An Introspective Journey

A Memoir of Living with Alzheimer's Paula Sarver Paula Sarver

An Introspective Journey: A Memoir of Living with Alzheimer's



A lot more than 5 million Americans are living with Alzheimer's Disease, an irreversible, progressive brain disorder that slowly destroys memory space and thinking abilities, and finally the ability to perform the simplest tasks.Beverly Mire is one particular women. Almost two-thirds of these people are women.There are 16 million caregivers of individuals living with Alzheimer's Disease and other dementias in the United States.That is their story. Paula Sarver can be one particular caregivers.



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The writer did an incredible job of displaying the struggles of the person getting the disease and the like ones who get excited about caring for the individual afflicted with the disease.Alzheimer's - a peak into the struggle This book really touched my heart. The progression of the prayer journal notes reveals theat Beverly was counting on her intimate relationship with Christ to carry her through this tough time as she struggled with the disease. This book offers you a peek in the lives of people coping with this devastating disease. My grandparents experienced both Alzheimer's and dementia. Also, a masterful work by the author to weave so much relevant scripture to true to life circumstances. This great book is both challenging and encouraging to learn. Challenging and Encouraging I'm grateful for the author's transparency and willingness to talk about their story. A must read by anyone who has a member of family with Alzheimer's or genealogy of the condition. This book helped me to keep in mind and concentrate on who they had been, also to better understand what these were experiencing. It'll be a blessing to anyone suffering from Alzheimer's.



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