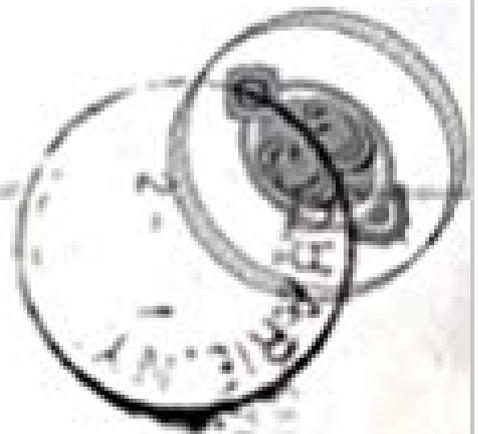


# ATYPICAL

LIFE WITH ASPERGER'S  
IN 20  $\frac{1}{3}$  CHAPTERS

JESSE A. SAPERSTEIN



Jesse A. Saperstein

## Atypical: Life with Asperger's in 20 1/3 Chapters



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Identified as having Asperger's Syndrome, a slight type of autism, Jesse provides struggled since childhood with many of the hallmark problems of his condition-from social awkwardness and self-question to extreme difficulty with transformation and managing his emotions. Informed with endearing and unflinching honesty, Jesse brings his unique perspective to the situations of his existence and his condition." Hence begins the enchanting, insightful, and memorable story of Jesse Saperstein. The poignant, funny, and truly unique observations of a writer identified as having Asperger's Syndrome. He has also worked hard to comprehend and take full advantage of his AS- developing his keen curiosity and love of life, closely observing the world around him, and most of most, helping others with AS to better cope and even thrive. "Please become forewarned that you will be about to browse the observations and life lessons of a person who entertains himself by farting in public areas and conversing in gibberish with his cats.



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This Saperstein ISN'T a Kojak Character I've known the writer since he was a student in the senior high school where I'm an instructor. What a great read! I read this book for an assignment and I absolutely loved every term of it.. But this publication tops it all. I didn't need this book to end and am now pursuing his blog - that is just as funny and great. D. Payne), or read it to gain fresh insights into what Asperger's is about, or both. Or browse it to find how what most would discover as an affliction has been made by the author into an asset. AN EXCESSIVE AMOUNT OF inappropriate language and focus on crass subjects I found some of the stories gross and inappropriate for a teenaged Aspie to read. a good true story about as an Aspergian I really liked this book which is about coping with Asperger's syndrome, a condition on the autism spectrum. In addition, it helps that he's gut-bustingly hilarious, and an immensely skilled wordsmith. S. This book caught my attention originally due to the title. It is a good place for information about living with Asperger's syndrome. Jesse Saperstein includes a humorous method of telling his personal tale of his struggles, his accomplishments and interesting parts of his life. I came across the title's name carried through with his style and provided what it promised. His humor and honesty is indeed captivating and forces the reader to keep turning the webpages. "It is a central irony of my entire life that my best disabler has gone to live with a disability so profoundly slight that people do not generally identify it as greater than a personality flaw." if you ask me this is actually the most relevant sentence in the book. Near the end, it experienced such as a chapter or two was thrown in to increase the length of the publication and the timeline does jump around a bit throughout the book, however the message is very clear. After reading the first few pages, I came across myself laughing hysterically, something I rarely perform when reading anything, especially stuff that's said to be funny. The best chapter was "speaking out" with how, when, and who to reveal that you in fact have got Asperger's syndrome. I admire Jesse's keen insight and ability to issue solve. He quotations Michael John Carley who in addition has written a publication on becoming on the autism spectrum, "tell when it feels safe". Jesse takes you through the entire gamut of his encounter, with brutally honest tales to cause you to wince, laugh coffee out your nose, and get misty-eyed at the poignant vignettes only those on the autism spectrum will understand. He offers handled his Asperger's in a few astonishing ways: dedicating himself to learning his choreography in a play I directed in senior high school (a feat that got relentless function for him), dedicating himself to a cause and consequently walking the length of the Appalachian Trail to improve cash and awareness, dedicating himself to overcoming the stigma of his condition in senior high school and college. is the highest working of the autism spectrum, for the reason that those who are Aspergians don't possess the speech delays and so are often higher IQ compared to the neurological normal. In this chapter he tells of a young teenager's attempt at humor which often backfired on him. What's amazing about this book is the pain and pleasure is so human and so humanely portrayed that it will be identifiable for any reader ready to "give it a chance".) and his skill as a writer shines through. Browse it to laugh yourself silly (the author's command of language and his outrageous sense of humor place him in a class with Jean Shepherd, Philip Roth, and C. This is simply not a "typical" self-help book for parents with kids on the spectrum (per se anyway), so don't be prepared to read a "how exactly to cope" book by an "expert". It's even more of an honest disclosure of what it's enjoy to live in a global that's not designed for those who are different. Well written Written with honesty and clarity Atypical is the story of a guy who builds his very own road to success in spite of many challenges Thank you for sharing this unfiltered perspective about living with Asperger's. I won't let you know what the best parts are because that could spoil several surprises, let's simply say I thoroughly enjoyed every phrase of it and am

waiting anxiously for his next book! they read like dull-witted middle school textbooks As a life-long misfit who only lately, at age 46, is seriously attempting to deconstruct his own awkwardness, I've been reading every Asperger-related reserve I can get my paws on. And mostly, they read like dull-witted middle school textbooks, with authors paid per cliché. Jesse Saperstein's books will be the brilliant exception, and you should drop whatever you're presently doing, and immediately order both of 'em. No therapist-speak, no watered-down generalities, no filter. I want I were better with phrases and could have given a review worthy of this reserve. But he also gazes intelligently through every level of the autistic experience, making clear feeling of everything, and illuminating a tangible path through the obstacles. He lives as a genuine example of getting ones own best attributes and carving out types own purpose. A. A taste reviewed We hope Atypical is merely the beginning of what Jesse Sapperstien (JS) has to offer. This book left me wanting even more from his gifted and exclusive voice. JS describes acquiring acceptance with social outcasts in the wilderness, acceptance from people he'd never expect it from in a location he'd never expect it. His trials and tribulations of navigating public quagmires permeates every web page. His aching desire to be approved by his peers is normally heartbreaking. Must Read! Do not have I read anything like this. JS this is a plea, please write even more! He manuals us through his lifestyle on the autism spectrum, posting personal anecdotes that occasionally make us laugh aloud and sometimes make us hurt, all the while providing us a view inside of how somebody with Asperger's thinks and FEELS. For me personally this is a glimpse into what coping with Asperger's is. Five Stars good read funny and poignant a book as I've ever read Seeing that honest, funny and poignant a book as I've ever browse, Jesse Saperstein's memoir is beautifully written and powerfully felt. This book isn't just about hardship, additionally it is a glance at the Strengths of Asperger's and the reader is taken up to heights of joy as Jesse describes his personal victories, which aren't so personal considering one of his accomplishments is raising thousands for a pediatric HIV/AIDS summer camp. In this book we get a peripheral view of the damage both physical and mental that a person with asperger's endures in life, and also the ecstasy. Jesse's tale is honest, sometimes brutally (how refreshing! I must say i enjoyed the book Jesse has a talent for prose. I really enjoyed the book, something special my wife gave me, and I came across it to be extremely relatable. One chapter's title is "all of the world's an awkward stage" which virtually sums up living with Asperger's. Nevertheless you look at it, this is an astonishing literary debut that I cannot recommend highly more than enough. Not sure who the prospective audience ought to be -- not really for teachers, clinicians, parents, not Aspies who try to stay from the sexual gutter and certainlyh not female Aspies. Lively, Interesting Memoir about living with Differences! Value a look. Recommended reading for those curious about more on the subject of life as an Asperger's or Autistic Specific! Well written memoir that has it's share of humor, heartache, and cringe worthy moments. Very lively and easy read! I'd also prefer to hear more of the dark aspect of asperger's. I'd want to hear more in depth of your encounter on the Appalachian Trail. Here he mentions that some people think the analysis is just a justification for laziness or an effort to hop on the most recent health fad. All of us, on / off the spectrum, can learn a lot of life's lessons including how exactly to value and embrace the uniqueness of ourselves. In describing the days he accomplished acceptance JS brought me to the verge of tears.. In the introduction he says what is essentially the most problematic part that i will quote; This is a must read! Very helpful. Excellent self-protrayal. Strongly suggested to attempt to understand the Asperger's human brain! It's told by way of a most interesting and inspirational man who happens to be "Atypical" in the best possible way. Through each one of the chapters as the story

unfolds, the reader feels your struggles and encounters in your triumphs. I am hopeful that my young boy will establish a few of the admirable and heroic characteristics of Jesse Saperstein.



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