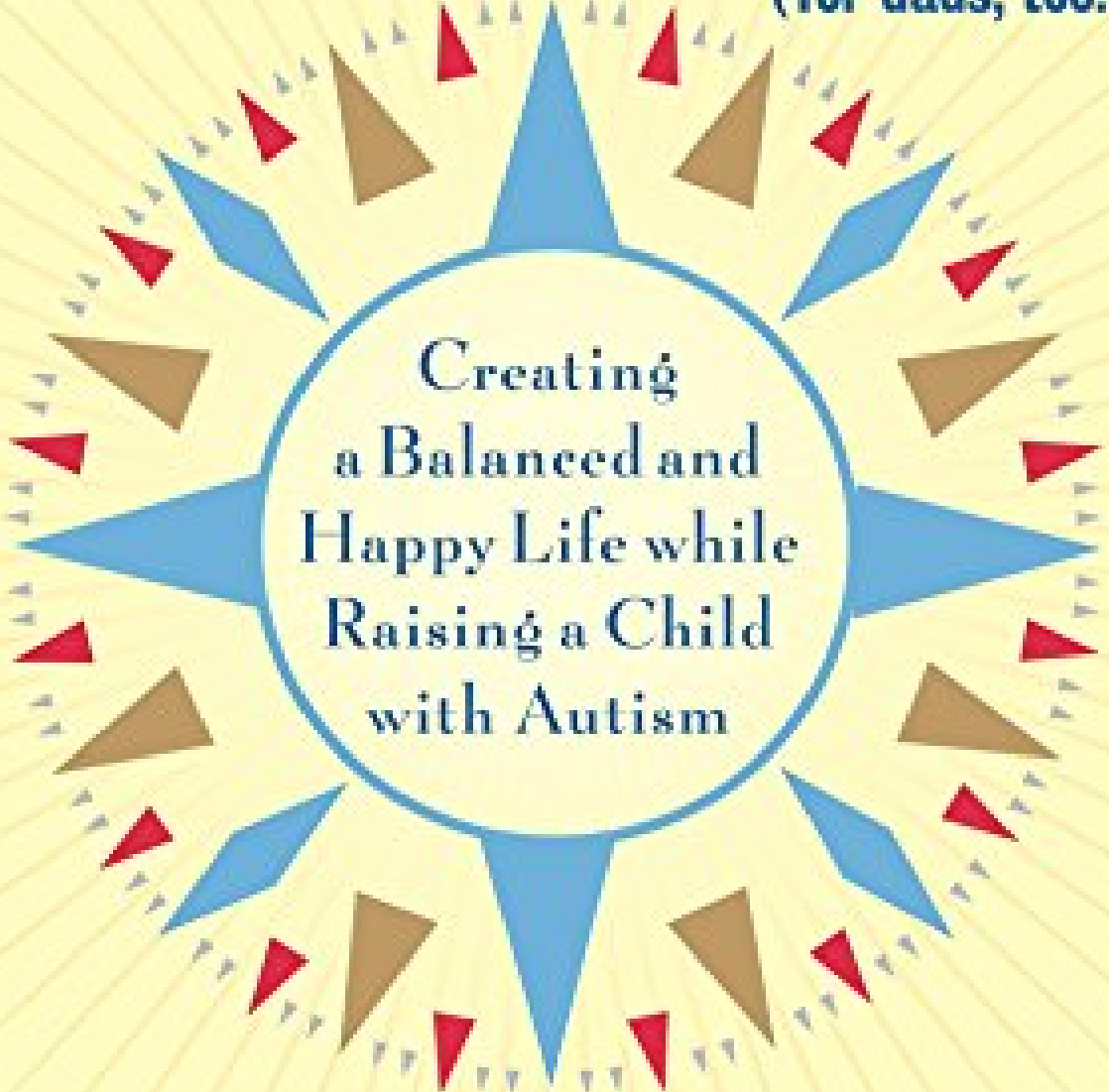


THE AUTISM MOM'S SURVIVAL GUIDE

(for dads, too!)



Creating
a Balanced and
Happy Life while
Raising a Child
with Autism

SUSAN SENATOR

AUTHOR OF *Making Peace with Autism*

Susan Senator

The Autism Mom's Survival Guide (for Dads, too!): Creating a Balanced and Happy Life While Raising a Child with Autism



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To learn more about the writer, go to her website at susansenator.com. It's easy for parents to reduce their stress and for his or her overall quality of life to plummet. Susan Senator interweaves the voices of autism parents, experts, and professionals to offer guidance and encouragement on how to find happiness and fulfillment amid the struggles of increasing an autistic kid. Topics include: how to handle emotions of despair and hopelessness; finding fun, also during turbulent occasions; and finding a stability between accepting your child as they're and seeking new treatments. caring for your marriage; Given the daily issues of raising a child with autism, it's common.



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com Four Stars We need all of the help we are able to get. Upbeat and honest, but never condescending or perky. What I particularly like about this book is she not only shares her personal sights, but she accurately AND respectfully describes the tensions between 2 "warring" factions of our group of autism moms. Any book that can point me in direction of various other books or web sites that I've not really found yet by myself is a very important book for me because I've covered a lot of territory in my efforts to understand and cope during the last eight years. She and her husband have three children, among whom is autistic. Susan is an excellent guide to have as she network marketing leads you through some effective methods of handling your day to day actions with a special needs child. My son has Aspergers syndrome so I know how hard it is to maintain a confident outlook on life and a little relief from the inevitable guilt that is included with trying to become happy while raising a special needs kid. This is not a sequel though. Her first, Making Peace with Autism, can be worth seeking out. just what I needed to read I so relate to the writer as I too have 3 boys with my oldest being moderately severely autistic.. If you are new, you will discover out very quickly what it is like to become a part of an autistic child's family. Full disclosure: I'm one of the autism parents which were interviewed for this book. Spock telling moms of typical kids (a long time before autism became the epidemic it is today) to most importantly: "trust your instincts" I appreciated, years ago her publication "Producing Peace With Autism" . At the time she wrote this publication (2010) she is in the camp who does not really believe vaccines are at the root cause/environmental trigger that is causing, yet she so accurately describes the differing view points of the "neurodiversity" vs the "biomedical interventions" factions. This book is excellent and SHOULD be considered a manual for all parents which have children on the autism spectrum. It is possible to relate to the author, but she also contains various other people's worlds, and you also find yourself in many of the parents. GREAT Tips columns. Explains acceptance for your son or daughter and how to manage others. It really helped me heal wasted anger emotions and create some kind of balance in our lives...Should you have a child with autism in your life, you might find yourself nodding your mind with many of the tales Susan and the parents she writes about have observed.! tho much of that publication was anything but peaceful as she shared her struggles which are so much like mine and our fellow moms of a crazed lifestyle when her younger children were more high maintenance and she was in the throes of struggling to find the proper services and treatments on her behalf son, and beating herself up for not really getting him help sooner..When your kid gets diagnosed, or labeled, the physician should hand you this book as well!that was lacking!.

Susan Senator is amazing, I've a more comprehensive review on my post at coltonsmama2011.blogspot. A Paragon of Advocacy The Autism Mom's Survival Instruction is a required book for parents who are struggling to cope with how exactly to function at anything resembling normal where there is an autistic child in the house. help for mothers of autistic children I bought this publication for my child - my grandson is autistic. Mothers of special needs kids need mental support and most importantly some reputation that the grade of their own lives is important. This is Susan's second book on autism. (this is probably even worse in the 60's and 70's than it really is today) The name of the book is encouraging alone. This is actually the book autism parents should read ! Four Stars Gave to daughter. Love her! Oh, bless her level-headed, kind-hearted, soul! A real book by a genuine person with a real voice, even if she has more financial resources than most. Truly moving and honest. Parents of autistic children need all the help they are able to get, not only for the kid but for themselves. It provides autism parents with various ways to cope with embarrassing situations due to their autistic kids in public areas and it reads the hearts of autism parents. Comforting guide to help move from

struggling mother or father (drowning in autism) back to balanced human being w/ a life of your own This is a wonderful, optimistic book, great advice/observations without the stress of you must "do this" or "try that". This mom definitely "gets it. A Must Have/Read Perfect for everyone involved in an autistic child's life and not just for beginners nonetheless it is great for them as well. Her book provides me solace and the strength to continue going. EXCELLENT!... The book manages to be extremely supportive but will keep an arm's length from the dark places autism can take a family. I came across the book to end up being geared mainly toward autism moms, (although there is plenty for fathers to get out of this) who will be the true heroes in the struggle to understand this condition. the same as Dr.." This mom "gets it." She's had two decades of experience raising her boy. Her personal understanding combined with her collected interviews with various other autism moms provide a practical, supportive, and occasionally humorous outline for how exactly to cope when your child is normally on the autism spectrum. I possibly could especially relate with this writer because she actually is candid about her personal depression both pre-autism and post-autism. She actually is candid about the guilt we autism moms invariably bring - though unfounded. The no frills acknowledgement of how lifestyle is often as an autism mom is usually supportive in and of itself but she will go beyond that by offering reasonable suggestions for how exactly to actually cope and also go beyond to living peacefully (eventually) with autism in your son or daughter. It does offer real, balanced advice from anyone who has been and will always be there. I recommend this publication to other autism parents, to extended family and close friends, and anyone in the general public who wants to know very well what life is similar to with a child on the autism spectrum



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