinks his whole life!. The Twelve Actions and Twelve Traditions show us all how we can see our own personality defects help others, and improve our conscious connection with God. It not only pertains to drinking but living as well. AA associates read it again and again, and not usually starting in the beginning. Great reference - use as well as the 'Big Book' I would suggest this for everyone, not just an alcoholic or person in AA. In the event that you, or someone you know has an alcohol issue or you aren't familiar with the 12 guidelines, browse the 'Big Book' first. You will gain understanding and a knowledge of alcoholism and what the 12 methods are intended to do. This book provides further details about the 12 steps. 12, and I do that with my sponsees as well. The more you perform, the even more you uncover about the 12 steps and 12 traditions. Love this reserve for 12-stage recovery reading Love this reserve for 12-stage recovery reading. In operating the 12 techniques with my sponsor we returned and forth between your Big Book and the 12&, and is always a good book to reread. I love the Big Book however the 12&. Also certain steps, just like the 6th and 7th, have very little information in the Big Reserve, so the 12&12 is great to expand on those. I bought it for my Kindle fire hd 8 it works great I also have a smooth cover version any time I need inspiration and when I'm on the highway with my tablet I'll open up it up and find the direction and comfort I so need at times. More often than not I take advantage of my hard duplicate of it but it's nice being able to also access the reserve anytime anyplace on the Kindle app on my telephone. A book that can and can save your life. Just as described. This version is only usable to read the Big Book just like a novel, page 1 first and then each successive page thereafter. I read the "Big Reserve" first, then that one. I feel this book can be used well by others with additional addictions this is the book that's the back bone of all 12 step programs. If you are truly ready, and have gotten extremely honest with yourself this may be the publication that ends your addiction problems if you do exactly what it says. In the event that you honestly function the actions with a sponsor you can dramatically change your daily life and find a fresh way to live. I have the kindle version and a difficult copy of the reserve. This reserve has changed me in ways no other publication ever has. If you offer with addiction this may be the book that saves your life. Important AAWS publication The book is great! I'm in recovery for 20 years and wanted a copy on my smartphone. Very good read for any AA member. A great addendum to the steps in the Big Publication. This Book has been instrumental in my own recovery journey. Utilizing the Kindle app I could do a phrase search. My only criticism is that we now have no page quantities but that isn't a really big deal. If I allow that bother me probably I will pour myself a glass or two. Clearly, don't assume all one will appreciate this book. .. This book is not so very much about abstaining from alcoholic beverages as it is about how to live among, and become a confident contributor, to a culture of people. As a cynical, agnostic, and unsociable human being without real belief system, this publication transformed my life. It is studied by AA adherents and sections of it are often browse in meetings. AA has saved many lives yet remains a program of recovery that is based upon attraction instead of promotion. Clearly, don't assume all one will appreciate this book.. 1st rule of fight club is you don't talk about fight club Good read. Breaks down the Big Book further. Explains where in fact the methods and traditions came from. this book continues to be under copyright security you need to get the edition published by AAWS. This book is a life saver it has taught me a fresh way to life. This is simply not the case. just what I needed. Almost useless. The Big Book is used similar to a Bible. But, if you are looking for a simple guidebook for a way of living life, after that it is extremely accessible and very plainly written. Highly recommended by us both not only for recovering people, but also for friends and family and anyone who desires to live a better life. I no longer obsess over drinking. The pages aren't numbered, and you need to start in the beginning each time you open up the reserve. I'm deleting it; it isn't worthy of the space it takes up on my phone. Personally I think better equipped to talk to my son

today on an even that is critical if you ask me as a Mother. Actually, my hubby is reading the "12 and 12" as those of us who are friends of Expenses call it. I don't think you can find any aftermarket versions. changed my life Love this publication and the AA system. If all human beings applied these principals within their lives, they would be a happier person and the globe a better place. Bought it as something special Great quality How to live Great book.12 puts each part of a way that's better to understand..Can be applied to any element of your life. Nevertheless, after attending meetings with me, he concluded this is an excellent guide forever..You dont have to be an addict



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