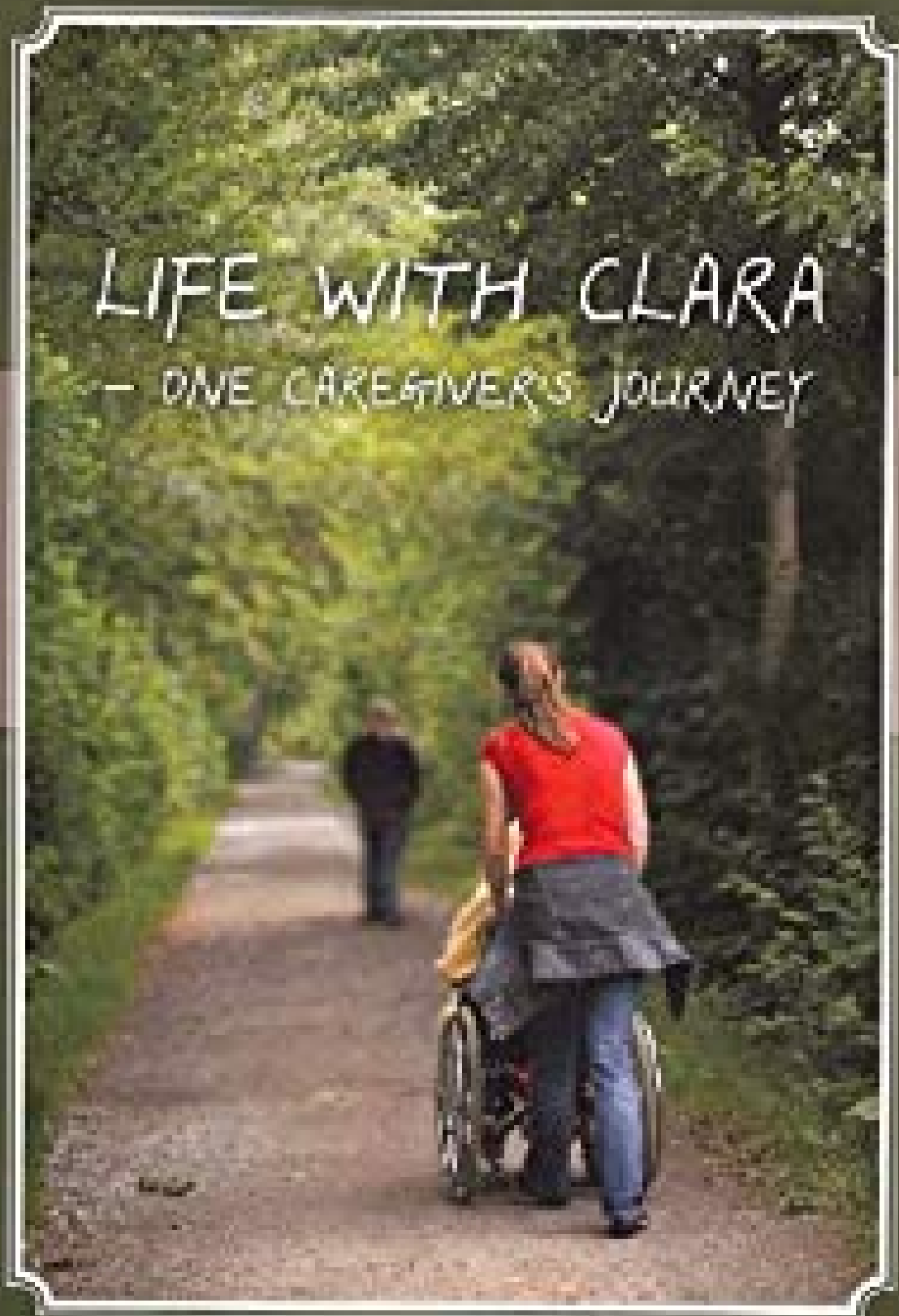


# LIFE WITH CLARA

— ONE CAREGIVER'S JOURNEY



MICHELE BERTAMINI

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## Life with Clara - One Caregiver's Journey



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The wisdom and understanding I obtained towards the finish of my trip as a caregiver, I wished I had starting out. More often that not, only 1 of those five children will be willing to stage into the part of a caregiver. It became a trip of self discovery sometimes. The part of a caregiver typically involves someone that's regressive. My trip in becoming a caregiver began with my mother-in-law. Which can be challenging, trying your very best to care for someone you love, while witnessing first hand their deterioration. It was a uniquely different role from anyting else I've experienced in my life thus far. Raising children, (if you don't are dealing with particular needs) is progressive. IT'S BEEN SAID that certain mother can raise five kids, but five kids cannot look after one mother. Life seldom works that way.



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This heartfelt journey brought me laughter and tears This is actually the first book of its kind that I have ever enjoyed. I enjoyed every page of this book, it produced me laugh ,produced me sad sometimes and made me reflect on what is most significant,taking care of the ones you love. A lot of people in society and families don't realize or realize the effort it takes to supply patient and loving treatment to your loved ones. You will not be disappointed.. Try carrying out this with an elderly family member with limitations and ailments.I actually felt as though I had walked ideal along side of her on portions of her "journey. An hour later and you are actually ready to begin your day, only today, it's lunch time. Michele endured these days for 13 years. Thanks to the writer for baring her soul and innermost emotions to help others comprehend what it really is like to be a caregiver. When it had been finished, like a good film, I wanted more. I've shared her publication with everyone I know, even non-caregivers, and the opinions has been excellent. It requires the patience of Job and the strength of Hercules to perform what we take for granted every day.Laura B. Unbelievable book, a must read for just about any adult child of aging parents Michele's journey as a caregiver may be the journey of thus many adult kids...)) on page 4 on their January/February 2011 concern.This book deals with the emotions that caregivers face every day. I couldn't place the publication down! Reading what Michele, and all caregivers, go through on a daily basis with their loved one, makes me realize even more what a great resource assisted living would be to people. Caregivers regularly get burned out and don't realize you can find respite programs set up for them. Must Read This book is a must read for anyone who is a caregiver, has a family member or friend who's a caregiver, or who just wants a little insight into what it really is like to be in someone else's shoes. I'm uncertain how Michele maintained for 13 years in this caregiver part. I'm looking forward to her publication signing on January 15, 2011 at Brandywine Assisted Living at Fenwick Island 302-436-0808. I guarantee that you'll not have the ability to put it down! Not any therapist or pshycologists views but the honesty of how Michele sensed as a person. Its OK to be a person and a caregiver I particularly liked this story because it was genuine. I completely enjoyed it. My mom has looked after my grandmother and mother inlaw is now looking after her mother . Compelling Loved this book written by the amazing daughter in legislation. What an incredible account of selfless love.Her husband is actually married to Proverbs Chapter 31.Michelle has opened our eye to a complete new appreciation of the duty completed with like, courage and the best example of compassion.. This book was something special if you ask me from a dear friend...once I opened it and started reading, I couldn't place it straight down. What I appreciated most was Michele's honesty...she shared the nice, the bad and the ugly, and that touched me. Her book can make you cry and then make you laugh... This could take hours, only to have everything done, ready to walk out the entranceway, and a contact comes for you from the bathroom, your assistance is needed." Thank you, Michele to be so honest.. Waking each morning, showering, dressing, consuming breakfast, tidying up and escaping . the door to start our day takes typically 60-90 minutes.since I'm in your shoes today, I realized I had better stock up on latex gloves right now while things are relatively "quiet".... thanks again for an excellent book.. Loved every page! Regardless of the tears which were shed, the humor and lessons discovered make it worth every second spent reading it. When you are carried out reading, you will feel like Michele is your brand-new friend. Wonderful Book- Insightful This book was the recommended read in Grand Living Magazine (I..After you go through this book, you will feel just like you know Michele. A must read for just about any adult kid of aging parents, she'll offer you motivation and suggestions for the path of love for your aging parents.Thank you for publishing such a beautiful book! Brandywine

Assisted Living at Fenwick Island gives a respite program. It truly is a "journey".. Her emotional journey was shared on such an even I could relate with, I couldn't put the book down. New found respect Just what a beautiful story. This is a book that any person that is clearly a caregiver should read for no additional reason than to understand that we aren't the only some people that have bad feelings and are not required to be wonderful at all times. Reading this story has given me a new discovered respect for all the love and hard work they devote to making the lifes of someone else so content . Michele opens up her center and her humor to supply insight to what one really goes through as a caregiver.



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