



COSMETIC CUPPING

A DETAILED GUIDE ON THE USE OF
CUPPING FOR BEAUTY AND WEIGHT LOSS

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Cosmetic Cupping: A Detailed Guide on the Use of Cupping for Beauty and Weight Loss



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Learn more about Beauty CUPPING today! Aesthetic Cupping is a new method that combines traditional cupping with today's beauty goals to achieve better skin. It really is low cost supply of a spa treatment with results. This procedure only uses light cupping methods to ensure comfort and avoid the unsightly reddish marks/bruises that outcomes from more extreme cupping sessions. Your skin is definitely renewed and rejuvenated following the procedure. Take a stage towards beauty with me today! This book includes information on: What is cosmetic cupping Contraindications and Safety measures How-to Glass to Tone the Skin How-to Glass for Cellulite How Cupping for WEIGHT REDUCTION Works, and a little more Please note that is a brief read for those who wish to accomplish their very own cupping in the home or for all those beginners who would like to include cupping in their practice. It will are the basic methods on how to perform cupping for toning, cellulite and weight loss. It addresses the common beauty complications such as saggy/ageing skin, cellulite and will even be used in conjunction with a weight loss program for great outcomes. This book will look into the different uses of cupping for aesthetic purposes. Not to mention that knowing even more about how to execute cosmetic cupping could make for a fascinating time with girls when attempting DIYs. I'll also discuss the contraindications of the treatment, when to perform the treatment and what to expect. Maximizing the usage of the silicone cups you purchased is a great method of getting your money's well worth. This is not created as an in depth reference that may replace a certification system but more of an easy reference for those who want to take charge of their very own beauty issues at home. It also boosts the collagen creation that assists tighten and lift the skin Why learn more about it?



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Good basic info I enjoyed this book very much. I thought it was basic, simple also to the point. Rather I got a lightweight dialogue of "questions to question your therapist," and every known kind of cupping. Not useful for how to advise on cupping This book was a disappointment. I am new to cupping and needed how to advise. However, I would preferred to have images next to the explanation as how exactly to cup each part. Five Stars Beauty book !. More for the layman, than a therapist. Almost nothing about how to accomplish cupping. Two Stars Sadly, YouTube vids are more in depth. Three Stars It was super basic, clear to see and illustrations were good..



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