

halfolescence

and the second half of life

presents



RETIREMENT REIMAGINED



From Ordinary,
To Extraordinary

DR. TERRY NYHUIS

Dr Terry Nyhuis

Retirement Reimagined: From Ordinary to Extraordinary



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What would you carry out if you were given fifteen, twenty, as well as thirty extra years once you've decided to hang up the proverbial really difficult hat once and for all? With death rates dropping and life span for men and women rising, it's practically confirmed that you will get those extra years. Retirement isn't a signal of the beginning of the end—it is the beginning of a fresh, rich season that just may be like no various other. And your options are virtually limitless. It will expand your view of retirement. While many books on pension will focus intensely on how best to prepare financially for that period you will ever have, this book is different. Retirement Reimagined: From Normal to Extraordinary unpacks most of the choices you may make to experience a full, fruitful, and impactful Autumn season. Here's a little bit of what you will find inside: The distinctions between a normal retirement and the new retirement model Seven ways you can expand your life throughout your Autumn period Real-life examples of retirees who effectively adopted the brand new model for retirement An launch to Halfolescence (what it really is and what it means for you personally) Resources for getting started on the new retirement model Whether you decide to live into a more traditional model of pension or explore how you can adapt the new retirement model to your life, Retirement Reimagined will motivate you to intentionally explore what could be some of your very best years. Where you once could expect three seasons of life—a Planting season, a Summer, and a Winter—most retirees today have obtained the gift of an Autumn, which gives you selections for how you'll spend your time before Winter truly comes.



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An invitation to growth and transformation This slim, large-format book offers a view and a map toward a re-imagined and transformative later life. It's the opening of what guarantees to be an exciting group of books and a deeply useful online presence. His focus on the seven areas of expansion or growth that are available in the next half of life is an extremely original and wholistic approach. Its core premise is that due better health, longer lifestyle expectancies, social and technical developments, life after retirement is now a chance for growth and advancement not previously available. Highly recommended. Welcomes Robust Dialogue about Retirement This ebook is a wonderful example of scholarly expertise synthesized into a quick, engaging and informative look at life re-imagined for individuals who are anticipating, or already in retirement. I believe that someone approaching pension could use this as a way of reflecting and planning, or imagining what the autumn years could appear to be for them. Retirement is as unique as every individual. This book can be an extremely valuable asset to anyone in pension or approaching pension. I came across this book both useful and inspiring. The stories add a wonderful personal element of demonstrate the principles herein. I would recommend this book. An Exciting Possibility to Enrich and Even Revolutionize THE WAY YOU Spend Retirement Years Good health care and better nutrition have provided us with longer, more successful lives. This present of a fourth period of life, may be the subject of author and pastor, Terry Nyhuis. What we've spent a lifetime producing may or might not serve us well inside our later years, whether we declare ourselves, "retired," or not. Rather than being yet another retirement book that targets finances, this book instead looks at the complete life of somebody who is entering into pension. Dr Nyhuis needs the reader on a refreshing journey that is delightfully illustrated, and hopeful in its approach. Quite definitely worth the price of \$7. The gift of a fourth season is our chance to change what would have to be changed inside our lives all along, and explore new dimensions of our emotional, spiritual and physical development. Dr. I say era because I really believe this reserve inspires you on how to renew/view pension. If you're getting into retirement as well as there, its really worth a couple dollars Very important work I am a Clinical Psychologist and also have been doing work for the last 28 years with a number of clients, including people wrestling with issues related to pension. I've watched motorcycles rocketing through the Bonneville Salt Flats and I can't also imagine Burt Munro, at age 67, breaking the land-quickness record at over 190 miles per hour. But this can be a perfect example of how exactly we must push ourselves forwards, take risks and make use of the freedom that ageing frees us to be. I actually loved the authors wheel and the seven regions of expansion This is remarkable book with a unique take on a very important subject. Do we wish even more of the same or can we become bold enough to issue everything we realize and believe to be true? I enjoyed the authors steering wheel and the seven regions of expansion. It is a visually beautiful book that's really easy to learn, with some very nice stories as well. Readers will find lasting value in the seven shifts to a meaningful third period. He will not ask us to change who we have been, but to define ourselves even more clearly, also to examine the motivations behind our previous life decisions. 97. I'd definitely be recommending this book to retirees but also to those very much younger as it provides a tool to ask the issue of what is beneficial and valued in a lifetime. Nyhuis has provided strong study for his premise, that today's is a gift that people need to make every effort to unwrap and revel in. Its not the end at all, but a new era. It challenges anybody who had or have a worldview that pension means finish work, carry out nothing. I would highly encourage anyone in the next half of lifestyle to dig deep into this materials. Which is the second 'olescence', a moving from the first half of your life to the second half. Overall I could highly recommend this short, inspiring, informative book. He also

provides real life examples of individuals who've redefined themselves late in life. Perhaps the most valuable aspect of this book is a new vocabulary that welcomes and allows robust dialogue among friends, family members and spouses of those searching for a deeper and more meaningful lifestyle chapter. In the book, Dr. Nyhuis presents an extremely exclusive weaving of developmental psychology, spiritual and faith development, and practical applications. Even though many have seen retirement as a time of decline and most retirement books have focused only on financial aspects, this one instead examines seven expansions and offers options and strategies for each. And there is some very good practical advice on just what you can do. He uses an interesting term "Half-olescence". The book is also extremely courageous in its challenge to readers. Whereas many readers who are in more conventional stages of psychological and faith development might not resonate with the spirit of the challenge, visitors who seek to grow, expand, and continue to find out until their last breath will find that the issues in the publication speak right to the essence of our life-long possibility to develop as more loving, innovative, and engaged human beings. If every person in the second half of life honestly engaged this material, the world would be transformed for good. William P. Kooistra, Ph.D. Transformative thinking The book is an easy read and incredibly thoughtfully crafted, along with thought provoking. I enjoyed the many roads that one could ingest retirement, and that every one is as valid because the other. The images are shiny and inviting. Renew your THINKING on Retirement This book is well worth reading and not just because it's short, but since it will challenge you to rethink your retirement era.



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