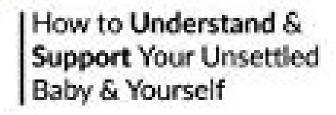




## SURVIVAL



For parents of infants with colic, reflux, silent reflux, CMPA and other food intolerances and allersies.

**ÁINE HOMER** 

## Aine Homer

The Baby Reflux Lady's Survival Guide - 2nd EDITION: How to Understand and Support Your Unsettled Baby and Yourself



It is the essential book for just about any family members with an unsettled baby who has colic, reflux, and meals intolerances or allergy symptoms including CMPA. With an easy-to-use reference help to steer readers to the area that's ideal for them. Looking after a baby and toddler with reflux is all-encompassing. It includes recommendations and suggestions on managing sleep, interactions and conversations with Gps navigation to ensure the best support for each child may be accomplished conveniently and quickly."\*The Baby Reflux Lady's Survival Guide addresses the desperate need in the parent community for easier accessible and accurate information about infant reflux, its causes and administration.2nd EDITIONREUIEWS: "This book has transformed our lives!The Baby Reflux Lady's Survival Instruction offers information on the causes of reflux, approaches for management of each, and support for parents and carers in resoluing the constant discomfort and pain experienced by babies. Amazing book! If goes into detail on food and milks, including approaches for breastfeeding mums to provide baby a more comfortable start in lifestyle. Having a reflux baby decreases self-confidence in parenting, introduces strain into relationships and may be isolating pertaining to mums and dads, in addition to potentially life-threatening to the child. This guide offers tips and support for households to boost sleep quality and then quantity. The Baby Reflux Lady's Survival Information covers how to proceed when introducing food to a reflux baby for the very first time. The method of solids comprehensive in the book will take parents by the hands and qualified prospects them through the introduction of solids in a soft and controlled manner to minimise the probability of reflux flare-ups. Make this a joyful and fun time for you as well as your kid." \*\*\*\*\*\*\*\*\*\*EUERYONE who has a baby with Reflux, tounge tie, Colic, allergies, intolerences etc, NEEDS THIS Publication" \*\*\*\*\*\*\*\*\* "Reflux and eczema gone after fourteen days! This guidebook allows you to choose and choose the most relevant sections at any stage of the infant reflux journey." \*\*\*\*\*\*\*\*\*\* "The best book on reflux out there! You can start tackling your baby's reflux right what your location is and start experiencing more rest and settledness sooner.



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