## CHANGE YOURSELF. CHANGE YOUR WORLD MARK B. BORG, JR, PhD

Mark B. Borg Jr. PhD

## Don't Be A Dick: Change Yourself, Change Your World



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If you're constantly using the refrain, &quotit&#8217s not me, it&#8217s them,&quot whenever something will go wrong, Mark Borg is here to inform you that it's, in fact, you. However Don't Be a Dick is specifically for those who have noticed how their very own behavior will backfire, leaving them sense isolated or uncertain why their seemingly justified actions regularly have such poor outcomes. That's right, herself. Because anatomical evidence aside, dicks could be women, too. Being truly a dick might experience powerful in the short-term, nonetheless it is probably not really helping you very much in the long-term, because this flawed character trait is exactly what's keeping you from attaining what you might want most: personal fulfillment, a steady job, a loving committed relationship, and/or lifelong friendships. Anyone, anytime, can slide into being truly a dick?and many perform. Because you may be a dick: a mean-spirited, self-serving person that thinks and acts as though everyone else in the world can only be understood?and whose only importance is described?in terms of their relationship to himself or herself. Why this book? The good news is there is normally something that can be done to reverse these behaviors and live a happier, more fulfilling life.



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