## HERBAL HEALING for children



A PARENT'S QUIDE TO TREATMENTS FOR COMMON CHILDHOOD ILLNESSES

## Demetria Clark

Foreword by Rosemacy Gladeter

## Demetria Clark Herbal Healing for Children



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This easy to follow, hands-on, practical guide shows how exactly to use organic remedies to solve common childhood health issues: basic teas for tummy aches, drops for earaches, treatments for eczema and diaper rash, and much more. Get better at herbalist Demetria Clark provides parents with safe and sound, effective, natural alternatives to conventional medicines which often have negative unwanted effects. Readers are also shown how exactly to gather, preserve, and shop herbs, and make their very own herbal teas, decoctions, infusions, and salves. Readers receive an introduction to organic medicine, an explanation of how each herb works and what conditions it treats, helpful information to organic staples for daily use and medical, and an alphabetical report on childhood illnesses along with their remedies. Also included are resources on from buying and growing herbal products to locating an herbalist.



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Loved it so very much I orded a copy for my sister! As someone who offend buys books weighty dependent on the descriptions in reviews I figured I will write one myself. love this book! When I then found out I was pregnant I ordered a small number of books searching for something directed towards infants and young children. I am acquainted with local herbal products in my area and practice regular foraging in addition to making my very own medicines for my children. This book is great for beginners since it teaches fundamental herb processing and prepping techniques. Additionally it is great for more intermediate users because it has quick easy recipes requiring herbs which are generally no problem finding growing or in regional health food stores. Needless to say, I am not really a doctor. If you find yourself liking this book additionally, you will like "A Kid's Herb publication" by Lesley Tierra. My two favorite herbal books at the moment!), 6th Chapter: Easy Recipes for Homemade Remedies, A Section: Three Fun Herb Gardens, and B Section: Herbs as NATURAL SUPPLEMENTS. The publication provides useful quality recipes that ad easy to make, and clarifies the various and common herbs used for children. What I like is definitely that she mentions all precautions that need to be studied when administering herbal remedies to children, and what herbs in order to avoid or to use carefully. Recommended for every family that wants a effective and safe healing for the kids. Not what I was hoping for.. The Foreword is usually interesting too. There is some useful information in this book. I highly recommend it for beginning herbalists and especially ones with children! I would never microwave herbal products. This reserve is power-packed with great information. A go to book to make absolutely sure certain herbs are safe and sound for kids and at what age. Overall I'm pretty disappointed with the book and will search for a better supply for the information I am looking for. I wished I acquired purchased in a while ago. It tells you what's used to cure what. I would highly recommend this publication to parents with children who are looking to move down a more natural healing path. amazingly written Demetria Clark did a great job on paper a herbal reserve for children. This lead me to question the author.. The 1st Chapter: An Introduction to Herbalism, 2nd Chapter: The Herbal Chest: Commonly Used Herbal products, 3rd Chapter: Remedies for Common Childhood Illnesses, 4th Chapter: Buying, Gathering, and Preparing Herbal products, 5th Chapter: Making Your Own HERBAL TREATMENTS (Shows which essential oils that always have to be diluted, which essential natural oils to avoid, which essential oils are known irritants, which essential oils that make you prevent sunshine if using, etc. I would highly recommend this publication! This book makes exceptional reference material, nevertheless, you should always consult a qualified Herbalist before trying to use essential natural oils, etc. informative and good for the novice and the beginner You all need this book! Discusses herbs primarily, essential oils, and tonics which are safe for kids and mild. Includes recipes, safety info, etc. Found this

very informative and helpful.! I really like learning about natural what to help better my children! Love it! Great publication with a whole lot of useful info. The info is not organized in a way that is very easy to navigate either. If your giving your children herbs this is essential to safely achieve this. So many great recipes and tons of info in this book Therefore many great recipes and tons of info in this publication! However, I am put off by the writer recommending microwave use for herbs and herbal medicine throughout the book. Even parents may use this with ease! A+ Great reference A must dependence on any parent I am therefore impressed with this reserve. Good Book for Herbal Healing in Children This book is wonderful. The writer gives so much details in this book. Must-Read This is essential read if you're interested in natural remedies for common illnesses instead of resorting to pharmaceuticals immediately or other chemically-derived products.! Five Stars Love this book so far. Very use friendly, beneficial and good for the novice and the newbie! great great



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