

# MAKE MOM HAPPY *by Mail*

How a question and a stamp  
changed a life... And how either could  
change yours, too!



*Trudy Triner*

Foreword by Marshall Goldsmith

Trudy Triner and

## Make Mom Happy by Mail: How a Question and a Stamp Changed a Life...And How Either Could Change Yours, Too



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When Trudy Triner asked her elderly mother one particular yet magical issue, she experienced no idea her mother's response would lead her on a journey of better understanding her mother's life and becoming more aware of herself in the process. One magic issue -- that's all it took to bring happiness to an elderly woman's life and enable her to better connect with her child who lived in the United States. Triner learned that asking one magic query can change a person's perspective, remove true and imagined barriers, and open up someone's heart. By requesting those you love the main one magic issue Triner reveals, you, too, can reconnect with your aging parents before it's as well late.



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Heart-warming & The book goes on to produce good gifts and recommends other simple gestures that will bring happiness to the pre Social Network generation. This is a terrific book. I don't possess many elderly family members, but this reserve provides suggestions for what to send old people in general. Quite helpful, since some of my older friends don't own computer systems! She now looks forward to something. It's really wonderful. A Book THAT MAY Change You Very occasionally a reserve comes along that changes your outlook, and you also know the change will stick. Such may be the case with Help to make Mother HAPPY BY MAIL. Clearly Trudy Triner has a huge center and perceptive brain. I'll remember her sentence, when describing an older person going to the mailbox in the morning, "Does anybody like me? With that issue in mind, they open the container, sometimes slowly to savor the moment. 'Maybe there will be a cards or letter or a picture. I hope there's a picture.' Trudy's touching tale brought tears to my eye. but it's miles & helpful! Many thanks for writing this kind of a beautiful book, Trudy. It's a gift.- Ann Seymour, writer of "I've Often Loved You," a genuine tale of WW II in the Pacific. Just wonderful... 100% heartwarming. She'll contact me the moment she gets something - therefore excited to examine everything and talk about everything. She hates that she doesn't have the privacy of her personal place. She gets an intermittent little bit of mail from friends at her former house complicated....' "If that sentence doesn't grab a reader, no one's home. few between. Many thanks so much for writing such a wonderful book! I found it particularly touching to be reminded how essential mail can be--to anyone actually, but especially to those that live offline. My grandmother transferred a couple of hours away with various other relatives as she needs full time care. I recommend this as a great read and a genuine inspiration. can help her remember afterwards. She's presently in the levels of alzheimer's -- thus any little reminder that I can send her right now... It opens discussion and builds such an excellent bond. This book warms my heart and will be offering great ideas about how exactly to create my elderly friends happy. I've exceeded it along to my mother & sister to keep these things help in my quest of earning her content while she's can still appreciate it! Great message!! This book inspired me to send her notes - cute tokens of my day - and everything among. I'll certainly recommend this reserve to whoever has family members who are too much away to see continuously and/or who don't care to email or tweet me. Just probably,' they think day after day. 3 this! Life changing!. Connect While There's Time. Triner to her mother's Arkansas house where you'll be greeted by her mother's dachund, Miss Amber, and be welcomed into the tiny reddish colored kitchen by the mom whose response to a "magic question" changed lives and motivated this publication. Ms. Triner's affectionate, true to life story of a mother and daughter will tug at your heart-strings and softly coax you to talk to your very own "magic question". Choose the book for yourself, your brothers and sisters, and don't forget to stock up on envelopes and stamps! You'll feel like you've taken a trip with Ms.. Good things do come in little packages, envelopes, and Trudy Triner's endearing brand-new book. "Make Mother Happy By Mail" is an inspiring publication that will help connect with a mature cherished one in more meaningful ways. Trudy shows us that there's a notable difference between being cherished and \*feeling\* loved. Should you have an elderly loved one and want to connect while there's still time, be sure to get this book! Heart Warming Book Just what a wonderful little reserve to remind us how precious the relationships with our older family members are. 'Maybe today. I recommend this reserve to anyone who would like to learn about a unique way to bring happiness to their parents' or grandparents' lives.



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