

my Life on the **Swingset**

ADVENTURES IN SWINGING & POLYAMORY



COOPER S. BECKETT

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My Life on the Swingset: Adventures in Swinging & Polyamory



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Beginning on a first date with several swingers, followed by working through sociable stress and anxiety and shyness, recognizing the significance of touch in existence, evolving feelings about like and objectives, having threesomes, orgies, and prostate orgasms, going through a divorce, and leveling up in lifestyle and sexuality. He might be biased with regards to swinging, polyamory, and other styles of ethical non-monogamy (actually, he most certainly is normally) but he doesn't sugar-layer it. Beckett has written for Life on the Swingset, a website born from the feeling that he'd learned more than enough in his whole year of swinging to tell other people how to live their non-monogamous lives. From that composing he has gathered personal essays, tales, erotica, and prescriptive "how-tos" into this memoir of his lifestyle on The Swingset. His hubris can be seen from space. For six years, Cooper S. He speaks truthfully and earnestly about a unique method to exist, one that permits sexual and loving growth and experimentation, a solid sense of community, and the ability to do what most of us crave, whether we know it or not: Become honest with ourselves among others about what we wish sexually. And out of existence. This third edition includes a brand-new essay and an excerpt from Beckett's novel A Existence Less Monogamous



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If you're in the lifestyle, or simply curious, or simply like reading about naughty and lascivious things, read this book. I am glad Cooper has his story out in the world so other curious or experienced swingers get to know, that we all start out the same and have similar encounters to sort out. swinging. Let's not forget that the recent display *Neighbors with Benefits* was cancelled since it wasn't selling, even though it was even more about voyeurism than in fact swinging. Beckett is certainly a fun writer who always includes wit and humor while keeping points honest.. Cooper has loads of advice for any few curious about the approach to life, and even had some fresh topics for the experienced, like me, who has done/heard everything. We really could relate with most of the problems Cooper tackled. He provided his encounters in first hands accounts. He talked about the good and the poor. His admittance to feeling like a rock superstar, or some kind of genius for figuring out how to make an open up relationship work, were very relate-able. Although his look at is from the male persuasion, he is an extremely open minded individual. I am so happy he penned his experiences. This book was very good.. Chapter two jumps directly into the double standard, and I thought that should have come later on. If you are ready, it is there for you to discover. Some people won't be ready to listen to that, and it could turn off readers. He results in, at times, as preaching that his way of life is the best and that will not end up being well received. (although, I completely trust Cooper on this, I know that some people gained't. Cooper S. He also includes what he and his wife Marilyn escape it. He explains plenty of practical details, but does it with humor and attraction.) This is simply not an erotic novel about Cooper's conquests. It really is more an open up dialog about what it means for him to be open sexually. Sex generally sells, people were scared. Also today a few of his topics will be seen as taboo, but it is my wish (and even his) that more conversation and sharing of details could take place before judgement is approved. One in seventy People in america determine themselves as swingers, typically. He doesn't state, "Don't perform XYZ. It is becoming common to become more sexually open. I loved this reserve for the open up and the curious. Maybe more gushing on the ups before we obtain right down to it and discuss the problems. What I liked the least about the book What I liked minimal about the book: It was too short.. I would have been a lot more patient with myself as I produced my preliminary mistakes. His work is hilarious, insightful, occasionally poignant, but always entertaining. Cooper Beckett's publication is a superb read This is an excellent book. I can already think of numerous people that I'll recommend the reserve to since it helps reply the questions, "just what exactly is this thing I'm hoping to get into? Does it work? Beckett is the foremost! Plato would approve.. It is super entertaining and when you are one which is capable of learning from the errors of others, this book if for you. There are plenty of "how exactly to" books" that describe how to enter the swinging lifestyle but few talk about the good and the bad of the trip from becoming in a monogamous marriage to getting an ethical non-monogamist. He's been there, performed that, made the errors so you don't have to. Among the best things about this collection of essays is certainly that Cooper areas swinging, open romantic relationships, and polyamory on the same footing in order that it becomes possible to assume them as more similar than I would have imagined years back. He doesn't place himself up to be some type of swing god, but as a skilled human. That amount is small in my experience when compared to reality I know. It's a poor idea," but similar to, "Don't perform XYZ, because I did it once, and some tips about what happened. I would have loved to learn this book this past year when We realized that I needed to give openness a go.. Even if you haven't any desire to enter the globe of swingers or the world of polyamory, you will benefit from Cooper's obtained wisdom. He discusses how to find people, body picture, orgasms, jealousy, orgies, personal dates, parties, STIs, sex toys, and safer sex practices, just to name a few of the many subjects he discusses.

That's all. The book is never boring. I had by no means been partway through a chapter and wonder how much even more I had remaining. I always wanted more. Further, it's not just entertaining for folks thinking about ethical non-monogamy, but will be amusing for everyone, regardless of relationship orientation. Even monogamous people can study from his thoughts on body image, jealousy, and self-confidence. And that's section of what makes this book so awesome: priceless for non-mon people, but ideal for *everyone.* This is an excellent book. The second best this about this collection may be the honesty with which he is willing to share his adventures along the way. Cooper Beckett's book is a good read. OPEN Center IF YOU'RE OPEN MINDED An honest, personal and frequently funny group of great essays and insights in open up sexuality and polyamory. Cooper's book is like notes from the trenches. AN OPEN HAND &!. He's spent years in the wonderful world of non-monogamy, learning from mistakes, gaining knowledge in success, and writing a whole lot of hilarious, true stories and critical essays on important issues. Insightful and funny, you get a glimpse behind the curtain of The Lifestyle with Cooper as your guide. Buy it. Go through it. Love it. I may a little bit biased, because I know this fine fellow, but this reserve is a great go through. Written in essay type (which basically means it is possible to enjoy it in equipment) it's a recounting of his 1st few years walking the edge of his sexuality and allowing us watch. In case you are intrigued by the thought of checking, this book is crucial read. He writes pretty much just as he talks, and that makes the reader comfy.....like you're sitting over beers hearing him tell stories and expounding (oh boy, is he proficient at expounding! Cooper lives a reflective life.). A Fun First Person Account of Non-Monogamy & :) As well as if you just want a glimpse into a world that is foreign to you. Cooper openly reflects on the highs, the lows, the risks and the best benefits of checking your mind as well as your body to life's opportunities. It's honest, interesting and I love just how it displays his personal growth. I've read several great books on the topic, and this is right up there with "Opening Up" and "The Ethical Slut" in terms of giving readers the language and tools to be more aware, empowered and responsible as they explore this fascinating and rewarding alternative life-style. Cooper's voice, tone and humor are a very welcome open hand and heart. This book was very good. Seeing someone entering the world of the .. I loved this series of articles about everything non-monogamy. It was very refreshing to observe such honest sexual exploration getting described so openly with loads of tact. Seeing someone going into the globe of the swinging life-style was a breath of oxygen. I'm still a newbie to everything, but am knowledgeable about polyamory and I understood the emotions of jealousy and insecurities. Swinging MY ENTIRE LIFE on the Swingset is usually a fun first person accounts of non-monogamy & a joy to read A great first person account!" Not just for the neighborhood orgy party. Loved it! I obtain questions about the approach to life at all times. Cooper (his books and podcasts) are where I send them. Entertaining. Five Stars Good read about a variety of areas of the polyamory way of living. I love everything he writes and says! Informative. Five Stars Very eye starting and accurate accounts on the lifestyle. It really is super entertaining and if you are one that is capable ..The only problems I had with this book, and they are minimal, is that a newbie might not be ready to tackle such subjects in the order they're delivered. I do education and support in the polyamorous community even though this is simply not strictly a polyamory focused publication there is plenty of in here for this to be among the books I suggest frequently for newcomers. Cooper is definitely honest, blunt, and revealing. I've read several books on relationship styles, swing, and poly, but none of them were that can compare with Cooper Beckett's. The energy of Cooper compels you. Cooper makes it super available. He also has a novel, A Existence Less Monogamous, that's a fun ride.



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