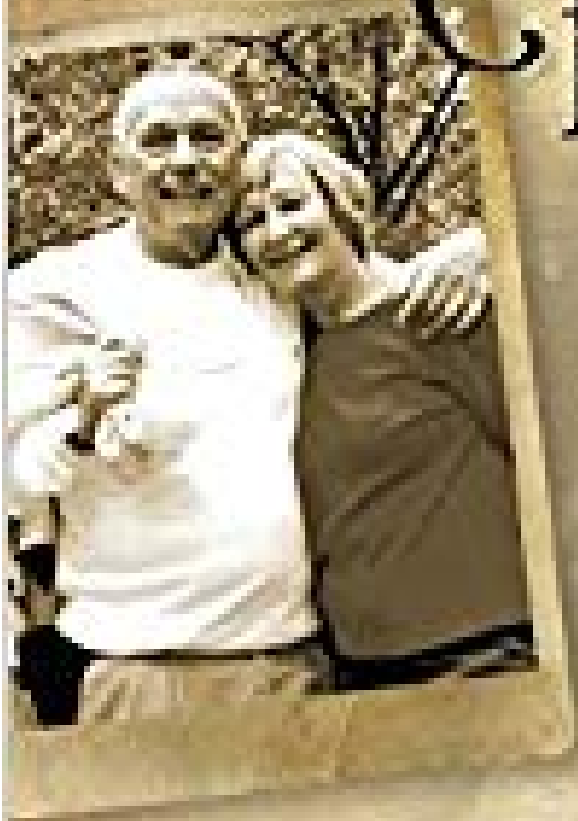


My Two Elaines

Revised
and
Updated!



Learning, Coping, and Surviving
as an Alzheimer's Caregiver

Martin J. Schreiber
with Cathy Breitenbucher

Foreword by Mark Johnson, Pulitzer Prize Winner

Martin J. Schreiber;Cathy Breitenbucher

My Two Elaines: Learning, Coping, and Surviving as an Alzheimer's Caregiver



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Past governor of Wisconsin Marty Schreiber has seen his beloved wife, Elaine, gradually transform from the woman who had gracefully entertained in the Executive Home to 1 who sometimes no more recognizes him as her spouse. With persistence, adaptability, and even a feeling of humor, Marty shows how love continues for his Second Elaine. As two-thirds of these with Alzheimer's are women, he offers special assistance for men thrust into an urgent job. More than a merchant account of Marty's struggles in looking after his wife, My Two Elaines offers sage tips that respects the main one with Alzheimer's while maintaining the caregiver's health. IN MY OWN Two Elaines: Learning, Coping, and Surviving as an Alzheimer's Caregiver, Marty candidly counsels those dealing with this caregiving role.



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Schreiber Tells It How IT TRULY IS What better method to describe the trip of an Alzheimer's spouse and caregiver to others than by referring them to Martin Schreiber's reserve, *My Two Elaines...* I think this is a great book for a person who just found away someone you care about is battling Alzheimer's, the family and good friends, and definitely the main caregiver." I'd just add: We've had an excellent life that's still wonderful in a different way. Well written, good tale of a sad situation. Real. I like the thought of his loving his "brand-new" wife as she is, instead of mourning the was she was. An easy, if sad, read. Practical helpful information. Thank you! " I still get to hold her hand each day. Not merely did this book provide a guide on how to better care for individuals with Alzheimer, but also a look into the struggles of a caregiver to somebody with Alzheimer. If Alzheimers is the worst thing that can happen to me, I've got the very best of the most severe. He has a large amount of good points to greatly help with the transition. It's essential READ As a caregiver for 9 years of my husband with Alzheimers, I've just about read every book there's about the disease. This is actually the first book I browse that profoundly touched me and offered me courage and insight into my own struggles. I desire I acquired it sooner in my own journey. This is a beautifully written book. Beyond how exactly to and what not to into the conceptual understandings that have to precede what turns into the routine of disordered lives. This book is a huge blessing to your family as we continue to seek greater understanding not only of Alzheimer's, but also the caregiver role. A must to read... A bible for caregivers A brilliant, concise story of the ravages of Alzheimer's on individuals and caregivers. I recommend it highly for anyone caregiving a spouse, mother or father, etc. My father got Alzheimers and I can relate to what Martin wrote in this reserve and I used that knowledge I learned thru my encounters with my father to help other people heading thru it. Also caused our awesome local Milwaukee Alzheimers organization . Thank you for writing this reserve. Helpful for caregivers of those with memory loss I bought this for a friend whose wife has storage loss but read it myself first and found it very useful in developing compassion and better understanding of the frustrations and requirements of a caregiving spouse. Five Stars Heartbreaking story but assists caregivers face the truth of caring for someone with dementia. Interesting to see the different subtlety experienced. Awesome book. It is extremely balanced in that Mr. Schreiber is very honest about the difficulties and difficulties of the caregiver function, and yet also extremely encouraging and hopeful. I think this is a great book for a person who just found out a loved . Practical, Useful, Real Touching. Of course that is a depressing story, but it is well written and provides some suggestions. My relative offers EARLY onset (age group 55 with moderate to severe) Alzheimer's therefore reading any book which has at least SOME content moments is good. An important book. I had mother had Alzheimers for a decade and grandmother .. Schreiber's last two lines just about say it all. I had mother had Alzheimers for 10 years and grandmother had for 16 years. Three Stars ok Good read Amazing read , just what a remarkable guy and commitment to the main one loves and the struggles Can't recommend highly enough! I recommend this book for anyone that Alzheimer's has impacted As a current nursing college student I would recommend this publication to all in the medical field as this reserve gave me great insight to care for a patient with Alzheimer's.. This reserve helped me to better understand people who have Alzheimer and their caregivers that may significantly help me better my career as a nurse and who ever else reads this book to help them understand the challenges Alzheimer presents to not only the person with Alzheimer but also their caregivers. As Marty said, "you must learn to try to dance in the rain instead of looking forward to the storm to pass". Looking for more sharing? Another recently published publication that shares the journey of numerous caregivers, in their own phrases, is "A Lonely Journey."



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