

Annick Vincent, MD

My Brain Needs Glasses



ADHD explained
to kids

Discover **A**ttention **D**eficit
Hyperactivity **D**isorder
with me!



Annick Vincent

My Brain Needs Glasses: ADHD explained to kids



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I'll let you know a secret about me: since I was small, I've had a tendency to obtain "It" ' It brings his actuality alive, with all its problem —Tom is eight years old and coping with Attention Deficit Hyperactivity Disorder. Through his imaginary journal, he shares his daily life with readers, helping young people, in addition to parents and other caregivers, to better understand and cope with ADHD.challenges which are anything but imaginary.s hard to maintain my concentration when my thoughts are banging a round in my own head like bumper vehicles... Tom is usually endearing, and his journal is certainly funny and imaginative. Filled with effective guidelines and practical assistance for dealing with ADHD, this publication is an indispensable tool that will answer a lot of questions, irrespective of your age!



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My 8 year previous son provides ADHD-inattentive type. The publication itself is quite lengthy. Too very long to carry my son's attention This is an excellent book with analogies my 8 year old was able to understand. The book was way too long to keep his interest, which defeated the complete reason for the book. I am an occupational therapist. A shorter version would be much more suitable to address ADHD. I would recommend this book for a few kiddos, but not all. he will know how he feels on a daily basis. Great books for children. My son loved it. Love! my son loves it



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