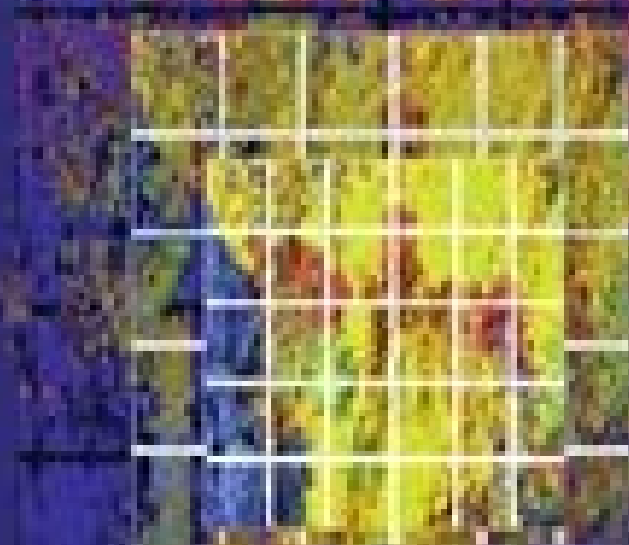


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Pretending to be Normal

Living with Asperger's Syndrome



Liane Holliday Willey

Foreword by Tony Attwood

Liane Holliday Willey

Pretending to be Normal: Living with Asperger's Syndrome



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Chronicling her lifestyle from her earliest thoughts through her existence as a university lecturer, writer, wife and mother, Liane Holliday Willey shares, with insight and warmth, the daily struggles and challenges that face a lot of those who have Asperger's Syndrome. Pretending to become Normal tells the story of a woman who, after years of self-doubt and self-denial, learned to embrace her Asperger's syndrome traits with thanksgiving and joy. Pretending to be Regular invites its visitors to welcome the Asperger community with open up acceptance, for it helps it be clear that, generally, they are capable, practical, interesting and kind people who simply find unique ways to exhibit those qualities. This positive and humane publication provides not only insight into the Asperger world that will verify invaluable for the experts who work with people with Asperger's Syndrome, but also wish and encouragement for other folks with Asperger's Syndrome, their families, and their close friends. The last area of the book consists of a series of substantial appendices which provide helpful coping strategies and guidance, in line with the author's own experience, for a range of situations.



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Thanks Bill Amazing book and essential reading. One of the biggest issues those with AS encounter is loneliness. We've social issues, but it doesn't mean we don't FEEL left out or alone. Not all Aspies talk about all traits and the author shares some, but not all traits with my son. That's incredibly freeing and empowering. It makes me feel like there's no reason I can't achieve success and happy and most importantly accepted. There are certainly others out there like me! For all those giving bad critiques-"She is not really diagnosed" FALSE. I guess I could relax in a part and cry about how really difficult it can be for me to create friends, and I possibly could teach my boy to accomplish the same. For a long time, my weird childhood filled with odd or failed sociable attempts and loneliness used to haunt me. Doctors IGNORE females with AS all the time. This is a huge problem. "It looks back again at childhood problems and turns them right into a fairy tale". It doesn't even seem sensible. Also, for all those saying this sugar coats it. FALSE. It shows that it isn't a death sentence. An engaging story filled with a wealth of personal information for the reader wanting to know more about this condition. Her capability to clearly express her confusion, dread, and frustration brought me some answers for my boy who could not express his so well. What's wrong with embracing your distinctions and learning to appreciate the good things about your situation? It's a good book to read for pointers on how to adjust to one's surroundings when confronted with Asperger's Syndrome. From the Wiki page: "She was diagnosed with Asperger syndrome in 1999. Illuminating! Instead I'd rather appreciate the few fantastic people I have in my life who like my quirkiness and brilliance. I also would prefer to learn from and accept my shortcomings that stem from AS, instead of dwell in it and make an effort to change my core as a person. The lack of a diagnosis doesn't mean the issue doesn't exist or isn't valid or that the issues prior to the diagnosis weren't true. Not. "Also, even if she wasn't diagnosed, it doesn't mean crap. His father and I worry about what life is likely to be like for him when he's out on his own. I am not really a broken person. It really is books like this that really explain the difficulties AS people have on a daily basis and what they perform need can be understanding. And there are others different in the same way. I am not really some type of freak! They don't recognize that these people live in a difficult globe and aren't trying to be different merely to see what they are able to get away with. Thank you, Ms. Five Stars Enjoyed reading the authors tale. I am extremely thankful for this story. And that is why this story is indeed important. Holliday-Willey. Very much helpful I am new to AS with a stepson that was diagnosed four years ago. It really is an incredibly different globe that the AS person lives in. I read other books that discussed AS but this one was truly useful with the examples provided in how lifestyle was for the writer. Thanks This book elped my grandson understand him self just a little better. Would not necessarily recommend it. More people need to understand these individuals and learn to be supportive to help them along. Heartwarming at times--heartwrenching sometimes." It allowed me to HEAL and improvement as a grown-up. I am simply different. My stepson is certainly 19 years old and will shortly go out into the world and encounter the same prejudices that folks that hardly understand share. WHEN I realized I experienced AS and got my medical diagnosis (to confirm what I already complete well knew), I was able to look back and say, "Aha! We can say for certain that it will not be easy. However, it really is books like this that provide inspiration to a confident and functional life. With the right support mechanisms in place, I know my stepson has the best chance of success. But what great is that? A must read for anybody who knows an Aspie As a mother of a grown-up Aspie, this publication was a Godsend. I have talked to some individuals who I share my experiences with plus some of the reactions are that AS is a produced up condition to permit people a justification to be rude. Reading this Autobiography is like reading my personal. It doesn't HAVE to mean somebody is "disabled". The writer offers hope to Aspies (and the "regular" people who love them) for developing a life that sometimes chooses to fit in with the others of society yet occasionally consciously chooses rather to celebrate their endearing, if quirky, strengths. This honest and informative autobiography! Through out this reserve, she provides through her eloquent composing, the exact way of thinking of the Aspie kid, adolescent and adult.

That AS is just a difference, not a disease. This book offers insight & hope to those coping with Asperger's and for those who like them. After raising an undiagnosed Aspie child, and the same son is now an adult, I am filled with pure understanding because of Liane. Recommend this mainly because a "must read" to those that want (and those who NEED) to learn more on the subject of Asperger's Syndrome. Eye opening, jaw dropping Liane Holliday brings you into the inner world of the Asperger Syndrome mind. At times heartbreaking honest this book touches in so many areas of this spectrum of Autism thought as Asperger's Syndrome. It is absolutely eyes opening, jaw dropping stuff. My heart filled with compassion, understanding, and my mind filled with extreme knowledge. A wonderfully created and easy to read "life tale". I "saw" my child in practically every page of this book. Many thanks Liane for an excellent book. I think my child and I are now headed to a full, loving, fun relationship, (instead of the dysfunctional one we have been now in), Because of you!! It can show others to do the same.. I am a mom of five kids. It sensed like I was reading a story of my entire life in so many methods. . Amazing ? Thank you for composing this book.. book elped my grandson understand him personal just a little better. It is a very important factor to read a textbook about them but a complete different thing to it from the look at of an AS person. It Feels SO EXCELLENT to Know You Are Not Alone This book is wonderful because, as someone with AS, it is absolutely an enormous weight off my shoulders to know I'm not the weird freak I sometimes feel like. Best book on the topic. So helpful and accurate. It's an excellent book to read for tips on how to adjust ... I believe that is the right method of going about it. Five Stars Good resource! Wouldn't normally necessarily recommend it. Was not what I wanted. I highly recommend this book for anybody dealing with the problem. Five Stars Awesome read for those who have any curiosity relating to anything with the autism spectrum.



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