

"Autism has touched all our lives in some way. Koegel and LaŽebnik offer hope, encouragement, and a brighter future to anyone who lives with or works with a young adult or teenager on the spectrum." —CONAN O'BRIEN

GROWING UP ON THE SPECTRUM

A Guide to Life, Love, and Learning
for Teens and Young Adults with
AUTISM and ASPERGER'S



LYNN KERN KOEGEL, PH.D., AND CLAIRE LAŽEBNIK

AUTHORS OF *OVERCOMING AUTISM*

Lynn Kern Koegel

Growing Up on the Spectrum: A Guide to Life, Love, and Learning for Teens and Young Adults with Autism and Asperger's



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from the acclaimed authors of *Overcoming Autism* With around half of a million Americans under twenty-six on the autism spectrum, this book offers the reassurance, solace, and practical solutions that a lot of people are searching for. The first comprehensive guide to helping teens with autism— Following up on their function in *Overcoming Autism*, which offered advice for teaching small children on the spectrum, Lynn Koegel and Claire LaZebnik today present strategies for working with teens and adults coping with this complex condition. Addressing common parental concerns, from initial crushes and a changing body to how exactly to succeed in university and beyond, *Growing Through to the Spectrum* is normally a beacon of hope and wisdom for parents, therapists, and educators as well.



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Excellent resource for parents This book is a great resource and guide for parents with children on the spectrum. However, in an attempt to be approachable, the reserve often over-simplifies ideas. Koegel provides along with the parent/mom strategy from Claire LaZebnik. The reserve is well written and readable. This is a good follow-up to the authors' previous collaboration (Overcoming Autism) and . I like that you could skip around the reserve to focus on specific areas and topics without lacking anything. I highly recommend this book for all parents with a kid on the spectrum. It will also give you suggestions about the way to handle certain situations. It made me understand how much I need to work on to greatly help my adult son continue improving his interpersonal skills.. Simple things such as nodding your head while another person is speaking, producing a comment linked to the main topics conversation, etc. need to be proved helpful on until the guy can do them and get to the next goal. I want I could get my high functioning 22 year old son to read it! Very well written with excellent advise. My only criticism is always to cut ... Very well written with excellent advise. My only criticism is always to cut down the non-public tales of the first author, I could empathize.. She adored it and said it helped her understand the difficulties he faced as a teenager and how exactly to help him. It is for older Asperger's kids preteens through early adulthood. This is an excellent follow-up to the authors' previous collaboration (Overcoming Autism) and is a clear and parent-friendly method of the teen and adult years.It's a good book, but simply made me realize all the work that lays ahead. Must Have Book! This is an absolute must have book for anyone who has a teenager that's autistic. I desire I had gotten this book when my child was in 6th quality.. Lots of information I ordered this and enjoy it but quickly became overwhelmed by all the details and suggestions in it. There's alot of information in this book..!! Helpful resources and insights. This is actually the first book that I have found that basically addresses my "high functioning" child's challenges in life. Therefore many doctor's and therapists can't see how truly difficult a few of the issues my kid struggles are---as she shows up so competent to them. Thank you to these authors for offering this original book which addresses some of the challenges my child is facing as she attends college, starts dating, etc. She loved it and said it helped her understand the challenges .. I got to prioritize and place the tips into steps in regards to what we required to work on first, in order to help his conversational abilities. Bought this book for a friend. Her thirteen year older son offers autism and Asperger's syndrome.. Wonderful helpful book This book is crucial and I've recommended to numerous people.. Four Stars This is a good book to learn and talk about with your child. Recommend it. I love that there are examples and stories from a number of age groups and needs. Excellent Resource for folks about the Spectrum (especially high working ones) Great book! This publication helps you become aware of situations that your son or daughter will encounter like puberty, bullying, socializing,and ect.. As a parent of a child with Autism, I appreciate the factual/clinical strategy that Dr. Furthermore, a few of the advice is so dated as to be almost ineffective to a teen or young adult. Five Stars loved this book so much in ebook I purchased it in paperback Practical I came across many insights and practical applications for the way to handle these formative years with spectrum teens. While that may work in a few situations, it's clearly not really consistent with today's view of male-female relationships. Teaching our young ladies and young women with autism to be MORE dependent rather than more independent is very worrisome. For example, in the dating section, parents of girls are advised to train their daughters to let a boy pay for a date and open up the entranceway for her. This was especially helpful to us since we are new to the diagnosis with a 17 year-old.



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