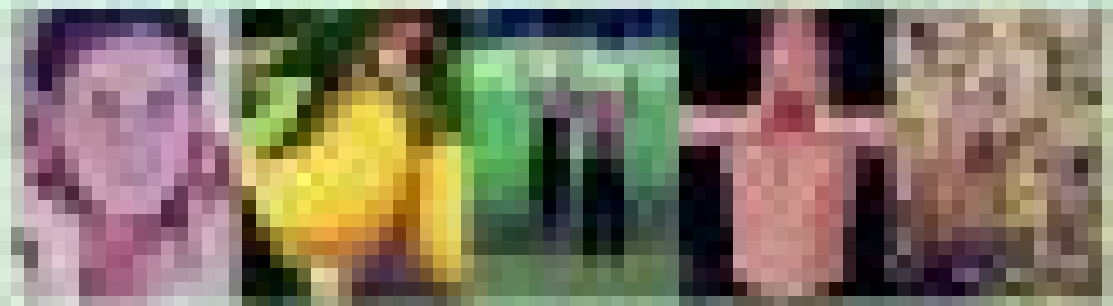


# AYVEDA RITUALS



A GUIDE TO THE RITUALS OF AYVEDA  
AND HOW TO USE THEM

HORST RECHELBACHER

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