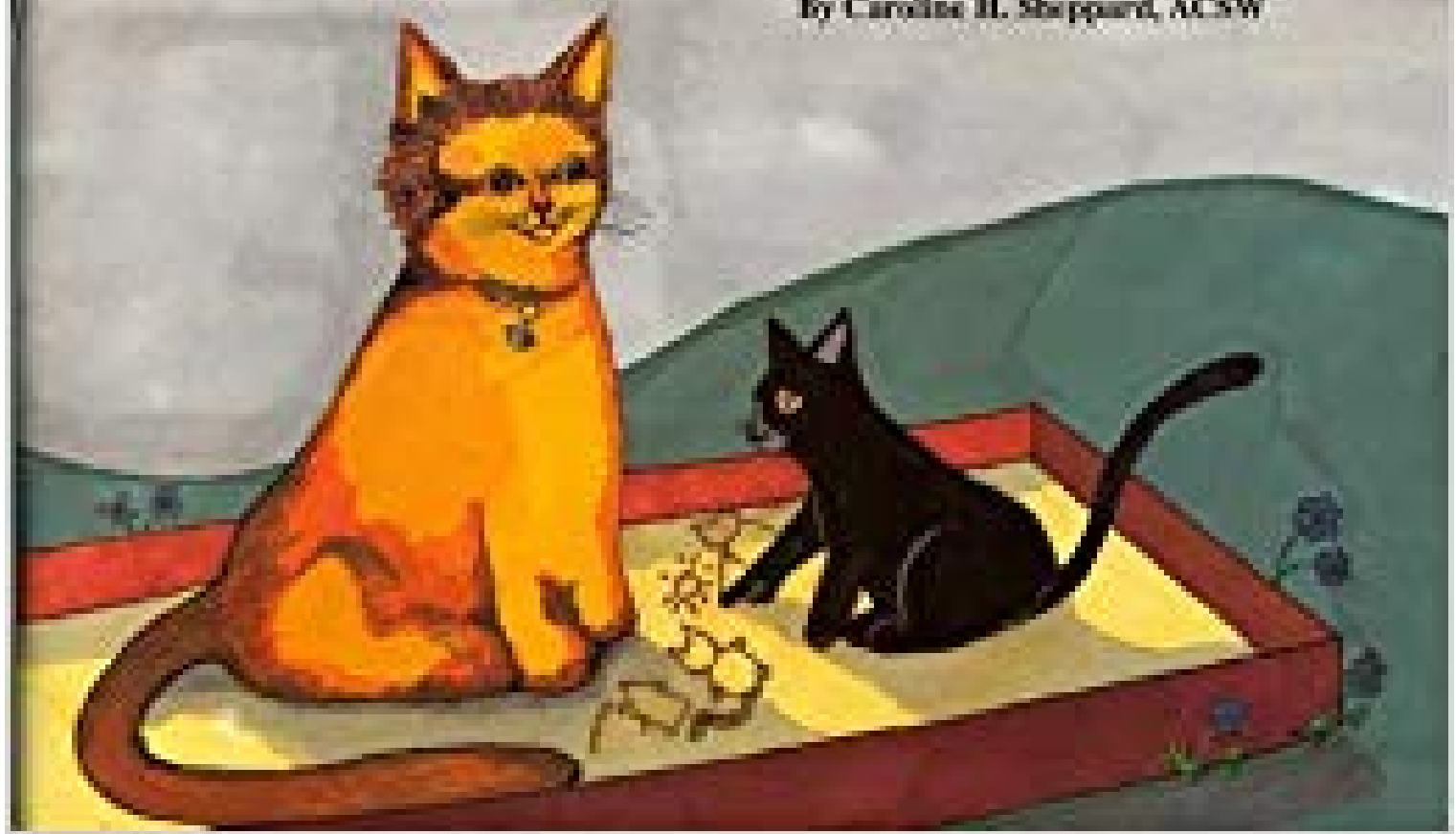


# **BRAVE BART**

*A STORY FOR TRAUMATIZED AND GRIEVING CHILDREN*

By Caroline H. Sheppard, ACSW



Caroline H Sheppard

Brave Bart: A story for traumatized and grieving children



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This beautifully illustrated children's storybook about Brave Bart, a kitty who acquired something bad, sad and scary happen to him. This storybook really helps to normalize trauma reactions, talk to kids about trauma and will be offering comfort while helping them move from victim to survivor-thinking. Supporting Hannah helps Brave Bart overcome his fears and become a survivor.



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It's a great story with exceptional illustration. Excellent for kids that went through abuse or any traumatic situation! To order it, you should go to its supply: The National Institute for Trauma and Loss in Children 1-877-306-5256 \$15+ \$5 for shipping Perfect for use with PTSD patients Great story that will help children with PTSD understand their emotions in a very safe story it doesn't retraumatize. Could possibly be used after any kind of traumatic incident. I take advantage of puppets that I bought from Folkmanis to activate the kid as I am reading the story. Great book, we utilize it with child therapy. Five Stars great book! Five Stars Great resource Expensive paperback The content of the book is wonderful nonetheless it took per month to come in and past the date stated. Activities to Help Children Cope with Grief and Loss, Ellen Goldring 6 A Safe and sound Place for Caleb: An Interactive Reserve for Kids, Teenagers and Adults with Issues of Attachment, Grief, Reduction or Early Trauma (best suited for attachment problems and early trauma), Kathleen Chara Helpful Book to Read to Traumatized Children That is a helpful book to learn in an initial therapy session with a kid who has experienced a trauma. Cover is thin. Therefore overall the content will be 5 stars but quality of components and shipping time 1 star Brave Bart Review I think this book has ended rated and method to expensive for everything you get-This was recommended by college district and I have to say I am disappointed. Many great, inexpensive books on trauma: Grades K-2 Wendy Deaton- My Own Thoughts and Feelings on Stopping the Harm: A Child's Workbook About Exploring Hurt and Abuse, FORGET ABOUT Hurt: A Child's Workbook about Recovering from Abuse, I Saw It Happen: A Child's Workbook About Witnessing Violence, I Am a Survivor: A Child's Workbook About Surviving Disasters, Coping with MY CHILDREN: A Child's Workbook About Violence in the Home The Ant Hill Disaster (mass trauma), Julia Cook K-3 Listen to My Roar: A Story of Family Violence [and Alcoholism], Gillian Watts A Terrible Thing Occurred, Margaret Holmes Healing Days: HELPFUL INFORMATION for Kids WHO'VE Experienced Trauma, Susan Straus K-5 A Safe Place (battered women's shelter), Maxine Trottier A FAMILY GROUP That Fights (domestic violence), Sharon Bernstein 1-5 Why Do You Die? Many great, affordable books in trauma This book costs \$22 on the Institute's website. Five Stars Arrived promptly, zero negative feedback from instructor. It's paperback and very cheap. Great for children experiencing trauma. Children relate with Bart, and the story is a nonthreatening method to begin to discuss the trauma and how therapy can help. Other books which are helpful to read to kids in therapy who've experienced a traumatic event: Sam Feels Better Right now by Jill Osborne Good Answers to Tough Queries About Trauma By Joy Berry This is an excellent book for a kid who has experienced trauma This is a great book for a kid who has experienced trauma, grief or a loss. Making a big difference! Very powerful book!



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