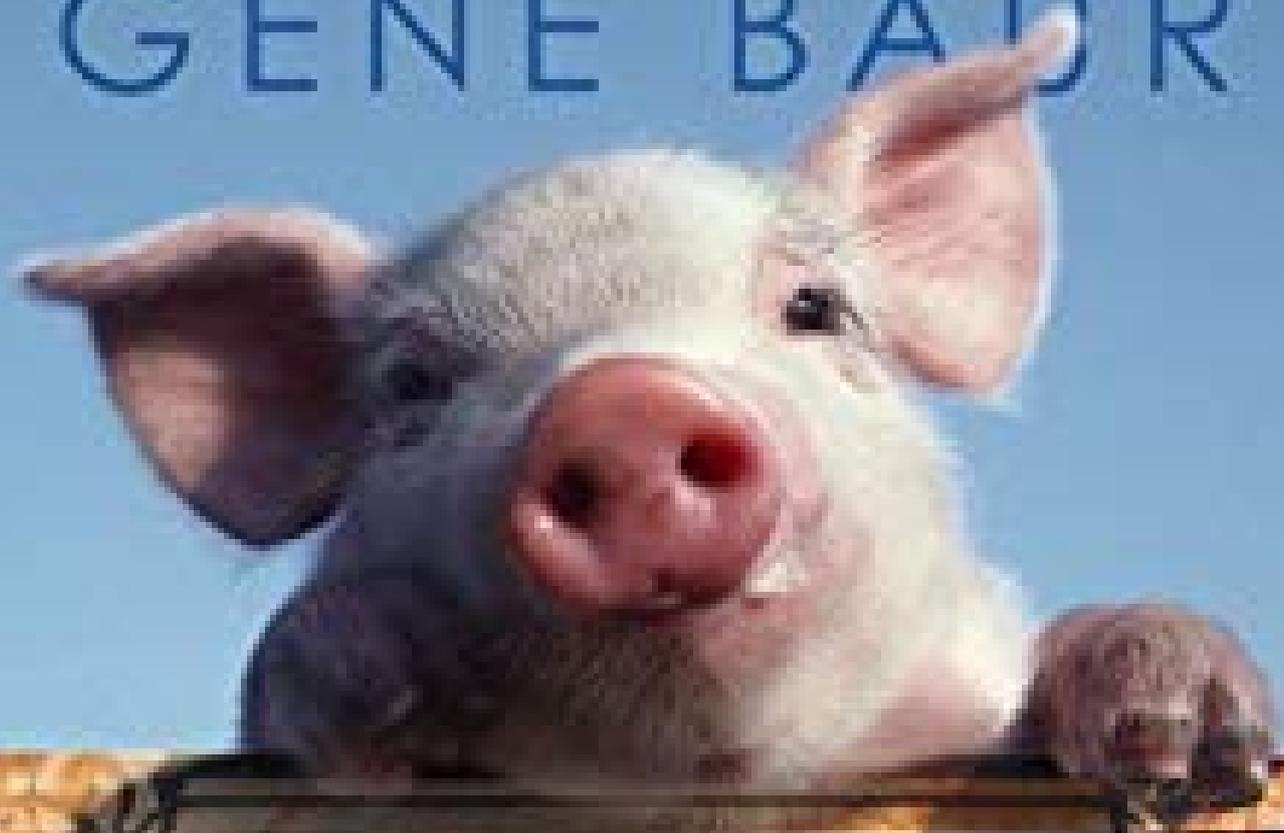


NATIONAL BESTSELLER

GENE BAUR



farm ~
Sanctuary
Changing Hearts and
Minds About Animals and Food

"Filled with hope, this book is written for all who strive for
a more compassionate world." —Dr. Jane Goodall

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INSIDE

Gene Baur

Farm Sanctuary: Changing Hearts and Minds About Animals and Food



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Leading animal rights activist Gene Baur examines the real cost of the meats in our plates -- for both humans and pets alike -- in this provocative and thorough examination of the modern farm industry. Many people picture cows, sheep, pigs, and hens as friendly creatures who live happily within the confines of a peaceful family members farm, arriving as food for humans only by the end of their sun-drenched lives. That's what Gene Baur had been told -- but when he first visited a stockyard he recognized that rosy depiction couldn't be more inaccurate. Hilda, as she was later on called, was nursed back again to health and quickly became the initial resident of Farm Sanctuary -- a business focused on the rescue, treatment, and security of farm animals. Pets raised for human consumption are confined for the entirety of their lives and frequently live without companionship, fresh air, or even adequate water and food. She was still alive, and the one thing Baur knew for certain that time was that he previously to get her to basic safety. Amid the stench, noise, and filth, his attention was used particular to 1 sheep who had been cast aside for dead. The truth is that farm production does not rely on the family farmer with a small herd of animals but rather resembles a large, assembly-line factory. But as Baur walked by, the sheep elevated her head and looked right at him. In Farm Sanctuary, Baur offers a thoughtprovoking investigation of the ethical queries involved in the creation of beef, poultry, pork, milk, and eggs -- and what each folks can do to stop the mistreatment of farm animals and promote compassion. Considered production units rather than living beings with feelings, ten billion farm animals are exploited specifically for food in the United States every year. He information the triumphs and the disappointments greater than twenty years on leading lines of the animal protection motion. And he introduces sanctuary. us to some of the special creatures who live at Farm Sanctuary -- from Maya the cow to Marmalade the poultry -- all of whom escaped horrible conditions to live happier, more peaceful lives. You will certainly never think of a hamburger or chicken breast the same way after reading this book. Farm Sanctuary displays how all of us have an opportunity and a responsibility to take a kinder plate, producing a better existence for ourselves and pets as well.



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He provides his hard to belly real life experiences keeping farm pets in dire situations and also goes into great detail des We saw Gene Baur interviewed last year on Jon Stewart's Daily Present and felt compelled to read his book, Farm Sanctuary. I must admit it got me several months to complete the book as I'd take long pauses between chapters. He provides his hard to belly real life encounters saving farm animals in dire situations and also switches into great detail describing current commercial farming industry methods. As a vegetarian, I found it hard to learn a few of the gruesome tales, but found the rescue tales uplifting and reassuring. After reading the book, I reevaluated my own thoughts and emotions regarding consuming dairy and eggs. I've since decided to adhere to a more vegan diet and continue educating myself on being truly a more informed consumer of goods to make sure companies I support have ethical practices and are cruelty free. When I acquired out of jail, I happened to meet a girl who provided me this publication. The book encourages self-exam and a more humane way of living. It's worth it though. I actually went vegetarian in jail after realizing that all the pets get treated worse than prisoners and didn't carry out anything to deserve it like I did. I encourage visitors to give the book a read whether they're vegan or carnivores.. Therefore vegan that even when i broke up with her, I stay so. Gene Baur is an angel for all of the work he did. Bauer (who's a very impressive dude, doing what he did with the resources he previously against the enemies he faced) continues to be alive and runs facilities around the united states, btw. SO BUY THE Publication. There aren't many graphs or anything like this, he simply writes it well. A key aspect of his persuasiveness is also just how he demonstrates and explains the evidence for animals having a far greater level of consciousness along with emotional and social depth than we have been led to believe by those who profit by the slaughter of them. With a little background details or personal research, you will find that this is at least as true as he makes it sound and is better backed today by the body of scientific research available (and ongoing) than it had been when this book was written. That makes it plain to the astute reader that the way we are conditioned to take into account animals is brought about in the same way that we are conditioned to dehumanize and think less of peoples that we head to war with as nations and so forth. Not at all what I anticipated. This was a painful realization that overshadowed, for me personally, the realization of the extreme environmental impact that an industrialized carnivorous diet plan has. However, even though you just can't bring yourself to think of the bacon on your own table as having recently been the flesh of an animal that's JUST AS AS SMART and has AS MUCH OF A PERSONALITY AND A SOCIAL SENSE as the dog or cat in the last doggo or caturday meme you found, or you know in real life.. The publication made me know how enlightened he's and how open he is to dealing with factory farming operators. the fact that a single cow produces such and such a ridiculous amount of feces each day to create the 55 gallons of milk that's harvested from them. The meals industry goes to extraordinary lengths to keep you from shining light into their true operations.. Highly recommend this book! Not only the animals. I was vegan before I completed the introduction. and just how much more powerful methane is in the atmosphere than CO2 re: the greenhouse impact!. and just how much of it originates from livestock..... Now, if only I could convince my family to enable me to look at a rescued farm factory pig. AND SO ON. I hope you believe. Don't be disappointed if you feel irrationally stubborn, it really is an addiction. Quitting meat and dairy is at least as tough as quitting alcohol, cigarettes and some other popular drugs (believe me I know) and is, if you ask me, essentially the identical mental procedure, requiring the same tools and fighting the same battles. Switched me to vegan prior to I finished the launch. He does an excellent job of authoring the livestock sector in a manner that makes the numbers actually POP OUT at you. I didn't mean to create this an advertisement for veganism, I assume it's true what people say on the subject of us, but that was *my* primary takeaway from the reserve, the critical nature of earning the switch. It's been about 4 years now and I contemplate it possibly the most sensible thing I ever do. I am mainly because grateful to the writer as to my ex!" Although this quote comes from a politician it could as well attended from Gene Baur

because it embodies everything about this book. It sheds a balanced, truthful reflection on the horrors of factory farming and how strong the political clout is definitely behind all this "invisible" factory farming. Gene Bauer's courage and understanding are unsurpassed - he's a hero.. Also he sheds light on the dangers of the American diet plan and how raising factory farmed animals not merely tortures pets but is resulting in the demise of American wellness - heart attacks and obesity are enormous medical problems that result from the over-consumption of animal products loaded with anti-biotics and steroids He also demonstrates the wonder and intelligence that lies within each animal through the most amazing experiences he has loved with the animals. I'll re-read this book often during my lifestyle as a source of inspiration and knowledge that I treasure. For People Who Are willing To Learn About The Lives Of Farm Animals This guy did what I wish I could do - create a farm sanctuary and run it. And that we can all make a compassionate change toward a plant-based diet. We have taken in a few of our very own (10 to become exact) but are at our limit.! Values and Priorities "Just how a society treats its animals speaks to the core ideals and priorities of its citizens. This is actually the best book that I have read in my own entire life This is actually the best book that I have read in my life time.. At times you will end up angry, unfortunate, and depressed, however when you end the book you will likely be hopeful, maybe actually optimistic, for an improved future for all those -- animals and humans as well. Book transcends whether to go vegan or not I believe it short changes potential readers to believe the book is merely on the subject of learning how brutal and income driven the industrial meals industry is. Gene Baur does tell that factor to it leaving small out of the unfortunate, ugly, shocking, abdomen churning, and emotional fine detail.Such a basic human need as food concerns everyone. A great way for readers to understand the bond between animals and food.. Read this book to start out to understand why. Fell deeply in love with the animals and the amazing people caring for them A great publication to help you see the incredible people in the world helping animals. Truly uplifting and inspiring. Beautifully written, informative yet by no means boring.!. This book makes a perfect gift for friends and family! Being a vegan will not negate the bad effect on the depth of problems in this manner of raising our pet food does to the surroundings, employee and the public's basic safety, the corruption inside the USDA (who acts both public and the meals industry in some sort of bizarre schizophrenia), the increased loss of jobs because of the consolidation of small farms by big business, etc. We have been in our 60's which is a bit late to start out now but I love visiting sanctuaries online and can get vicarious enjoyment from this book and "conference" the animals he has used. Great Gift for Animal Lovers Gene Baur is a wonderful one who has accomplished so much for the animals. A Mind and Heart Changer This was my first real research into farm sanctuaries. Bringing Back Animal Husbandry Gene Baur presents the reality of conditions of farm animals in 21st century USA. Somewhere about the 1950s the thought of animal husbandry fell victim to a severe environment and the cruelties of Big Ag. Certainly, this will inspire more people to buy animal items raised under humane conditions. A must read! Beautifully written, informative yet in no way boring. And I don't tell everyone about any of it unless they inquire, honest! coupled with the amount of dairy cows out there and the amount of milk the country drinks. Excellent Read on Farm Animals Learned a whole lot. For the same reasons, and often much worse ones, honestly. Great companion publication to Eating Pets. Gene Bauer will not come off preachy or judgmental but appears to be caring -- about PEOPLE, too... Baur is a committed animal lover, activist, and vegan and he's keen on exposing the inhumanity of how farm pets are bred, elevated, and slaughtered. and just how much property they consume.! I applaud Gene Baur and thank him for his pressing back at the meat sector and when planning on taking in farm pets and providing them with life, respect, freedom, contentment and happiness. This book can be a touching read and would be a great gift for just about any vegan, or any animal lover (aka prevegan ?). It was helpful in history for a children's reserve I am writing, and it has certainly changed my heart and mind.



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