

"Finally a book about optimism that is hilariously funny."
— Jack Canfield, creator of *Chicken Soup for the Soul*

Everlasting Optimism

9 Principles for Success, Happiness
and Powerful Relationships



Lenny Ravich

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“ Funny and authentic. Everlasting Optimism” Chicken Soup for The Soul” series “t, JUST WHAT EXACTLY, Someone else is Waiting around formula to achieve whatever you desire Laugh at yourself and stay strong Identify your feelings for an authentic life Make your romantic relationships workable and enjoyable Use humor in adjusting creatively to ageing Make lemonade from lemons Laugh at your past Use the “” ~ Tal Ben-Shahar, PhD, Writer of New York Times best-selling reserve “Happier” “ Chip Conley, Author of NY Times best-selling publication “Finally a book on the subject of optimism that is hilariously funny.” A existence changer. Everlasting Optimism’ and “ to everyone you love, and even for some who could be hard to love. Come take Lenny’s my all-time disposition booster, regularly on my table for inspiration. Funny, accessible, and insightful, this book will help you laugh all the way to everlasting happiness.” method to side-step negativity Become an adverse paranoid (folks are saying good stuff behind my back again) “ ~ Jack Canfield, Originator of “” It’s hand seeing that he network marketing leads you through his hilarious 81 12 months trip to everlasting optimism and learn to: Bounce back from adversity/negativity and live a life of laughter Use the SW (Some Can, Some Won’ ~ Robert Lowe “ ~ Eran Katz “ He doesn’t promise perpetual bliss-on-earth, but he knows that resilience requires that people possess believable uplifting encouragement in today’s globe, and this individual delivers! You will need to deliver ‘PEAK’ “Emotion Equations” an everlasting influence on your attitude towards life and ability to shift at any given instant from pessimism to optimism. ~ Steve Wilson “With the revision of ‘ Brilliant and an easy task to apply practical dishes for happier lifestyle, charmingly compiled by an educator and humorist sage. you will have the opportunity of sitting with Lenny for some hours as he shares his personal, spiritual and quantum entangled life lessons with us; all in a bubble of joyous laughter, sprinkled with graceful perspective. Probably read it a couple of situations “” Ravich explains how creating live-and-laugh answers to personal problems in one’s life can lead to a recovery happiness and enlightenment. bullfight” ~ Mackie JU Blanton



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Read and re-read - 5 stars! I love this book! Lenny's writing style is certainly engaging and humorous - and the concepts he shares might help anyone live a happier, healthier life. Whether you are looking to supercharge your success, your associations or your happiness... Cope with the Pain. 5 superstars.. A Dosage of Healthy Humor In this book, author Lenny Ravich reminds us that taking life too seriously can be dangerous to your health! There is normally something for everybody in his tales.- Allen Klein author of The Healing Power of Humor It teaches about growth and about how to be happy insurance firms gratitude from what you have own I have already been reading and following Lenny's material for almost 10 years right now. My second by this author. It teaches about development and about how exactly to be happy insurance firms gratitude to what you have very own. makes me more happy then what i was So funny! Love it! That is my best moment With Laughter and love, Lenny teaches people how to see a different perspective whatever life has waiting for you. The author's delightful personal tales, along with wise and witty terms from various other pundits of maintaining an upbeat attitude, could keep you in good health for several years to come. After reading your publication, I see there exists a better way. Do yourself a favor, read this again and again. Happier ever laughter, right to the heart, loved it. Been hearing about laughing being the cure of life and now reading this book I can't stop it (the laughing). Can't await the wife to start out laughing aswell.this book will help you get there....laugh at it! It might be actual, but this minute is all I've, and I've a choice! I keep most of my feelings bottled up and do not really cope with the pain But it doesn't just disappear completely and I know that is not a wholesome approach. His extraordinary life and relationships certainly are a testament to his livin lifestyle as he expresses it in this reserve. You teach to face the pain, but deal with it with humor and do not take it too significantly. Thanks Lenny!. I must say i enjoyed the publication and would recommend it to anyone who could use a bit more joy in their life. There are plenty of other great lessons, all of them shipped with a funny tale. Funny and witty and filled with life lessons that allow .. Strongly suggested. Lenny Ravitz did it again. Lenny Dear,What a refreshingly entertaining reserve. I have read the previous edition of the reserve over 5 times in fact it is essential! Funny and witty and full of life lessons that enable each of us to be happy! What a innovative and funny way to check out life. You retain finding methods to make anyone smile, relax or simply burst out laughing. A book of cheer Not that much right here, but I must say i respect the author's spirit. And just as with the previous ones, essential for anyone who does not take himself/herself significantly, however, specifically for those who do!!!! Reading it reminded me of the universality of human experiences, and how comparable most of us are beyond religion, race or nationality. The Power of Positive Thinking and Optimism!!!! Love it! Just a little repetitive, but a positive and fun special event of the writer's well-earned lifestyle wisdom and attitude. A favorite comedian and character, he delivers a good pick me up! Great book! Every single time I have gone through a certain change or was sense unhappy/ unsatisfied his material actually puts one back place. Important message. Five Stars great book. Existence is focused on how you react to what happened which is the guide of how you should react to anything. I truly enjoyed scanning this book.! So very much wisdom written in a plain language and filled up with many real tales which makes you wonder you might be too significant in how you approach your lifestyle. It is definitely greater than a book it is a recipe to make people laugh even more, and obtain angry less. A beautiful, natural medicine the author decided to tell mankind to broaden human perspective about life... Unquestionably fantastic, and a must-read Loved "Everlasting Optimism: 9 Principles for Success, Happiness and Effective Relationships"! It was filled with wise insights, touching tales and funny anecdotes.! Five Stars great book !! But you need not worry. Laugh, live and love more fully There's not situation that can't be made more bearable with some laughter and perspective. Lenny Ravich, gives a 81 12 months sage's perspective on life and pleasure in this uplifting book. Sharing 9 Self-leadership principles that will help you to laugh, live and love more fully - highly recommended.



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