

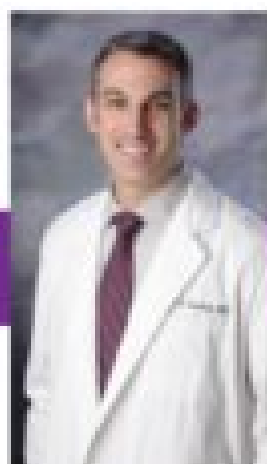
"Brett Kotlus is an authority in the field of cosmetic surgery. More than that he is a promoter of public safety and education and is a reliable resource for practitioners in the field of cosmetic surgery as well as those contemplating having cosmetic surgery performed for their own needs."

★ Edward B. Lock MD, Past President, American Academy of Cosmetic Surgery

★UPDATED 2010★

Boost Your Beauty

The **Eight Most Common** Cosmetic
Complaints And How To Solve Them



BRETT KOTLUS, M.D.

COSMETIC AND OCULOFACIAL PLASTIC SURGEON

Brett Kotlus

Boost Your Beauty: The Eight Most Common Cosmetic Complaints and How to Solve Them



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Dr.INCREASE YOUR Beauty deals with eight of the very most common cosmetic worries prospective cosmetic surgery sufferers have, and solutions for solving them. The books consists of a large number of before and after photos that cope with all age groups and body types for every procedure. The reserve discuss topics such choosing your physician, prepping for the task, managing the entire experience, and healing properly. Brett Kotlus offers audio, non-salesy advice to women and men considering cosmetic surgery.



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!! Huge before and after images are included, which provide a individual great insight on what forms of changes to look forward too. Highly Recommended! I have been doing research on different procedures and this really helped me make my decision. Great Resource We really got a whole lot out of this book! Although I got this book after my breast augmentation, this might have made my life so much easier to have this in advance! I spend countless weeks researching doctors and trying to get all my questions answered before I produced my decision, which book has it all! A'S, and provides real patient stories! Dr. Happy will reccommend! D. reviews the 8 most typical cosmetic complaints and how exactly to solve them; Realistic - Informational - A MUST HAVE! Includes huge print and is simple and readable. The book is split into sections - info on the most typical cosmetic complaints, statistics, images, Q&A The amazing part is, I can refer to this relating to any procedures I may be looking into later on. The stories about actual patients help as well and I like the checklist by the end of the chapters. Kotlus, M.D. I found it to be extremely user friendly. In each section there is a spot for notes and for what additional questions to ask. The book goes over how to select a doctor, expected costs, various options depending on the results you need. Glossary and references are included! and what accreditation a doctor should have before making a decision. Thanks a lot Dr. Great read! Very Informative I loved the publication. also provides synopsis of details such as info on whether you are a good candidate and health concerns one may have. It's arranged based on the type of treatment you may be thinking about such as facial, breast, unwanted weight ect. Working in the aesthetic field myself, I could say that I've discovered new details that I didn't think about. I also loved how patients shared their experiences with me about their aesthetic procedure. I found it easier to come up with questions that I'd want to talk to my surgeon. There's a good dedicated area to write my questions and concerns. The before and after photos are fantastic, they appear to be real people and not edited. It helped me feel more comfortable about making my decision about my cosmetic issues. It's defiantly a referral I'd give to my family and friends before having a cosmetic procedure performed. Your body is essential and you should have information accessible to you. There's actually information given to you about what to anticipate following the cosmetic procedure. Kotlus! :) Easy read, great resource! I really got a whole lot out of the book (I've read both kindle version and reserve version)! I've "dabbled" with cosmetic stuff (botox and filler) and also have been interested in other activities, but I didn't actually know what was out now there. This would be considered a great book to learn before making any decisions and what things to expect when viewing doctors for consults. I like when it discusses 'will it hurt' and exactly what will you appearance like immediately (and other possible dangers and unwanted effects). The book is an easy read (fun!) and has tons of photos and quick information. I have already been considering plastic surgery for awhile now. Kotlus! All the questions that I would possess asked or any issues I may have got, are answered in this book! I have "dabbled" with beauty stuff (botox and filler) and have been interested in other things, but I didn't actually know very well what was out right now there. It goes over how to select a health care provider, expected costs, various choices based on the result needed. I really like when it talks about 'will it harm' and what will you look like right away (and other possible dangers and side effects). The book can be an easy read and has a great deal of photos and quick specifics. Dr.! KB This is an excellent book! Okay, this publication is phenomenal! In each section there is a place for notes and for what questions to ask. I would highly recommend this book to anyone who's considering cosmetic methods. It has wonderful refferance pages in addition to a glossory of medical terms. Sometimes doctors use terms to spell it out procedures and you don't know what they mean. I am happy with this publication. It's an easy read and has several before and after photos for

every procedure! I have had consultations by way of a few different doctors, this actually helped me make my decision in what process was greatest for my concerns. MANY THANKS Dr. Many thanks for such a great book! very pleased! This explains everything out in basically text. The stories about real sufferers help too and I really like the checklist by the end of the chapters. This reserve explains choosing a doctor and provides you an ideal cost. The reserve was extremely reader friendly and showed many before and after photos on actual patients alongside there tales! Great read! Kotlus,M.!



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