

NEW YORK TIMES BESTSELLER

SHIRLEY MACLAIN

"Inspirational"
—USA Today

SAGE-ING WHILE AGE-ING

Shirley MacLaine

Sage-ing While Age-ing



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"I've been a questioner all my entire life... Sparked by the experience of moving into a new house, she is inspired to appear back across the exceptional professional and personal milestones she's experienced up to now. So begins bestselling author and award-winning actress Shirley MacLaine, as she invites visitors to become listed on her on probably the most powerful, provocative journey of her life. What is awareness? She shares personal insights into diet, acupuncture, homeopathy, and alternate medicine." What is the objective of our lives? Having grown older, she actually is increasingly concerned with the potential pitfalls of modern medicine. Right now, as she confronts the realities and rewards of growing older, she displays on the greater understanding of her own place in the universe that her experiences have brought to her. Useful and bracing, here's advice for anyone looking to expand his / her knowledge of health and well-being. Shifting beyond the physical, Shirley explores what has usually interested her most -- those things that are unseen. Through the years, Shirley has firmly established herself as a fearless, iconoclastic thinker and seeker of truth. Encircled by books, photos, and the artifacts of a life well lived, Shirley can identify the profound power of synchronicity at the job around her, discovering the invisible threads that stitch together the seemingly random events of her days, adding meaning also to the mundane. Are we alone in the universe? And perhaps the very best mystery of all, what goes on to us after death? Filled up with her trademark wit and candor, this is a remarkable, inspiring book that will delight and captivate Shirley's legions of enthusiasts and fellow travelers all over the place.



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EVERYONE OUT OF EVERY WALK OF Lifestyle NEEDS TO Browse THIS WITH AN OPEN MIND AND HEART! AMAZING!. sharing her understanding and doing so in an exceedingly unique way.. The knowledge and information she has and shares in such a practical way that I've NEVER heard of is Interesting as SHE IS HERSELF! (It has been said that you don't discover or hear something until you are prepared for it. She has passed on to us, The Dear Reader, information that people could never receive on our very own. Just AMAZING! She's astute, traveled, iconic, genuine and highly evolved. I have read most of Shirley's books ! I could readily think that we merely don't find what we have been not prepared to accept. I respect that on many levels ! Up to now I've read-The Camino and Above the Series: My Wild Oats Experience. Highly recommended ! I really like her wit, and humor as she describes her journeys. I know I result from another planet.) Also to spend the night within an Egyptian tomb and Thomas Jefferson's home.. That one hasn't made sense to me and to connect through telepathy seems properly normal. Ageing is not for sissys, that's for certain. EVERYONE out of every walk of existence should OPEN your heart and brain and let Shirley "arrive over" to tell you a thing or two (or 1,000). I admire her courage to try anything new and her conviction to speak her own truth. Her ranch, which she describes so lovingly must be beautiful.. But this one.(Maybe in my own next lifetime. I really like Shirley's honest expressions of awe and the fact that she still questions herself. I have enjoyed all of Shirley's books and continue to sage as I age. Thanks for the info, it's significantly appreciated by us star people. Sage-ing While Age-in Sage-ing While Age-ing Shirley MacLaine is definitely a constant way to obtain knowledge, and can write so that you experience that you are learning with her. Personally i think that she must be producing copious notes as she will go here, there, and everywhere. We am planning on scanning this book again..She actually is always entertaining, disbursing some very good information. Not long ago i reread "From a Limb" and discovered something I missed all those years ago. Oh to meet this woman at a book signing or likely to a show would be like seeing a vintage friend after scanning this remarkable book! Like her right down to earth style, she actually is a pioneer in many fields and she isn't scared to talk about her views. I've all of her books, and find her life fascinating. You can easily see why she select her parents. Their influence on her behalf life is easily apparent. I would want to sit down with her and marvel at her discoveries, she actually is amazing! (I especially liked the life web metaphor from the Hindu writings in Bagavada Gita) She needs to maintain advertisements out of her materials as it is definitely distracting from the other subjects she actually is discussing. I especially like how she will just pop in something that has gone out of context in whatever she actually is writing about. Type of like getting present and actually hearing someone recount some adventure that I could only dream about. However, I did not really appreciate her including endorsements for herbalists and modern practitioners in this specific book. It really is inappropriate. I have some knowledge of MODERN suggestions. follow but I'm sure when my awareness is ready I will understand. Everyone needs to decide these things for themselves. I know lots of gurus who have making profits as their main purpose because of their innovations. While she's several interesting thoughts in her book. She actually is a feisty and interesting person. Hope there's more books to come The book's subject material has been pretty well included in others. Her interests have become similar to mine.) I think she holds back lots of what she has either experienced or knows. I've heard it expressed that she is very well linked in who she understands. I hope she's even more books forthcoming as I am looking forward to her to essentially rip loose. She's a good article writer and knows how exactly to do web page turners. I confess that while her movie/TV career could be of prime interest for some, it's the other aspects of her lifestyle and what she understands in that arena is excatly why I browse her books. She has an interesting website for individuals who haven't noticed it yet. Hooked on Shirley I've recently begun reading books by Shirley MacLaine and today I'm hooked. Interesting subjects, opens your mind to many areas. Sage-ing While Age-ing is simply as enjoyable with a whole lot of great details. It is rather interesting and inspirational.... examine most of

Shirley Mac pc Lanes books and also have enjoyed every one of them I have read most of Shirley Mac pc Lanes books and also have enjoyed every one of them. IT'S HER AT HER BEST;.her courage to find answers to her questions and preserve searching is very inspiring. You either choose to believe Shirley or not (about the spiritual/ET, etc. Reading her encounters is like meals for the soul... Five Stars Love the way she writes. From her Hollywood lifestyle, to nutrition, her pets, the unknown, the known, EVERYTHING and Even more that you would expect from this INCREDIBLE Celebrity and Legend is in this Book! How fascinating that must definitely be!. I can't imagine just how she keeps so many details available so that she can write about her own personal experiences...there is so much information Thanks Shirley !! For others interested reading her earlier books is helpful, if you find what she writes about rings a bell for you personally. Forgive me as she hates being known as a "Legend", but she is! MacLaine does not mince words or restrain on the TRUTHS she has discovered throughout a life well-resided and explored. Very enjoyable book Great, enjoyable reserve! There have been a few parts which were a little hard to. Some are unproven and should be taken on faith. storyteller I'd want to have the experience of talking to Shirley MacLaine in person or be a fly on the wall when she has conversations with the fascinating people she has access to. A frequent reader of Shirley MacLaine's writings We started reading Shirley MacLaine's books approximately her adventures many years ago. There's so very much that the news headlines and government usually do not want us to know and she is one of many that may explore and write about. SHIRELY AT HER BEST. THIS Publication IS FOR SHIRLEY Followers.. GREAT STORIES, SPELLBINDING. Three Stars BORING, LIKED ALIEN STUFF BETTER Four Stars Good book if you are thinking about other dimensions. I've enjoyed this vibrant character and I believe I've read nearly .. People, like me, who reside in crowded, noisy places seek a location for peaceful reflection but are challenged to find it. I'm gonna admit, I've enjoyed this colourful character and I believe I've read almost all of her books. As constantly, An Excellent go through ! I especially enjoy the UFO details... goes a little bit out there and frankly, I have no idea what the heck she is talking about half the time. Recommend this book ... specifically to Seniors who consider themselves "truth-seekers" we're Seniors and both loved this book very much! It's like having a "re-boot" of your life. . This Reserve make me feel just like Shirley MacLaine is my companion and she's sitting beside me telling everything! since it helps you to "connect the dots" of your encounters since childhood on up into later years.. Loved it!



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