



WHAT'S WORTH KNOWING

THE REAL PEOPLE you will meet in this book offer hard-won wisdom: the single most important piece of information each has gleaned through seventy, eighty, and ninety-plus years of living. Their firsthand experience of facing hardship, finding love, taking risks, and living without regret is a priceless inheritance of WHAT'S WORTH KNOWING.

W E N D Y L U S T B A D E R

Wendy Lustbader

What's Worth Knowing



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Vibrant and enlightening vignettes on the subject of life by people within their seventies, eighties, and nineties. When social worker Wendy Lustbader was asked to remove the histories of citizens in a pension community, she discovered that "the person with Alzheimer's in room 410" Israel Grosskoff, for instance, describes learning about trust while hiding from the Nazis during World War II. In *What's Value Knowing*, readers can spend time with Ole, Lila, Israel, Giuseppe, and Arsene-and a hundred others, whose wisdom issues all the more due to the way they've acquired it. And Arsene St. really was Lila Lane, who eloped to Tijuana with her sweetheart at age group sixteen, and who at age seventy-five bemoaned the truth that she could no longer wear high heels. Lustbader gathered these stories and more into *What's Worth Knowing*, a compilation of unforgettable first-person testimonials on like, truth, grief, faith, and fulfillment by people within their seventies, eighties, and nineties. was actually ninety-six-year-old Ole Harlen, a former concert pianist. Giuseppe Maestriami passes on child-rearing lessons he discovered through growing prize-earning tomatoes. The girl who people-watches in the lobby" Amand talks about the importance of earning time for love-which he found for the very first time only half a year before his death. "



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A must read and share! I am a normal visitor to institutions for older people in Brazil. It is so true that many among them have too much to share also to teach us (both "do" and the "don't")! I think the idea of recollecting their memoirs is so great that it will not stop with a unitary book. Tales of wisdom for all ages. This book shared knowledge, thoughtfulness, compassion in existence stories. What's Well worth Knowing is filled with advice that's gleaned from the epitome of specialists: our elders, who have most of life's experiences in it. No matter what age group you are, become familiar with at least something that will resonate with you or at least concur that you're on the right course to find pleasure in living. Bravo to Wendy Lustbader and her sage logic in piecing together an excellent read! Rosalind Merritt Miami Beach, Florida Four Stars retrospective wisdom of life with warmth and humor. Very touching words. Five Stars Excellent Experience is as near to the truth as possible get Tales told by firelight, taught kids the proper way to live. Amazing book for yourself or something special for someone else. Sensitively written and frequently profound Five Stars Wonderful book ! Wonderful book! What's Well worth Knowing is well worth it! Wonderful read for all ages What's Worth Knowing is usually a wonderfully delightful browse. It is not unusual to meet with people who completed important roles within their youth, and can provide in their past due years a wiser evaluation of life from length of the fight field. I would strongly suggest this book!



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