

The background is a dark navy blue, adorned with a dense, hand-drawn floral pattern. The pattern includes various flowers in shades of peach, coral, and light pink, as well as green leaves and stems. Some flowers have dark red or black centers. The overall style is whimsical and artistic.

good days START WITH Gratitude JOURNAL

CULTIVATE
AN ATTITUDE
OF GRATITUDE

Pretty Simple Press

Good Days Start With Gratitude: A 52 Week Guide To Cultivate An Attitude Of Gratitude: Gratitude Journal



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Good Days Start With Gratitude is a 52 week guide to cultivate an attitude of gratitude! This is a personal exploration journal made to focus on getting thankful for what we've, the big issues in life, as well as the basic joys. Grab a copy for a pal and share the trip together! Perform it daily and make it a habit to focus on the blessings you have been given! In the event that you start each day by writing down three things you are thankful for - a good sit down elsewhere, the smell of rain, starting an excellent book - you begin every day on the right note. Each well designed weekly pass on contains an inspirational quote, space to write 3 points you are thankful for every time of the week, and a every week checkpoint.



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Has pointed me in the proper direction... Just started by using this journal after being in a tiny funk at the start of this year. Simple & Must Purchase! I have been filling it out daily since I received it..all because I wish to... Great publication for jotting short messages This is precisely what I wanted. Cute design, motivational and inspirational rates without having to be religion or bible-focused, short and sweet places to write. It is a little slim, however. I want to jot stuff down without writing a whole lot. I'd like more space to write what I'm thankful for. Make use of stickers and washi to customize the webpages to your liking! So more room to write and more ways/room to decorate and make it my own. I was longing for more thought provoking journal entries, but it's still cute. It's really cute and had inspirational rates for each day.. There are some thought provoking entries: reveal one person you are really grateful for knowing, reveal one experience that you will be grateful for that shaped who you are today, reveal one place you are thankful that you had the chance to go to and why, reveal some of the techniques you can display your gratitude to others, and think about how journaling three items that you will be thankful for a time has changed your daily life. I really like this book I love this book. Just considering it makes me feel good lol!. It puts me in a positive mood every morning.! I'll likely buy again unless i find one more customisable... I researched a variety of journals but this is the only person that i experienced was basic, that didn't make way too many 'demands' on my time, that was straightforward, in short, exactly what I wanted. elegant! started in the middle of the week so my entries are off but it's okay. You'll be grateful you bought this! Such a fantastic idea! I like the random uplifting text messages left weekly. It allows you to reflect and really think about the good. elegant I started in the center of the . That's the one thing i dont like. Perfect for those people who are looking for a positive start to their day! For people complaining about the repetitiveness: get some creativity flowing! I would like it if it had been a yearly thing as well. There's a lot of potential here and the price can't be defeat. My almost 5 calendar year old daughter wants to perform it with me. So lovely. The cover has a nice design and the pages are visually appealing. She loves hers too! Basically its something every day I would suggest something more in depth if your purpose is to . Always grateful Love expressing gratitude The journal access is recording three stuff that you are thankful for every day.!!! This is such an important exercise - I want more people understood how amazing it feels to show gratitude especially in occasions when we need to feel motivated! I maintain it by my desk at work and in my purse and constant draw it out when I'm inspired to share moments of gratitude! I'm a huge journal fan and also have many but this journal is so amazing and one of my faves! Thank you so much for making this journal - it really is one of my favorites! Lovely Bought for xmas gifts, just ideal! It's a simple concept and I've just being carrying it out for weekly but I discover myself looking for things to be thankful for, discover myself adding lines below the three supplied and writing in the margins. Simple & I completely love this book! Basically its something every day I would recommend something more comprehensive if your purpose is usually to be inspired Absolutely love!! The publication is established to enter start of week to end I will buy again. Not a lot of area for the daily list of everything you are thankful for. Great reminder that there's generally something to be grateful for. Cute Overall, But just a little Thin This journal is cute. I even sent someone to my bff therefore she could join me in the being positive! For the price, this is an excellent value and it's likely to make a nice gift. I possibly could have used a regular notebook or journal but I did not want one like this. The cover isn't extremely rigid and the overall thickness is lacking. I would order it once again as a cheap or last-minute gift. Perfect Perfect, simple, Beautiful gratitude journal with quotes Loved it and provides u a way to find positive what to

be thankful fir Loved this Thoughtful My girl recently had a very hard period with depression We purchased this to greatly help give her perspective and keep her considering the positive. Reserve is perfect plenty of pages, quotes to learn and well made..



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