



6 SACRED STEPS TO
REMEMBER WHO YOU ARE
& WHY YOU'RE HERE

AWAKEN

JULIE SANTIAGO

Julie Santiago

Awaken: 6 Sacred Steps to Remember Who You Are & Why You're Here



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Do you miss even more meaning and purpose? Do you question who you are and why you're here? Is it possible to sense that there has to be something even more to your life? Awaken is a guide to drive out the blocks getting back in the way of your Truth. In this publication, you will find six sacred methods to help you keep in mind who you are, what you would like, and just why you were placed on this earth. Within this book, you'll find the 6 Sacred Methods that will walk you through profound healing and awakening. If you have been searching for what's next in your daily life and you're prepared to awaken to who you truly are, this is the path to get you right now there. The answers you've been searching for are waiting for you on the inside. A guidebook is included inside the book to help you work through each one of these sacred guidelines and includes sacred methods, journaling prompts, affirmations, an accompanying music playlist, and various other tools to guide you on your route. You will learn how exactly to break through the inevitable dread that arises when you follow your center, so you can confidently live a fulfilling and purposeful life. It's time. Do not wait. If you're ready to become intentional about your future, get your copy now.



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I have read numerous books on self-help and personal healing, but “Awaken” by Julie Santiago is my entire life to a “T”. Julie has ‘a story’ the same manner we do. It comes into your hands precisely when it's needed, even though you didn't realize that you needed it. The tales resonate, the quotes property, the lessons sink deep into your soul.. in doing so actually invites the light in. I follow her phrases from my center. I go through it when I only have two mins to myself, in the restroom, in collection, before bed... whenever I can, because though it stretches me, I could feel it improving my entire life and awakening my Essence. The fact that she has shared these tips in a book that people can all have at our fingertips is actually amazing!!! I'm so grateful to have had the opportunity to review it before it had been released! If you are struggling in virtually any part of your life, this book is a must! Julie has a way of incorporating deep soul lessons through the entire book and is able to provide you with a retreat like feeling through the words, guidance and the 6 actionable measures to take. These 6 steps if taken significantly can open up you up to knowing a deeper aspect of yourself also to knowing a truth that you're seeking. Many thanks for shining your outstanding light, Julie! just like in person she infuses the magic of lifestyle with the most authentic/challenging parts we need to go through as well. She might help break you open up & With two young children, my own business and an incredibly busy life, I truthfully haven't read a whole book in a few years. Thank you Julie Santiago for sharing your genius, your light, your love as well as your methods; I can't wait to talk about this with the women I love. For all your Amazing Ladies on the Path We thought this was an exceptional book and I cherished it. I have go through awakening type books for days gone by 25 years and also have read several greats that have helped me in many ways, but that one really hit main chords for me that very few do. I would say it really is specifically meaningful for all those women that have worked so difficult their entire lives to prove that they are okay, or to earn their keep in this life.. I highly recommend not really skipping the exercises. I came across it essential in the guided self reflection. Julie is in tune beautifully. Exceptional well written account of an amazing spiritual awakening used by a brave soul who switched around and appeared to talk about it with anyone that could benefit from it. I really appreciated the book and highly recommend it. As I browse the pages, my center is tugging me personally to continue Julie Santiago speaks to my soul. Yes read this! Usually in ways I can't predict and frequently in ways I stop trying to describe; I'm doing it now because it feels that important. Once in a while a book shows up along that changes your daily life. The difference is in the way she teaches us. Awaken has ended the drought because I can't place it down. I downloaded this book to my Kindle and devoured it on the weekend. Tugging to catch up to her truth and bask in the purity of this lesson. My eye well up when it seems SO right. I hope our paths cross once again! A leader. A truth-speaker. I'm only half way thru, but this book is really giving me some insights We haven't heard from other self treatment books. Not really a perfect, hair-tossing achievement story... somebody who lived from her heart and survived to tell us about it with her beautiful skill of writing. In exchange, we can be thankful, and express our gratitude, and continue on with life being better for experiencing this journey with Julie. The 6 sacred steps cause you to aware of emotions you've harbored and assists in permitting them to move to live your best existence. My deepest gratitude to Julie Santiago for giving us Awaken. A lovely read while exceptional journey within!.. If you're ready to listen, Julie is here now to WAKE YOU UP! In fact, if you're scanning this, I'd imagine you've found it for grounds (I understand I did! The most powerful tool for me in this book was how to undertake and dance with my fears rather than “quit before the miracle. It reminds you that there's always a method to something better if you are willing to be honest with yourself and ready to do some work. Awaken supplies the exact steps you can take to make that happen, and Julie's tone of voice is normally cheering you on every stage of just how. Your wisdom, light and appreciate are evident on every web page. I cannot recommend this reserve enough! As Marianne Williamson shared “It can be our Light, not our Darkness, that a lot of frightens us. I'm so grateful for the opportunity to be among the first to learn it. So, what exactly are your looking forward to

- go get your copy! Julie teaches us how to live from our hearts and to watch the magic that unfolds when we align with something bigger than us. We are amid a feminine rising and there's never been a time more potent than today to Awaken, to connect, to nourish our souls and to heal. Many thanks, Julie for posting your amazing book with the world! If you are feeling empty and searching for you, Go through this BOOK."Have you ever received a glimpse of what makes your heart sing but then shrunk in fear from the miracle that's YOU? This book is completely amazing. This is Julie's story, but it could also be the beginning of yours :)Awaken is actually existence changing." Julie teaches us how exactly to live from our hearts instead of our heads and to watch the magic that unfolds whenever we align with something larger than ourselves.) This publication is powerful because it speaks right to you." Each one of the 6 actions in this book has a sacred issue, sacred word, and sacred sound to help you upon this journey. For REAL. ~ A must-go through for all women! Thank you Julie for such a sacred powerful contribution and for empowering us to shine our lamps more brightly in this world! This book changed my entire life! Or known deep down what your life purpose is, but engaged in self sabotaging patterns that maintain you small? It has helped me become motivated and in love with myself. Many thanks Julie! It reminds you that there surely is always a way to something better if you're willing to end up being honest with yourself and . the globe will end up being better for it. A must read for those seeking a deeper connection to SELF This book is truly a GEM! This book has been a true gift in my own journey of self discovery. I attended a workshop of Julie's at Soul Fest in the Chicago area about 2 yrs ago and was inspired to take the trip within. This book is written beautifully and gives you the tools needed to take a good long look inside of what is working rather than operating in living your best life. We honor her by living from our very own hearts. Julie's honesty and openness makes this a great read if your willing to do the task and utilize the prompts/tools provided. I really like the playlist. Great book!Julie is a light-worker!! Julie Santiago lighting the way for this transformational healing up process so that we can shine our lights even more brightly in her publication "Awaken: 6 Sacred Measures to Remember Who You Are and Why You're Here. "Awaken" provides been that book for me....This book will provide you with things you didn't even understand you needed.! I am thrilled to start my trip using Julie and her writings as my information. Likey very successful in most people's eye, but nonetheless seeking and feeling unfulfilled... Thanks Julie. A transcendent. It's easy to read, offers practical tips and I really like the exercises at the end of each chapter. I highly recommend it! Life Changing! This book is life changing and arrived to my life at a point when I must say i needed it. It is amazing the way the universe works like this. This reserve has impacted me therefore in so many methods and I was surprised at how much I could relate with each page, Julie's tale and with the tales of the girl she has caused. It is a book I'll cherish and I'm sure I'll come back to again and again. We are the ones we have been waiting for and in performing our very own deep healing work, others can heal too. That's the point about Julie's words - she's a gift that allows her to awaken parts of you that will light your life. I'm therefore grateful for this reserve and the profound effect it has already established on me. She has since I came across her. If you are somebody who loved "girl, wash that person", you will discover this publication to be on another level along the seekers path. After a long time of spiritual awakening it's nice to read soft wise words of grace.I'm lucky to have been on live retreats with her & Love this book! Your life will never end up being the same after reading it.! For years I have struggled to get me, and as I read her words Personally i think like she and I have led the same life. I purchased Julie's book after listening to her speak mainly because a guest in Blair Badenhop's podcast. The podcast actually hit a chord with me, therefore i knew that I'd enjoy reading Julie's reserve. Julie writes from the heart and each sacred stage along the Awaken journey is so incredibly effective and inspirational. As a woman in her mid-40s who offers been on a bit of a spiritual journey over the past few years, Julie managed to so perfectly catch the essence of what women everywhere desire. I liked the inspirational rates, the sacred procedures and the sacred sounds that accompanied each sacred stage of

the journey. As I browse the pages, my heart is tugging me to continue; I really like this book so much that I returned and ordered another one in paperback too! I am a women's health coach, and I cannot wait to talk about this gem with my customers. ??



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