



THE

A PARENT'S GUIDE TO HELPING

TEEN

YOUR CHILD AVOID SUBSTANCE ABUSE

FORMULA

BY

DR. DAVE CAMPBELL

Spine Surgeon and Founder of [GetThrive.com](https://www.getthrive.com)

Dr. Dave Campbell

The Teen Formula: A Parent's Guide To Helping Your Child Avoid Substance Abuse



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The Teen Method: A Parent's Guide to Helping Your Child Avoid DRUG ABUSE Has your home turned into a battlefield? • Figure out how to like a positive parent-teen relationship. Teendrugrehab.com revealed almost 50 percent of senior high school seniors have abused a medication of some kind. • Restore a broken relationship with your child. Dave Campbell uncovers the various challenges that often lead adolescents to substance abuse and the 11 strategies clinically proven to help your child avoid or get over addictive behaviors. • Prepare your pre-teen to make smart choices. If so, you're not by yourself. • Equip your teen to live with a feeling of personal accountability and responsibility. In this publication, Dr. The Teen Formula will help you: • Identify the pitfalls of particular parenting styles. • Find help if your child is already using or abusing addictive chemicals. Whether your child has experimented with alcohol and drugs or not, this easy-to-read instruction will give you with strategies you can use for a confident outcome.



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Some interesting factual statements about what medicines are prevalent and what . I was searching for details on teenage drug use, and I came across this book.. Thanks Dr C! A Necessity for Any Parent's Bookshelf As a parent, I make an effort to do my best to inform my kids and help veer them away from drugs and alcohol. Even so I offered it to my grandson to read. This book is a helpful instruction because as parents we need all the information and help we are able to get. Dr. Campbell's publication is a must-have for your bookshelf—even though you have younger kids. No one is certainly immune to the devastation drug abuse can create---and the very best medicine is prevention. The doctor's tips about parenting styles and conversation are valuable aswell. Useful guide and it gave me hope! Dr. Excellent book on the trials and tribulations of teen growing up. It shined a light on what I had a need to know, and gave me the confidence to be able to consult with my daughter about it. I recommend this publication to any mother or father with kids of any age, since it is essential to greatly help children realize the potential unwanted effects of their decisions concerning medications. Some interesting facts about what medications are prevalent and what to look beware of (including street names), but not much on how to cope with this scourge. Ideal for kids of any age As the mom of two young children, I found this book is quite informative and helpful!.. With all the current pressures and temptations that'll be thrust upon them at such a young age, it will be useful to possess a technique in place to help them talk about and cope with drug use once the time comes. The information is relevant for today's family and I highly recommend it to any parent who struggles with teenage life This guide is profoundly insightful and outlined strategies that would help me seek a deeper reference to my kid. The info is pertinent for today's family and I highly recommend it to any parent who struggles with teenage lifestyle. Excellent book on the trials and tribulations of teen developing .. I have already been battling this concern in my family for a while, and since reading, have bought copies for friends. Campbell is very knowledgeable and compassionate and I am certain that a few of his guidelines will become useful as my kid's age group and enter their teenage years. Its design was written for the parents and various other adults, but it should have been for teens as well . But regardless of what we do or say, teens it's still teens..



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