



**SENIORS AND ELDERS
EMBRACE LIFE**

NORMAN MOLESKO

Norman Molesko

Seniors And Elders Embrace Life



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Others may say, I haven't ever considered things in that way. Start reading this reserve, with the author's wants for you to have a meaningful and fulfilling lifestyle in a world of goodness. The sections protected in the reserve consist of: Seniors And Elders, Creative Maturing, Relationships, Appreciation, On The Sunny Aspect, On The Shady Part, Technology and GETTING OLDER. Some will say, the thoughts in this reserve are just the way I believe about items. This book provides an illuminating and inspiring account of our older population. It reflects the wisdom and connection with our Oldies, telling about our older population in an environment of goodness.



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Must read! Bravo, Norman.) poetic thoughts and observations!! A "HOW EXACTLY TO" for the Aging This assortment of thoughts, poems, and vignettes is a positive appear at aging by an "Ambassador for Seniors," as acknowledged by L. A very enjoyable assortment of one Senior's (or Elder's? Maintain up the good work and rock on! The book is an extremely nice read. Norman Molesko provides put together several insightful and fun thoughts centered around old age and aging. intimate and inspiring Molesko's depiction lately life is no whitewash, but while he writes, "Good emotions lead to good days. He inspires us to age gracefully and joyfully. The book is an instant read, and Norman certainly is definitely 'LA's Youthful Oldie Poet!' I liked it.Seniors And Elders Embrace Life Positive Thoughts Helps you appreciate the daily present of life!Youth is a state of mind Norman Molesko refers to himself while an "Oldie" which surely lightens the strain to be an "Elder" or a "Senior" or, heaven forbid an"Elder Senior" but why is his book particular and extraordinarily delightful is the preponderance of positive philosophy in his poetry, which conveys a limitless lust for life despite any age group related roadblocks and his regular reminders to keep the child in us alive. The book isn't so much a guide for living an elderly existence as much as it is a assortment of personal thoughts and observations on living." It's impossible to come away from this ebullient collection of poems and reflections without a smile!.A. A pleasure to learn Carole T Molesko identifies as an "Oldie," but he's a joyful, empathetic one. region. He accomplishes this mission with selections like "WE HAVE BEEN the Backbone of our Nation," "Oldies with Existence and Spirit," "I'm a Lucky Me," and more. This would make a lovely gift for those coping with both the joys and disappointments and even pain that sometimes comes with growing old, or for their caretakers who often have to take a break from caring for someone. Generally positive and hopeful, this ambassador reads and recites his function in the L.A. He emphasizes the innovative aspect of aging and really wants to give insights and encouragement to other "Oldies" and teenagers. Norman definitely enjoys existence and all it offers given and continues to give him. A joy to learn Carole I have all of this writer/poets work, extremely uplifting. Mayor Eric Garcetti and as Poet Laureate by two companies.



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