

The background of the book cover is a stylized, abstract illustration. It features large, dark, elongated shapes that resemble petals or leaves, with some internal white patterns. These are set against a light gray background with a network of thin, light-colored lines. In the lower right, there is a large, textured, yellowish-green shape that looks like a flower head or a cluster of scales, with a small white crescent-like shape in the center. The overall style is graphic and modern.

# THE SUFI BOOK OF LIFE

*99 Pathways of the Heart  
for the Modern Dervish*

Neil Douglas-Klotz

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## The Sufi Book of Life: 99 Pathways of the Heart for the Modern Dervish



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com Unlike most books on Sufism, which are primarily collections of translated Sufi texts, this accessible information is a handbook that explains how exactly to apply Sufi principles to modern life. the meditations on the 99 Qualities of Unity. With inspirational commentary that connects each quality with contemporary concerns such as love, work, and achievement, as well as timeless wisdom from Sufi masters, both ancient and modern, such as for example Rumi, Hafiz, Shabistari, Rabia, Inayat Khan, Indries Shah, Irina Tweedie, Bawa Muhaiyadden, and even more, The Sufi Book of Lifestyle is a dervish guide to life and appreciate for the twenty-first century. On the web: <http://sufibookoflife>. Part meditation book, component oracle, and part collection of Sufi lore, poetry, and stories, The Sufi Reserve of Life presents a fresh interpretation of the fundamental spiritual practice found in all ancient and contemporary Sufi schools



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Mystics seem to know the damage our human being manifestations of God are leading to us. someone thinking about Christian mysticism or even interspiritual mysticism may not appreciate the idea of divine names as being very important. Still, I did gain a lot of insight into mysticism as practiced by the ancients; I think it helps me clear out all the "baggage" that comes with current culture. I'm constantly amazed at how many Sufi writings disregard the Prophet simply as in Christianity some people are tending to downplay "Christ as Man" and only "Christ as God".

### Familiar Concepts from Another Culture

You need to really be "into" Sufism to understand this; Let these teachings polish your heart I've already given this as a gift after getting one from a pal. If you love words, meditation, prayer, human beings, you will love this dear companion. I had remaining my paper copy in the home and was delighted to locate a Kindle edition that I could download in about one minute!

Douglas-Klotz is an excellent interpreter of the written text traditions of Aramaic, the linguistic precursor of both Arabic and Hebrew. this book is a blessing Dealing with the "holy titles", this reserve helps all of us understand ourselves, God , and the world through the QUALITIES These types of names represent. Love this publication. A living breathing type of etymology that; I fell in love with Sufi path of natural Divine love which has hardly any of the technical focus that is so common in yoga exercises practice. I highly recommend this book to learn about the 99 brands of Allah and the annals behind the titles, and the true meaning . Brilliant If one wishes for an all inclusive, expansive and center centered spirituality beyond dogma and religiosity, highly recommend this publication. Tremendous depth presented in accessible simplicity. This book goes into the linguistic roots of names more than additional translations I have seen of the written text and so makes it more accessible to visitors who come to the written text from outdoors Islam.s abundant with meaning, soul nurturing and deeply moving. . This is a most extraordinary book. This book shouldn't have a cost, because it's priceless .. The meditations really enable you to become closer to God. This book shouldn't have a price, because it's priceless. Just kidding. I was changed, so much so, therefore deeply transferred and helped in so many ways that I purchased six copies and gave them to my friends for Christmas. As a result, his commentary of the 99 names will be able to show the normal spiritual roots of both Judeo-Christian and Islamic tradition so that their deep connections are obvious, however muddy and troubled their modern relationships may be. Truly for the modern dervish :) The Hear Knows This is a lovely book that calls one into becoming all you can be in relation to producing the world an improved place by starting with oneself. These brands are portals to God, The Beloved. Outstanding, inspiring work, wonderful to take on a retreat or even to a desert island! This is a most extraordinary book. He has in lots of other books done critical Christians a great service in assisting them to comprehend Jesus as an initial hundred years person of Aramaic lifestyle (Prayers of the Cosmos, Blessings of the Cosmos, The Hidden Gospel) and by introducing them to the importance of Jesus in Muslim tradition and especially in the Sufi path. Intend to read it many times over and I'll learn more each time.. A fantastic read whether or not you certainly are a Sufi and a wonderful peek into the devotional world of Islam. Very inspiring and not too preachy I first encountered this publication as financing from my sister, and after having her duplicate for about 3 months, I HAD to get my own. I really like the way this book is set up so you can flip to a random page, and the purchase doesn't matter so very much. I especially like the way each of the 99 pathways is established, with a description, a little tale/poetic verse to signify its origins and then its exact linguistic origin is usually provided. A fun, light-hearted spiritual read it doesn't attempt to shove any hardcore religious perspective down your throat. The reserve suggests body methods (walking, moving, in groups or alone) that can help us obtain both INTO and BEYOND our limited selves. Short essays, and basic meditations allow someone to end up being touched by the materials on the center level. Great for a daily spiritual workout. Good product Good product

### Book of My Heart

It's been years and years, and this guide hasn't dropped from being among the pillars of support and starting in my life. I have provided . With Neil Douglas's explanation, words I have known gained complete new meanings. This is what religion should be for, to provide common themes of being human

under one roof. Meditation mantras in the Sufi custom come principally from this text. Most Accessible Translation of the 99 Names for Those Who Come to the written text From Outside Islam Was recently teaching some yoga exercise teacher training workshops in West Africa and knew that we could have Sufi Muslim learners thinking about mantra meditation practice. An excellent daily read to business lead into meditation and a most complete launch of the Sufi route which can be taken in sips or full-on drinks. . It is such a gift from God... Amazing book! I have given many as presents over the years, and folks from all traditions have appreciated it. A Favorite This is a popular ~ the second version I've bought Five Stars i love this book. Clear concepts and well explained.



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